WELCOME

ST BENEDICT'S CATHOLIC PARISH — 9 AUGUST 2026

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

Reconciliation:
Sat: **4.30PM - 5:30 PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am, Sat: 8am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm **(except school holidays)**

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

St Vincent de Paul (SVDP) Applecross
Meet 2nd and 4th Tuesday of the month
Clare Farr 0406 973 595

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thu & Fri)
E (office): office.applecross@perthcatholic.org.au
Administrator: Fr Joseph Laundy
E (Fr Joseph): joseph.laundy@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick — 0488 100 928
New Parishioners: Ruth Thorn
Home Help/Transport: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting/Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

19TH SUNDAY OF ORDINARY TIME, YEAR A

GOSPEL REFLECTION BY Dianne Bergant CSA

Although divine power is manifested in dramatic ways, it is also present in what is unassuming. Traces of God can be seen in the delicacy of a violet, in a cool summer breeze, in the blush of innocence, in the fiery eyes of justice. Every one of us lives in the midst of God, breathes the breath of God's life, and is constantly touched by the exquisite artistry of God's creativity. Life itself is a mountain experience of God.

As wonderful as life may be, it can also be very frightening at times. There are misunderstandings and rancour, jealousy and vindictiveness, greed and a hunger for power. Our personal lives can come unravelled and we can feel that we are genuinely 'at sea'. Every human being is tossed about by the exigencies of life. It is at times like these that we need faith in Jesus. Even though we do not recognise him, he is there in the midst of our chaos. Having the power of God, he is the definitive champion of all chaos, and so he is able to allay our fears and calm the sea.

A true experience of God, whether it be within the ordinariness of life or one of life's tribulations, is both transformative and effusive. It is a reality that cannot be contained; it must be proclaimed. Disciples must be ready to do what they can in order that the good news of God's revelation be made known to others.

© Dianne Bergant CSA

PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au
SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Build My Life Bible Study/Prayer Group:
Meet second Tuesday @7pm in St Benedict's School staff room. Steve Clay — 0421 207 750

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli,
Phil Trueman &
Meagan Xanthis.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- 8 AUG — YOUTH MASS @6PM
- 9 AUG — PARISH MORNING TEA AFTER 7.30AM (ROSTER: LINDA ROBERTSON & MARY ALVARO)
- 13 AUG — ALPHA COURSE, EVERY THURSDAY @6.30PM -8.30PM AT ALBERT LYNCH ROOM FOR 11 WEEKS TO 1 OCTOBER 2026
- 14 & 15 AUG — THE ASSUMPTION: FRIDAY (VIGIL MASS) @7PM & SATURDAY MASS @7.30AM (SEE BELOW)
- 22 & 30 AUG — CONFIRMATION MASSES BY BISHOP NELSON PO, SAT 22/8 @2PM & SUN 30/8 @2PM
- 28 AUG — SENIOR LUNCH @11AM

Parish Albert Lynch Room Extension Works

A reminder that the **two ACROD bays near the flagpole** are fenced off for builder access and deliveries from **Monday to Friday** as construction materials will be delivered to the front of the church.

If you would like to make a contribution to this project:

Account Name: **Applecross Parish**
BSB: **086 006**
Account No: **450 486 124**
Ref: **Extension AL/Name**

Thank you for your generosity and to all who have donated so far.

- Parish Council & Finance Committee

Welcome ***Willow Aubrey Bailey*** who was baptised last weekend into our parish community of Saint Benedict's.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Lisa Bailey, Lenna Hosseini, Judith Chan, Grisel Noronha and all others who are not included in this list. *Thank you.*

YOUTH CORNER

Youth Mass — 8 August 2026 @6pm

GRATITUDE

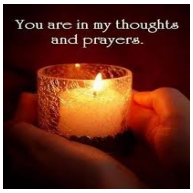
A huge thank you to the parishioners of Applecross for the wonderful donation of food and funds for those in our area who are doing it tough. The cold of winter always brings new pressures on families as they juggle putting food on the table with keeping home and children warm. Vinnies provides help including food, warm clothes and help with utilities, and we cannot do this and help so many people without your continued support. We want you to know we are extremely grateful for your ongoing generosity.

- The Applecross conference of the St Vincent de Paul Society

PLEASE PRAY FOR RECENTLY DECEASED: -

ANNIVERSARIES:

Francis Smith, Antun Triglavcanin, Paul Hallelay, Elaine Lynch, Dennis Allen, Dick Zalmstra, Michele O'Brien, Chas Byrne, Barry May and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



ARCHDIOCESAN NEWS

15 AUG | WOMEN'S DISCERNMENT RETREAT DAY

Women aged 18 - 35 years are invited to the Women's Discernment Retreat Day at **Trinity College, East Perth**. Enjoy a day of prayer, reflection, conversation and Mass, with guest speakers Tara Peters, Dr Pina Ford and Sr Margaret Scharf sharing their journeys of faith and discernment. For more information and to register **https://www.trybooking.com/events/landing/1603124** or see our parish's notice board.

29 AUG | ANNUAL MARRIAGE DAY MASS

All couples celebrating a significant marriage milestone, together with their families, are warmly invited to attend the **Marriage Day Mass**. Married couples are invited to join the **10:00 AM Mass** at **St Mary's Cathedral** on **Saturday, 29 August 2026,** which will include a special blessing for families. Light refreshments will follow in the Cathedral Hall after the mass.

Registrations before 15 August 2026 are essential to receive a certificate. Please note that certificates will only be presented to couples from the Archdiocese of Perth celebrating significant anniversaries in 2026.

To register, follow the link: **https://www.trybooking.com/events/landing/1593147** or see our parish's notice board.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

At St Vincent's, 114 Parmelia Ave, Kwinana

- **Tuesday, 29 September 2026 @5.30pm-6.30pm,**
- **Tuesday, 13 October 2026 @10.30am-11.30am,**

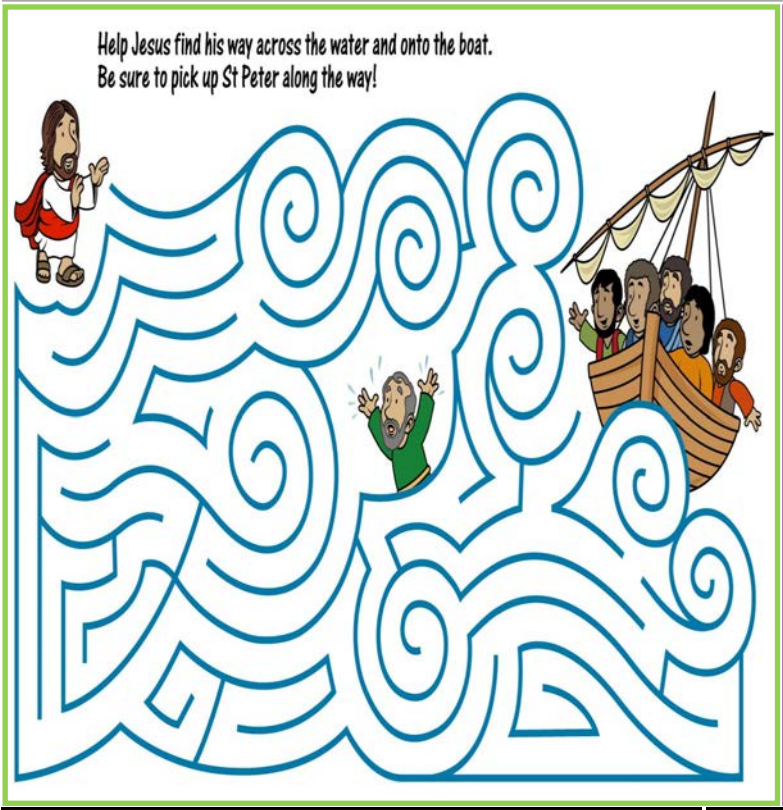
To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

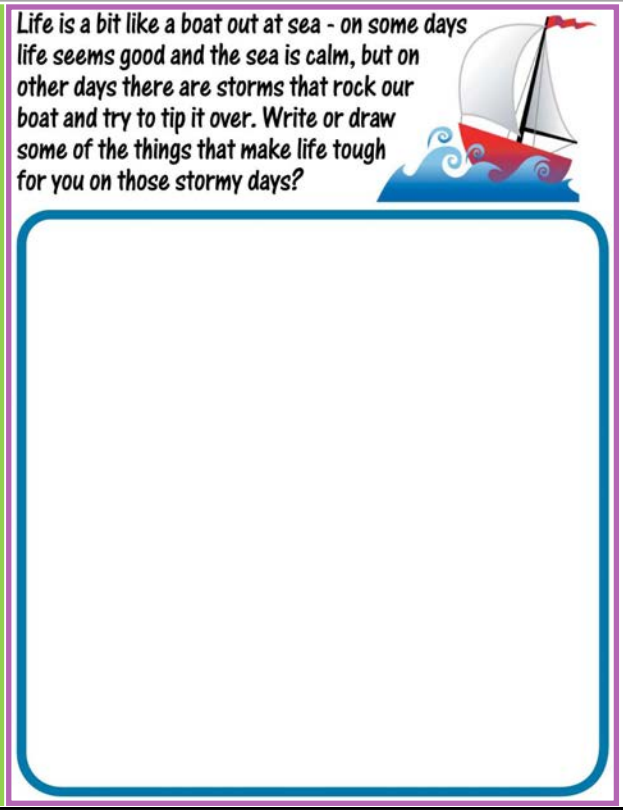
Further info: **safeguarding@perthcatholic.org.au** or 08 9221 7762.

This coming Tuesday, 11 August, our nation will complete the Australian Census. While it might feel like just another administrative form, the question regarding our religion carries significance for our community and our country. Choosing to identify as Catholic on the Census is a statement. It acknowledges the Christian roots and values that have long grounded Australia, while ensuring our voice remains strong in the public square. Practically speaking, Census data directly influences government decisions regarding funding and support for Catholic schools, hospitals, aged care, and social outreach - services that touch lives every day. Outside of government itself, the Catholic Church stands as the largest private humanitarian and health care provider in the world. When we tick "Catholic," we align ourselves with this grand tradition of faith active in love, service, and education. Faith was never meant to be kept hidden. Jesus reminded us, "*By this, you will know that you are my disciples"* (John 13:35). The 11th August is an opportunity for the future in witnessing to the faith that shapes our lives, guides our families, and builds up our wider community. Catholic...tick!

Fr Joseph

CHILDREN'S CORNER





Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: 20th Sunday in Ordinary Time, Year A

1st: Is 56: 1, 6-7 **Ps:** 66: 2-3, 5-6, 8

2nd: Rom 11: 13-15, 29-32 **Gospel:** Mt 15: 21-28

READINGS FOR THE DAY

Entrance Antiphon *Cf Psalm 73:20,19,22,23*

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

First Reading *1 Kings 19:9.11-13*

A reading from the first book of the Kings

Go out and stand on the mountain before the Lord God.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

Responsorial Psalm *Ps 84:9-14. R. v.8*

(R.) Lord, show us your mercy and love,
and grant us your salvation.

1. I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land. (R.)
2. Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. (R.)
3. The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. (R.)

Second Reading *Romans 9:1-5*

A reading from the letter of St Paul to the Romans

I would willingly be condemned if it could help my people.

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

Gospel Acclamation *Psalm 129:5*

Alleluia, alleluia!
I hope in the Lord,
I trust in his word.
Alleluia!

Gospel *Matthew 14:22-33*

A reading from the holy Gospel according to Matthew

Command me to come to you over the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

Communion Antiphon *Psalm 147:12,14*

O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

MINISTRY SCHEDULE — 15 & 16 AUGUST 2026

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	BRYAN MEYERKORT	ROD DOWLING	DOMINIC LONGO	MARK WELSH
ALTAR SERVERS	LEWIS HERON JOSHUA & ETHAN TSIA	JOEL DOWLING GRACE STEWART	MATTEO REDOLATTI XAVIER SIA LETICIA AVERY	OLAF RIJKS ADDISON & HARPER GRACE
COMMENTATORS	AYLMYR SEQUEIRA	ADELE PARSONS	MARGARET HANDYSIDE	GLENDA BEUKES
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEC	GERRY DOYLE	MARGARET SANDFORD	OSBORNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	YVONNE GARBIN TONY RYAN	LORNA D'SOUZA MONICA ANDERSON	NICOLE PARKER PATRICIA ROBERTSON	MAISIE CINANNI KELVIN GRACE
EMOHC	FRANCES MEYERKORT GERRI CLAY STEVEN CLAY EILEEN SELVARATNAM	BRYAN LILLIS ANGELA SCOTT JACQUIE HERON	MARINA CICCARELLI MELISSA TROLIO TERESA LEECH VOLUNTEER NEEDED	MARIA LISA HILL DONNA ARTINGSTALL LINDA ROBERTSON COLLEEN MORRIS

ALTAR SOCIETY: MILDRED REGO & MARY FERNANDES	**PILGRIM STATUE:** BRYAN & FRANCES MEYERKORT
COUNTERS: HELEN OAKLEY, CONNIE & LOUIS BOVE, JESSIE TAN, ANNE BANKS & JENNIFER DI GIOVANNI	**CHILDREN'S LITURGY:** —