

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 28 APRIL 2024



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert

Lynch Room @10am, gathering @9.45am

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## FIFTH SUNDAY OF EASTER, YEAR B

### GOSPEL REFLECTION BY Greg Sunter

The Lectionary of this Easter season draws out some of the 'classic' gospel passages, particularly some of the discourses from the Gospel of John. Like many 'famous' or familiar passages, it can be true that familiarity breeds contempt – we think we are so familiar with the passage that we don't need to pay it much attention.

At first glance, it appears that there is a certain ruthlessness about the image of the vinedresser pruning the vine: perform or perish! However, the process of cutting away and pruning branches is an incredibly nurturing action; it is removing the unproductive portions of the plant so that the vine has an even better opportunity to produce fruit in the next season. It is an act of love; not an act of economic rationalism. Within our own lives we are called to make decisions about which of our thoughts and actions are life-giving (fruit-bearing) and which are unproductive; negative; crippling; life-diminishing. If we are able to 'prune' our life-diminishing thoughts and actions we allow ourselves the freedom and the ability to really flourish. Feelings of jealousy, greed, resentment, self-doubt and lack of confidence can limit our ability to be fully alive just as addictive and harmful behaviours can physically take away our ability to perform at our best.

I am reminded of the old *Karate Kid* movie when the boy, Daniel, is introduced to the art of bonsai. He is told to close his eyes, imagine the perfect tree and then start clipping and shaping the plant to make real the perfection that lies within it. It is only through a process of cutting away and pruning that we can nurture ourselves to realise the beauty of our potential.

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**SACRAMENTAL COORDINATOR:** Rosa Ranieri  
Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**Pastoral Care:** Yunita Lay  
Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

### PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli,  
Frances Meyerkort &  
Phil Trueman.

**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



## PARISH NOTICES

### EVENTS

- ◆ 27 & 28 APRIL — COMMITMENT MASS FOR EUCHARIST, SATURDAY @6PM & SUNDAY @9.30AM MASSES
- ◆ 2 MAY — ALPHA @6.30PM-8.30PM (LAST SESSION)
- ◆ 3 MAY — FIRST FRIDAY FRIENDS @11AM
- ◆ 5 MAY — PARISH MORNING TEA AFTER 7.30AM MASS
- ◆ 11 MAY (NEW DATE) — BUSY BEE @8AM-11AM
- ◆ 11 MAY — YOUTH MASS @6PM
- ◆ 14 MAY — EUCHARIST-PARENT CHILD WORKSHOP @4.30PM OR 6PM AT ST BENEDICT'S SCHOOL LIBRARY
- ◆ 24 MAY — SENIORS LUNCH @11.30AM

### ADSUMUS

**Just as new life sends out new shoots on the vine, the joy of Easter continues to flourish from today's readings of the Fifth Sunday — may we all continue to be a part of the Lord's harvest and continue to yield the fruit of faith.**

**An INVITE TO ALL SENIOR PARISHIONERS to the annual St Benedict's Senior Lunch**  
**DATE: FRIDAY, 24 MAY 2024**  
**TIME: 11AM TO 2PM**

Numbers will be limited so please RSVP by 15/5/24 — RSVP list is at the back of the church. Please call the parish office on 08 9364 1120 if there is any special dietary requirements.  
*Thank you.*

### FAITH FORMATION UPDATE

#### Synodality – Walking Together

This is the joint submission from the five parishes of Applecross, Attadale, East Fremantle, Myree, and Palmyra in response to the "Synthesis Report: A Synodal Church in Mission" that summarised the deliberations from the meeting of Bishops in Rome in October 2023 and heading towards the final meeting of Bishops in Rome this October and in Western Australia, the formation of a Diocesan Pastoral Council in July.

For those who wish to have a copy of our response, please email Kevin Wringe at [kwringe@iinet.net.au](mailto:kwringe@iinet.net.au).

### PRAY FOR THE SICK

**Please keep the following people in your prayers:**

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Mega Limadinata, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson and all others who are not included in this list. *Thank you.*



### YOUTH CORNER

**Youth Mass — 11 May @6pm**



#### FIRST FRIDAY FRIENDS

The next First Friday Friends function on **3 May** will be a normal gathering @11am in the Fr Albert Lynch room. All are welcome to attend and if you are staying for lunch please bring along a savoury plate to share.

**No First Friday Friends in June 2024.**

Any queries just give Maureen a ring on 0413 831 357.

### PARISH MORNING TEA INVITATION



**SUNDAY,  
5 MAY 2024  
AFTER 7.30AM MASS**  
**ROSTER:  
RITA ILLICH &  
VALERIE LEE**

### PARISH BUSY BEE Gardening & Window Cleaning



**SATURDAY, 11 MAY @8AM—11AM**  
**PLEASE COME ALONG AND HELP**

### CONGRATULATIONS!!!

**To all of the star bakers and jam makers** who provided delectables for last weekend's cake stall — we salute you! The range of outstanding baked items was extraordinary and readily snapped up.

**To all the parishioners** who supported the cake stall and donated money, we cant thank you enough. The money raised means that we can provide more help for our big local projects and this will bring a great relief to those getting our help.

The generosity of our parishioners is extraordinary — we couldn't do the great things we are doing without Fr Nelson and the parish behind us.

The Vinnies conference at Applecross.

### PLANNED GIVING (2<sup>ND</sup> COLLECTION):

**Parish income for the 9 months ended 31/03/24 was 106% of the budgeted income for the same period and 79% of the budgeted income of the year. Thank you.**

### PLEASE PRAY FOR RECENTLY DECEASED:

Mary de Cruz — Funeral: Saturday 4 May 2024 @10am.  
Ricardo Cacho

### ANNIVERSARIES:

Nora Randall, Basil Burns, Daniel McCormack, Lee Westaway, and all deceased benefactors of the parish and all departed family and friends.  
*Thank you.*



**SAFEGUARDING INDUCTION TRAINING for Church Workers paid or unpaid – LEVEL 1**

Tuesday 30 April @2pm - Online

Tuesday 7 May @7pm - Online

**Thursday 9 May @1.30pm & 6.30pm - Armadale Parish, 279 Forrest Rd, Hilbert**

Tuesday 14 May @2pm - Online

**Sunday 19 May @10am - St Pius X, Manning Parish, 23 Paterson St, Como**

Thursday 23 May @7pm - Online

To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**05 May TIME TO CONSIDER THE PRIESTHOOD**

*"A place where God calls you to go to, is a place where God wants you to be!"* **Sunday 5 May 9am to 1.30pm, St Charles Seminary, 30 Meadow Street, Guildford.** Brunch included. For men 17 years and older. RSVP, [stcharlesseminary@perthcatholic.org.au](mailto:stcharlesseminary@perthcatholic.org.au) or 08 9279 1310.

**05 May SCHOENSTATT MAY PILGRIMAGE**

Our annual May Pilgrimage will be held on **Sunday 5 May from 2.30pm to 4.30pm at 9 Talus Drive Mt Richon.** There will be a Rosary procession, Reflections, PMA Coordinators Recommissioning, Benediction, and refreshments. You are welcome to bring flowers for Our Lady, and children are invited to dress in white. All are welcome. **Further info;** [pd@theseira.family](mailto:pd@theseira.family).

**18 May A DAY OF PRAYER**

A Day of Prayer & Worship in preparation for the feast of Pentecost. **Saturday 18 May, 2 Rawlins Street, Glendalough.** **Further info;** email Sr. Mary Lourdes [srmarylourdes11@gmail.com](mailto:srmarylourdes11@gmail.com) or 0404 610 773.

**Chaplets of the Divine Mercy.**

A beautiful, prayerful, sung devotion held at **St Thomas More Catholic Church, Dean Road Bateman**, on the second Wednesday of each month commencing at 7.30 pm. The next devotion will be held on **Wednesday 8<sup>th</sup> May 2024 commencing at 7.30 pm.** Enquiries to George Lopez on 0419 910 039.



**Presence**

Every moment is alive with the glorious presence of God. As I give myself more and more to intimate communion with the One who created me, I find that I simply have no time to worry.

**Freedom**

Lord, guide me always to do Your holy will, knowing that Your strength will carry me through.

**Consciousness**

I remind myself that I am in the presence of the Lord. I will take refuge in His loving heart. He is my strength in times of weakness. He is my comforter in times of sorrow.

**Inspiration**

Jesus is the true vine who shares his life with us, his branches. We are cared for by the Father, who is the vine-grower. This describes an intimate relationship between us, Jesus and the Father. We pray to abide, to live in that relationship, accepting what facilitates bringing forth more fruit.

Care for the vine involves pruning, which can be painful, but it is done for the sake of life and bearing more fruit. It reminds us that we are asked to let go of some things and attitudes in life that are not fruitful or helpful. Lord, we pray for the freedom to respond to your invitations and to be able to accept the cost.

**Conversation**

Jesus, You speak to me through the words of the Gospels. May I respond to Your call today. Teach me to recognise Your hand at work in my daily life.

**Conclusion**

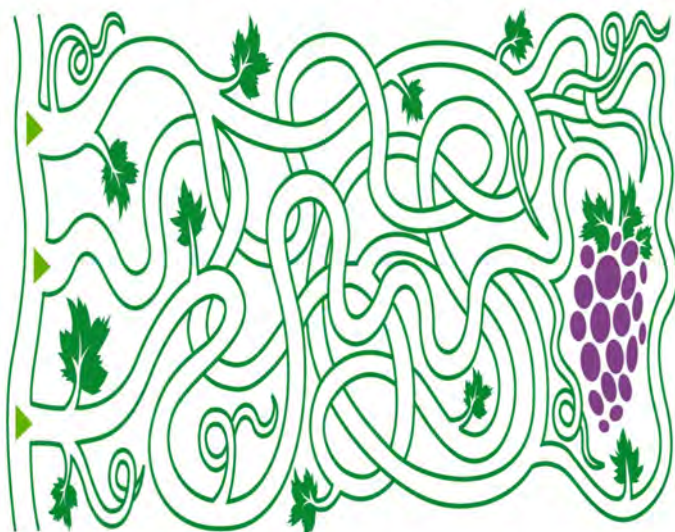
I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text.

**Amen**



CHILDREN'S CORNER

Can you work out which of these three branches is the one bearing fruit?



Who are some people in your community who are like branches of the vine? On each branch, write down a name and how they contribute their 'fruit' to the community.



**Church/School Parking – Reminder**

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



**NEXT WEEK'S READINGS: 6th Sunday of Easter, Year B**

**1st:** Acts 10:25-26, 34-35, 44-48 **Ps:** 97:1-4

**2nd:** 1 Jn 4:7-10

**Gospel:** Jn 15:9-17



READINGS FOR THE DAY

**Entrance Antiphon** *Cf Psalm 97:1-2*

O sing a new song to the Lord,  
for he has worked wonders;  
in the sight of the nations  
he has shown his deliverance, alleluia.

**First Reading** *Acts of the Apostles 9:26-31*

A reading from the Acts of the Apostles

*He explained how the Lord appeared to Saul and spoke to him on his journey.*

When Saul got to Jerusalem he tried to join the disciples, but they were all afraid of him: they could not believe he was really a disciple. Barnabas, however, took charge of him, introduced him to the apostles, and explained how the Lord had appeared to Saul and spoken to him on his journey, and how he had preached boldly at Damascus in the name of Jesus. Saul now started to go round with them in Jerusalem, preaching fearlessly in the name of the Lord. But after he had spoken to the Hellenists, and argued with them, they became determined to kill him. When the brothers knew, they took him to Caesarea, and sent him off from there to Tarsus.

The churches throughout Judaea, Galilee and Samaria were now left in peace, building themselves up, living in the fear of the Lord, and filled with the consolation of the Holy Spirit.

**Responsorial Psalm** *Ps 21:26-28. 30-32. R. v.26*

(R.) I will praise you, Lord, in the assembly of your people.

1. My vows I will pay before those who fear him.  
The poor shall eat and shall have their fill.  
They shall praise the Lord, those who seek him.  
May their hearts live for ever and ever! (R.)
2. All the earth shall remember and return to the Lord,  
all families of the nations worship before him.  
They shall worship him, all the mighty of the earth;  
before him shall bow all who go down to the dust. (R.)
3. And my soul shall live for him, my children serve him.  
They shall tell of the Lord to generations yet to come,  
declare his faithfulness to peoples yet unborn:  
'These things the Lord has done.' (R.)

**Second Reading** *1 John 3:18-24*

A reading from the first letter of St John

*His commandments are these: that we believe and that we love one another.*

My children, our love is not to be just words or mere talk, but something real and active; only by this can we be certain that we are the children of the truth and be able to quieten our conscience in his presence, whatever accusations it may raise against us, because God is greater than our conscience and he knows every thing. My dear people, if we cannot be condemned by our own conscience, we need not be afraid in God's presence, and whatever

we ask him, we shall receive, because we keep his commandments and live the kind of life that he wants. His commandments are these: that we believe in the name of his Son Jesus Christ and that we love one another as he told us to. Whoever keeps his commandments lives in God and God lives in him. We know that he lives in us by the Spirit that he has given us.

**Gospel Acclamation** *John 15:4-5*

Alleluia, alleluia!  
Live in me and let me live in you, says the Lord;  
my branches bear much fruit.  
Alleluia!

**Gospel** *John 15:1-8*

A reading from the holy Gospel according to John

*All who live in me, and I in them, bear much fruit.*

Jesus said to his disciples:

'I am the true vine,  
and my Father is the vinedresser.  
Every branch in me that bears no fruit  
he cuts away,  
and every branch that does bear fruit he prunes  
to make it bear even more.  
You are pruned already,  
by means of the word that I have spoken to you.  
Make your home in me, as I make mine in you.  
As a branch cannot bear fruit all by itself,  
but must remain part of the vine,  
neither can you unless you remain in me.  
I am the vine,  
you are the branches.  
Whoever remains in me, with me in him,  
bears fruit in plenty;  
for cut off from me you can do nothing.  
Anyone who does not remain in me  
is like a branch that has been thrown away  
– he withers;  
these branches are collected and thrown on the fire,  
and they are burnt.  
If you remain in me  
and my words remain in you,  
you may ask what you will  
and you shall get it.  
It is to the glory of my Father that you should bear  
much fruit,  
and then you will be my disciples.'

**Communion Antiphon** *Cf John 15:1,5*

I am the true vine and you are the branches, says the Lord.  
Whoever remains in me, and I in him, bears fruit in plenty,  
alleluia.

MINISTRY SCHEDULE — 4 & 5 MAY 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	PIERRE SEQUEIRA	MIKE KILROE	PRAVIN PAUL SUPPIAH	KEN BOWNES
ALTAR SERVERS	LEO & DOMENICO DE FELICE DANYCKA FERNANDES	GRACE STEWART	HAILEY CORREIA DANIEL & CHRISTIAN VINCI	RUBY DOUTCH NOEL & ELOUISE LIU
COMMENTATORS	MILDRED REGO	MEGAN OH	MARINA CICCARELLI	MAUREEN BRIGHT
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEK	ADRIAN DARGIE	TERRY BOLAND ROGER BUNN	RONNIE ELHAJ ROSS FRANCHINA PAUL BELVISO
READERS	FRANCES MEYERKORT ELAINE DIAS	ALICE BATY SALLY HOBDDAY	NICOLE PARKER MOIRA BUNN	JILL NORTON MAISIE CINANNI
EMOHC	GERRY CLAY STEVEN CLAY	JACQUIE HERON	JUDY PHILLIPS LILI ORIFICI	DONNA ARTINGSTALL OSBORNE D'SOUZA

ALTAR SOCIETY: MRS ANGELA NANKIVELL

PILGRIM STATUE: PAUL BELVISO

COUNTERS: PIERRE SEQUEIRA, LILI ORIFICI, JENNY COWIE, LUCY & BRIAN LIU

CHILDREN'S LITURGY: —