

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 12 MAY 2024



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert

Lynch Room @10am, gathering @9.45am

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## THE ASCENSION OF THE LORD, YEAR B

### GOSPEL REFLECTION BY Nick Brodie

Pope Francis encourages us to contemplate two aspects of the Ascension. 'On the one hand it directs our gaze towards heaven,' he says. 'On the other, it reminds us of the mission of the Church.'

The Pope points out that these two aspects are interconnected. In this feast we do not remember Jesus' bodily departure so much as celebrate his continuing presence in the world through the Christian community.

The Pope suggests that 'the Ascension exhorts us to lift our gaze toward heaven, in order to return it immediately to the earth, to implement the tasks that the Risen Lord entrusts to us.' As today's Gospel declares, Jesus is in heaven. Yet, by 'working with' his disciples, he is also still present in the world.

In a particular way in his encyclical *Laudato Si'* Pope Francis draws out the importance for Christians of proclaiming 'the Good News to all creation'. Picking up scriptural teaching, he highlights how 'all creation is bound up with the mystery of Christ' and reminds us that the Eucharist should motivate us 'to be stewards of all creation.'

People of the Ascension, therefore, do not just tell other people about Jesus. Rather, People of the Ascension, as the Pope puts it, 'seek Christ along the paths of our time'. We are called to serve the poor and the needy and the world in which they live. We are called to become 'visible signs of hope' for the whole of creation.

© Nick Brodie



**PREP COORDINATOR:** Maureen Bright  
Email: [applecrossrelgedu@gmail.com](mailto:applecrossrelgedu@gmail.com)

**SACRAMENTAL COORDINATOR:** Rosa Ranieri  
Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**Pastoral Care:** Yunita Lay  
Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

**PARISH SAFEGUARDING OFFICERS:**

Marina Ciccarelli,  
Frances Meyerkort &  
Phil Trueman.

**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



PARISH NOTICES

EVENTS

- ◆ 11 MAY — YOUTH MASS @6PM
- ◆ 14 MAY — EUCHARIST-PARENT CHILD WORKSHOP @4.30PM OR 6PM AT ST BENEDICT'S SCHOOL LIBRARY
- ◆ 24 MAY — SENIORS LUNCH @11.30AM
- ◆ 26 MAY — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 2, 8 & 9 JUN — FIRST HOLY COMMUNION: SATURDAY MASS 8 JUN @6PM & SUNDAY MASS 2 & 9 JUN @9.30AM
- ◆ 9 JUN — MORNING TEA FOR NEW PARISHIONERS, HOSTED BY BENEDICTCARE, AFTER 9.30AM MASS

ADSUMUS

The opening verses of today's first reading from Acts says it all when it speaks of Jesus' final instructions; be ready to receive the Holy Spirit which will allow you to be Christ's witness to the whole world.

An INVITE TO ALL SENIOR PARISHIONERS to the annual St Benedict's Senior Lunch  
**DATE: FRIDAY, 24 MAY 2024**  
**TIME: 11AM TO 2PM**

Numbers will be limited so please RSVP by 15/5/24 — RSVP list is at the back of the church. Please call the parish office on 08 9364 1120 if there is any special dietary requirements.  
*Thank you.*

ARCHDIOCESAN ASSEMBLY — 13 JULY 2024

Archbishop's intention:

Using the synodal method of conversations in the spirit, discern a way forward for the establishment of a Diocesan Pastoral Council (DPC) with recommendations as to its structure, its membership, its roles and responsibilities, and its synodal functioning.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Mega Limadinata, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson and all others who are not included in this list. *Thank you.*



YOUTH CORNER

Youth Mass — 11 May @6pm

PARISH BUSY BEE



THANK YOU

COOKIES, CUPPA & CHAT  
 SUNDAY, 26 MAY 2024  
 AFTER 9.30AM MASS



A big thank you to everyone who bought tickets for, or contributed in any way towards the Ecumenical Dinner in support of the chaplains at Applecross and Melville Senior High Schools.

This was a very successful event and we will advise the amount raised at a later date.

Pilgrimage to Vietnam

From the 19th to 30th November 2024 come to the cities in Vietnam - Saigon, Hanoi, Danang, Hue etc and lovely Catholic Churches & Shrines to Our Lady and the Vietnamese martyrs. Experience the deep Catholic faith of the Vietnamese people. People of all faiths are welcome.

**MONSIGNOR MICHAEL KEATING** will be our priest on the Pilgrimage.

**Full board cost including all meals, 4\* hotel accommodation & airfares (international & domestic) is \$4545 per person.**

For the itinerary and booking form, please call us **Anawim Journeys on 6118 7313 or 0402 290 827 (Veronica) or 0433 771 979 (Sheila)**

PLANNED GIVING (2<sup>ND</sup> COLLECTION):

Parish income for the 9 months ended 31/03/24 was 106% of the budgeted income for the same period and 79% of the budgeted income of the year. *Thank you.*

PLEASE PRAY FOR RECENTLY DECEASED:

David Charlton

ANNIVERSARIES:

Lucia Vallini, William Bourne, Kevin Quinn, Ray (Verna) Hevron, John McAdam, Norman Pearn-Rowe, William Middleton and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



**SAFEGUARDING INDUCTION TRAINING for Church Workers paid or unpaid – LEVEL 1**

Tuesday 14 May @2pm - Online

**Sunday 19 May @10am - St Pius X, Manning Parish, 23 Paterson St, Como**

Thursday 23 May @7pm - Online

Thursday 30 May @10am - Online

Thursday 6 June @7pm - Online

Thursday 13 June @2pm - Online

Friday 21 June @10am - Online

Tuesday 25 June @7pm - Online

To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**18 May A DAY OF PRAYER**

A Day of Prayer & Worship in preparation for the feast of Pentecost. **Saturday 18 May, 2 Rawlins Street, Glendalough.** Further info; email Sr. Mary Lourdes [rmarylourdes11@gmail.com](mailto:rmarylourdes11@gmail.com) or 0404 610 773.

**26 May VOLUNTEER THANKSGIVING MASS**

As part of National Volunteer Week, we will honour the invaluable contributions of our volunteers in the Catholic Archdiocese of Perth under the theme "Something for Everyone." Join us in thanking these dedicated individuals for their selfless service with Bishop Don Sproxtton who will celebrate the Eucharist. To all volunteers, you are cordially invited to a Eucharistic celebration on **Sunday May 26, 11am Mass, St. Mary's Cathedral**, followed by light refreshments in the Parish Centre. Please advise us of your attendance and dietary restrictions via <https://www.trybooking.com/CPXBN> by **Sunday, 12 May 2024**. We look forward to seeing you there as we come together in gratitude and unity. Further info: [cswa@perthcatholic.org.au](mailto:cswa@perthcatholic.org.au) or Grace 6104 3600.

**PILGRIMAGE TO MEDJUGORJE AND ITALY.** Due to popular demand from previous pilgrims, we are offering the following pilgrimage to **Northern Italy and Medjugorje**. We will be departing Perth **Oct. 2024** for Italy (Milan) - Fully accompanied by our Spiritual Director Rev. (Fr. Doug Harris). Our pilgrimages are always met on arrival by our European guide (Ivana) who is with us 24/7. Excellent hotel accommodation (all with ensuite facilities). Bookings already received. Don't miss out contact Eileen Radford. (Medjugorje evening of prayer) email [medjugorjewa1981@gmail.com](mailto:medjugorjewa1981@gmail.com) Mob. 0407 471 256.

**Presence**

God is with me, but more, God is within me. Let me dwell for a moment on God's life-giving presence in my body, in my mind, in my heart, as I am here, right now.

**Freedom**

Everything has the potential to draw forth from me a fuller love and life, yet my desires are often fixed, caught, on illusions of fulfillment.

I ask that You, God, through my freedom, may orchestrate my desires in a vibrant, loving melody rich in harmony, in accordance with Your will.

**Consciousness**

I exist in a web of relationships – links to nature, people, God. I trace out these links, giving thanks for the life that flows through them. Some links are twisted or broken: I may feel regret, anger, disappointment.

I pray for the gift of acceptance and forgiveness.

**Inspiration**

Jesus said farewell to the apostles and was welcomed home by the Father. Jesus completed his part of the mission and handed it over to the disciples to carry forward. As their successors, may we bring the Good News and healing wherever we go. Jesus was taken up into heaven. His apostles were to take up his message and proclaim it. May we realise that there is power in the Word of God, and power in what we speak. When we speak in the Name of Jesus, we speak in His authority, and healings, miracles and deliverance from evil spirits are possible, just as they were for Jesus' disciples two thousand years ago. Let us never forget that the Spirit of God has been given to us, the Holy Spirit.

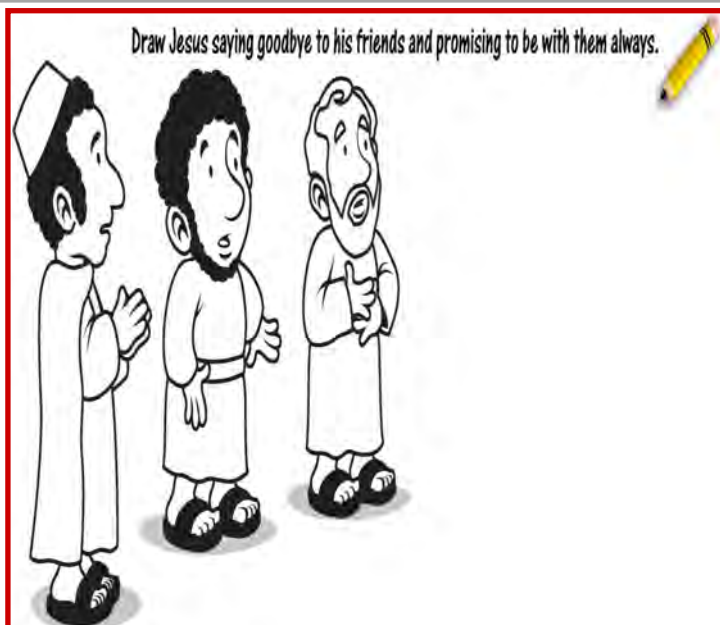
**Conversation**

Lord, I know that when I turn to You there is no need for words. You can see into my heart. You know my desires and You know my needs. I place myself into Your hands.

**Conclusion**

I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text.

CHILDREN'S CORNER



**Church/School Parking – Reminder**  
Please park on the allotted bays in the church carpark and in the school carpark at Ainess Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



**NEXT WEEK'S READINGS: Pentecost Sunday, Year B**

**1st:** Acts 2:1-11

**Ps:** 103:1, 24, 29-31, 34

**2nd:** Gal 5:16-25

**Gospel:** Jn 15:26-27, 16:12-15



READINGS FOR THE DAY

**Entrance Antiphon** Acts of the Apostles 1:11

Men of Galilee, why gaze in wonder at the heavens? This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia.

**First Reading** Acts of the Apostles 1:1-11

A reading from the Acts of the Apostles

*Why are you standing here looking into the sky? Jesus has been taken into heaven.*

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is,' he had said, 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

**Responsorial Psalm** Ps 46:2-3. 6-9. R. v.6

(R.) God mounts his throne to shouts of joy:  
a blare of trumpets for the Lord.

1. All peoples, clap your hands,  
cry to God with shouts of joy!  
For the Lord, the Most High, we must fear,  
great king over all the earth. (R.)
2. God goes up with shouts of joy;  
the Lord goes up with trumpet blast.  
Sing praise for God, sing praise,  
sing praise to our king, sing praise. (R.)
3. God is king of all the earth.  
Sing praise with all your skill.  
God is king over the nations;

God reigns on his holy throne. (R.)

**Second Reading** Ephesians 1:17-23

A reading from the letter of St Paul to the Ephesians

*He made Jesus to sit at his right hand in heaven.*

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

**Gospel Acclamation** Matthew 28:19. 20

Alleluia, alleluia!

Go and teach all people my gospel.

I am with you always, until the end of the world.

Alleluia!

**Gospel** Mark 16:15-20

A reading from the holy Gospel according to Mark

*The Lord Jesus was taken into heaven and is seated at the right hand of God.*

Jesus showed himself to the Eleven and said to them, 'Go out to the whole world; proclaim the Good News to all creation. He who believes and is baptised is saved; he who does not believe will be condemned. These are the signs that will be associated with believers: in my name they will cast out devils; they will have the gift of tongues; they will pick up snakes in their hands, and be unharmed should they drink deadly poison; they will lay their hands on the sick, who will recover.'

And so the Lord Jesus, after he had spoken to them, was taken up into heaven: there at the right hand of God he took his place, while they, going out, preached everywhere, the Lord working with them and confirming the word by the signs that accompanied it.

**Communion Antiphon** Matthew 28:20

Behold, I am with you always,  
even to the end of the age, alleluia.

MINISTRY SCHEDULE — 18 & 19 MAY 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	CHARLES CARDOSO	STEVEN ROBERTSON	MIKE TARANTO	MARK WELSH
ALTAR SERVERS	JOSHUA TSIA DARSHYN & DHIVYEN MANNAR	GRACE STEWART	XAVIER XIA JOEY VILLEGAS CHRISTOPHER XANTHIS	SOFIE GABRIEL VALERIE & RAPHAEL WIBAWANTA
COMMENTATORS	ELIAS SANTIMANO	JACQUIE HERON	TERRY BOLAND	MAUREEN BRIGHT
COLLECTORS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	ANTHONY LIM	ROGER BUNN LILI ORIFICI	OSBOURNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	TONY RYAN AYLMYR SEQUEIRA	GAY PULKER ALICE BATY	CAROL CURNOW DANIEL BARIN	MAISIE CINANNI ANDREA D'SOUZA
EMOHC	KELLY DWYER MILDRED REGO	MONICA ANDERSON	MARGARET HANDYSIDE RUTH THORN	JILL NORTON LINDA ROBERTSON
ALTAR SOCIETY: VERONICA SOEGANDHI			PILGRIM STATUE: ROGER & ELIZABETH FEW	
COUNTERS: BARRY FARRELL, KEVIN WRINGE, PAM KODITUWAKKU & HELEN VESTER			CHILDREN'S LITURGY: —	