

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 23 JUNE 2024



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): applecross@perthcatholic.org.au

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): office.applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

12TH SUNDAY IN ORDINARY TIME, YEAR B

GOSPEL REFLECTION BY Nick Brodie

In 2020, Pope Francis stood alone in St Peter's Square in Rome and reflected on this Gospel passage. 'We find ourselves afraid and lost,' he said. 'Like the disciples in the Gospel we were caught off guard by an unexpected, turbulent storm.'

At the time, while a pandemic raged, the Pope spoke of the need for joint action for the good of all. 'We have realised that we are on the same boat, all of us fragile and disoriented,' he said, before adding that this meant we are 'all of us called to row together.'

Moreover, as the Pope reminds us, we never need to row alone. Jesus is always there for us when we call.

For the apostles, Jesus was in the boat. He was present, even as his disciples flailed about, worrying what would become of them. In fact, as the Pope notes, Jesus was 'in the stern, in the part of the boat that sinks first.' Whatever our trials, we should always know that Jesus is there with us.

And, the Pope adds, we can trust that Jesus understands. Tellingly, Jesus does not only calm the wind. As the Pope puts it, 'once they have called on him, he saves his disciples from their discouragement.'

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SACRAMENTAL COORDINATOR: Rosa Ranieri
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Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli,
Frances Meyerkort &
Phil Trueman.

Email contact:

applecross.safeguarding@gmail.com



PARISH NOTICES

EVENTS

- ◆ 26 JUN — CFE COURSE ON WEDNESDAYS (LAST SESSION): A JOURNEY THROUGH PSALMS AND WISDOM @7.30PM AT FR ALBERT LYNCH ROOM
- ◆ 30 JUN — PARISH MORNING TEA AFTER 9.30AM MASS, HOSTED BY VINNIES
- ◆ 5 JUL — FIRST FRIDAY FRIENDS @11AM AT FR ALBERT LYNCH ROOM
- ◆ 11 JUL — FEAST OF ST BENEDICT MASS @9AM
- ◆ 13 JUL — YOUTH MASS @6PM & MULTICULTURAL DINNER AFTER MASS (PLEASE BRING A PLATE TO SHARE)

ADSUMUS

Life brings with it many struggles sometimes small and sometimes epic and today's Gospel is no different.

We are reminded of how the disciples met with a struggle they believed to be of epic proportions yet once gone had left them with an authority that far outweighed anything they had expected.

PLANNED GIVING ENVELOPES NOW AVAILABLE

The envelopes for the next financial year is out for collection. Please remember to collect your box with your name on it (box number may change). If your envelopes are not there, please advise the Parish office on 08 9364 1120.



Another way of supporting the Parish through Planned Giving Programme is through the direct debit system, either by Direct Debit or Credit Card. Forms are available on the tables in the foyer or you may wish to contact the Parish office. Tap & Go machines are also available for 1st & 2nd collections.

As we are coming to the end of the financial year, now is a good time to bring your promised planned giving commitment up to date. The planned giving programme (Second Collection) is an important part of the Parish finances as it allows us to maintain the Church, Presbytery and Parish Administration Centre.

If you would like to join the Planned Giving Programme, please email applecross@perthcatholic.org.au or call the Parish Office on 08 9364 1120.

Thank you for your generous commitment and continued support to the Parish.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson and all others who are not included in this list. Thank you.



YOUTH CORNER

Youth Mass — 13 July @6pm

THE BARE PANTRY

Thanks for responding to our recent request for non-perishables. If you are able to help we would be pleased to receive donations of non-perishable foods, most particularly: rice, carton milk, meal sauces (such as Chicken Tonight & pasta sauces) and breakfast cereals.

MORNING TEA

Vinnies will be hosting the parish morning tea after the 9.30am Mass on Sunday 30 June 2024. It is not a fundraiser, but rather a thank-you to the parishioners and Fr Nelson for supporting our efforts over the past few years.

DONATIONS

Bank fee free donations can be made online – and a receipt will be given for tax purposes. Instructions on how to do this and to ensure that your donation will go to the Applecross conference are in the church foyer and there's a takeaway leaflet showing the steps involved.

Our 7th Alpha group has just completed and in the square below are some of the comments expressed by those who attended.

The next Alpha Series will be held at St Benedict's School commencing on Monday, 29th July 2024 @9am-10.30am.

The initial meeting will be at the Undercover Area, then the meetings will be held in the School Staff Room.

If you wish to participate in this course, please add your name to the sheets at the back of the church. Open to all including parishioners and parents of the school.



ARCHDIOCESAN ASSEMBLY — 13 JULY 2024

Archbishop's Intention: Using the synodal method of conversations in the spirit, discern a way forward for the establishment of a Diocesan Pastoral Council (DPC) with recommendations as to its structure, its membership, its roles and responsibilities, and its synodal functioning.

PLEASE PRAY FOR RECENTLY DECEASED:

Patricia Ruth de San Miguel, Alim Sutrisno and Rita Paul.

ANNIVERSARIES:

Sean Gorman, Robert Atkinson, Beryl Kerman, Alan Stephens, Phil Murray, Betty Young, Thomas Jones, Francis Hackett, Valerie Evans, Danny Kingdon, Rika Gomes and all deceased benefactors of the parish and all departed family and friends. Thank you.



SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid – LEVEL 1

(New requirements to complete by 1/8/24)

- Tuesday 25 June @7pm - Online
 - Wednesday 26 June @10am at Innaloo/Karrinyup Parish
 - Friday 28 June @10.30am at Maida Vale Parish
 - Wednesday 3 July @2pm - Online
 - Sunday 7 July @12.30pm at Chinese Catholic Community at Manning Parish
 - Thursday 11 July @7pm at Yangebup Parish
 - Tuesday 16 July @7pm - Online
 - Thursday 18 July @6.30pm at Maddington Parish
 - Thursday 25 July @10am - Online
- To register <https://safeguarding.perthcatholic.org.au/training/#induction>.
Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Archdiocesan Safeguarding Policy

An updated Screening and Monitoring Policy has been approved by the Archbishop. We are required to comply/complete all requirements by **1st August 2024**. **ALL** church workers - in **ANY ROLE** - (paid or voluntary) are required to: attend a 1-hour safeguarding induction (if you have not done so in the last three years) **AND** sign a **Safeguarding Personal Declaration form** (once only). Some roles will also require a Working With Children card, and a Volunteer National Police Clearance. All Screening and Monitoring Policy Documents & Resources can be found on the Safeguarding Program website: <https://safeguarding.perthcatholic.org.au/asmp>. You can find a full list of Safeguarding Induction Training courses (online and in person) at: <https://safeguarding.perthcatholic.org.au/training>.

2024 PROJECT COMPASSION RECEIPTS

Receipts are available for collection on a little table near the candle stand in the foyer. For the credit card donations, Caritas Australia will issue the receipts directly to you. If your receipt is not there, please contact the Parish office.
Our parish raised \$11,952.95. Thank you.



Presence

To be present is to arrive as one is and open up to the other. At this instant, as I arrive here, God is present waiting for me. God always arrives before me, desiring to connect with me even more than my most intimate friend. I take a moment and greet my loving God.

Freedom

"There are very few people who realise what God would make of them if they abandoned themselves into his hands, and let themselves be formed by his grace." (Saint Ignatius). I ask for the grace to entrust myself totally to God's love.

Consciousness

I remind myself that I am in the presence of the Lord. I will take refuge in His loving heart. He is my strength in times of weakness. He is my comforter in times of sorrow.

Inspiration

In crossing the seas of life, we encounter storms that can arise in surprising ways. Lord, may we turn to you for guidance and help at those times and not rely solely on our own resources.

The disciples were afraid and concerned while Jesus was relaxed and asleep. His message was one of peace and calm. May we wake up from fear and realise the Lord is present, right in the midst of our storms, guaranteeing safety on our journey.

Conversation

Jesus, You always welcomed little children when You walked on this earth. Teach me to have a childlike trust in You, to live in the knowledge that You will never abandon me.

Conclusion

Filled with the loving presence of God, I ask Him to bless me and guide my steps as I go to do His work in my daily life.

Amen

CHILDREN'S CORNER

Use the words below to find out what Jesus said to his apostles and what they then said to each other.

___ are you ___?

Have you still no ___?

___ is this, that even the ___

and the sea ___ him?

Who

obey

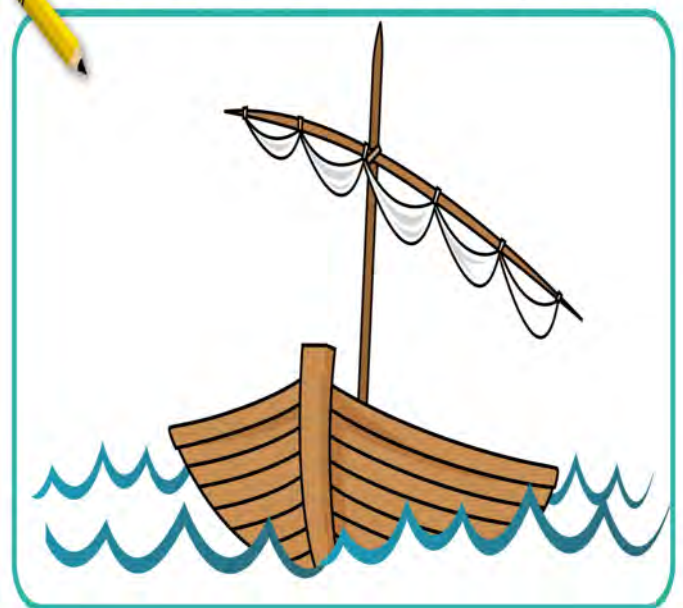
Why

wind

afraid

faith

Draw a picture of Jesus in the boat calming the storm. Draw the apostles looking afraid.



Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church. Thank you.**



NEXT WEEK'S READINGS: 13th Sunday in Ordinary Time, Year B

1st: Wis 1:13-15, 2:23-24 **Ps:** 29:2, 4-6, 11-13
2nd: 2 Cor 8:7, 9, 13-15 **Gospel:** Mk 5:21-24, 35-43



READINGS FOR THE DAY

Entrance Antiphon *Cf Psalm 27:8-9*

The Lord is the strength of his people,
a saving refuge for the one he has anointed.
Save your people, Lord, and bless your heritage,
and govern them for ever.

First Reading *Job 38:1. 8-11*

A reading from the book of Job

Here I have set the boundaries of the sea.

From the heart of the tempest the Lord gave Job his answer. He said:

Who pent up the sea behind closed doors
when it leapt tumultuous out of the womb,
when I wrapped it in a robe of mist
and made black clouds its swaddling bands;
when I marked the bounds it was not to cross
and made it fast with a bolted gate?
Come thus far, I said, and no farther:
here your proud waves shall break.

Responsorial Psalm *Ps 106:23-26. 28-31. R. v.1*

(R.) Give thanks to the Lord,
his love is everlasting.

1. Some sailed to the sea in ships
to trade on the mighty waters.
These men have seen the Lord's deeds,
the wonders he does in the deep. **(R.)**
2. For he spoke; he summoned the gale,
tossing the waves of the sea
up to heaven and back into the deep;
their soul melted away in their distress. **(R.)**
3. Then they cried to the Lord in their need
and he rescued them from their distress.
He stilled the storm to a whisper:
all the waves of the sea were hushed. **(R.)**
4. They rejoiced because of the calm
and he led them to the haven they desired.
Let them thank the Lord for his love,
the wonders he does for men. **(R.)**

Second Reading *2 Corinthians 5:14-17*

A reading from the second letter of St Paul to the
Corinthians

All things are made new.

The love of Christ overwhelms us when we reflect that
if one man has died for all, then all men should be
dead; and the reason he died for all was so that living
men should live no longer for themselves, but for him
who died and was raised to life for them.

From now onwards, therefore, we do not judge
anyone by the standards of the flesh. Even if we did
once know Christ in the flesh, that is not how we know
him now. And for anyone who is in Christ, there is a
new creation; the old creation has gone, and now the
new one is here.

Gospel Acclamation

Luke 7:16

Alleluia, alleluia!
A great prophet has appeared among us;
God has visited his people.
Alleluia!

Gospel *Mark 4:35-41*

A reading from the holy Gospel according to Mark

Who can this be? Even the wind and the sea obey him.

With the coming of evening, Jesus said to his disciples,
'Let us cross over to the other side.' And leaving the
crowd behind they took him, just as he was, in the boat;
and there were other boats with him. Then it began to
blow a gale and the waves were breaking into the boat
so that it was almost swamped. But he was in the stern,
his head on the cushion, asleep. They woke him and
said to him, 'Master, do you not care? We are going
down!' And he woke up and rebuked the wind and said
to the sea, 'Quiet now! Be calm!' And the wind dropped,
and all was calm again. Then he said to them, 'Why are
you so frightened? How is it that you have no faith?'
They were filled with awe and said to one
another, 'Who can this be? Even the wind and the sea
obey him.'

Communion Antiphon *Psalm 144:15*

The eyes of all look to you, Lord,
and you give them their food in due season.

MINISTRY SCHEDULE — 29 & 30 JUNE 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	SIMON CARRICK	MIKE KILROE	DOMINIC LONGO	KEN BOWNES
ALTAR SERVERS	DANYCKA FERNANDES DARSHYN & DHYVYEN MANNAR	IHINOSEN & ESEOSE ITOTOH	XAVIER SIA JOEY VILLEGAS	JERARD & JONAH VINCENT SACHA AUTON
COMMENTATORS	AYLMYR SEQUEIRA	MEGAN OH	TERRY BOLAND	MAUREEN BRIGHT
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEC	ADRIAN DARGIE	TERRY BOLAND	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	TONY RYAN FRANCES MEYERKORT	FRANK GERICEVICH JACQUIE HERON	PAUL SEARSON TERESE LEECH	GLENDA BEUKES JILL NORTON
EMOHC	MICHELLE CARRICK PHIL TRUEMAN	MONICA ANDERSON	MARINA CICCARELLI MARGARET HANDYSIDE	JOE CINANNI MAISIE CINANNI
ALTAR SOCIETY: HEATHER MCNAUGHT & AYLMYR SEQUEIRA			PILGRIM STATUE: MARIBEL & HENRY VILLEGAS	
COUNTERS: BARRY FARRELL, KEVIN WRINGE, PAM KODITUWAKKU HELEN VESTER			CHILDREN'S LITURGY: —	