WELCOME

ST BENEDICT'S CATHOLIC PARISH — 19 APRIL 2026

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm **(except school holidays)**

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur. and Fri.)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Bishop Nelson Po
E (Bp Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

THIRD SUNDAY OF EASTER, YEAR A

GOSPEL REFLECTION BY Fr Michael Tate

Companionable Breaking of Bread

This story is the story of each one of us at Mass. Each Mass is structured on the Road to Emmaus travelogue.

Two men set off on a journey of their own making. At the beginning of Mass we confess that we have gone off course.

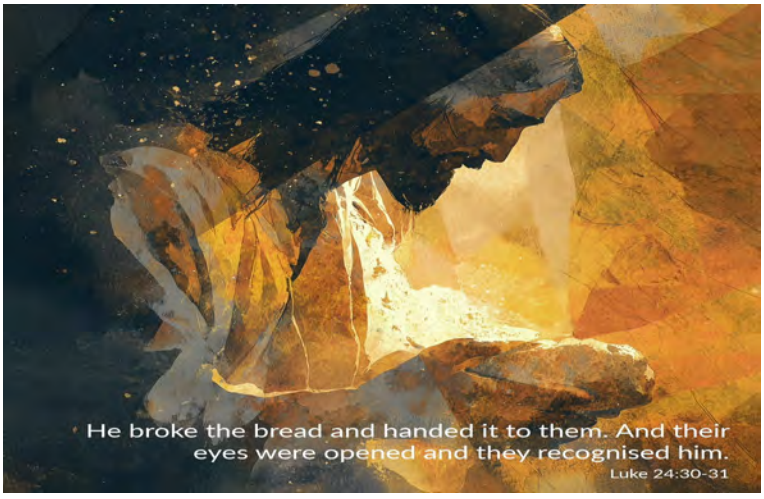
The traveller helps the men on the road to Emmaus understand what had happened to Jesus of Nazareth by showing God's plan revealed in the Hebrew Scriptures. In the Liturgy of the Word, we hear Scriptures expounded, revealing more fully the true identity of Jesus of Nazareth. Every so often you will experience the burning sensation in your heart as something that is said hits home.

The traveller takes bread, blesses it, and gives it to them to eat. In that moment of bread-sharing, the two men recognised their travelling companion as the Risen Lord. Eat the bread consecrated at Mass, and we receive into our very being the Divine Companion for our journey through life.

We could pause for a moment to thank God for the privilege at every Mass of having our eyes opened so that we recognise Our Risen Lord Jesus Christ in the breaking of the bread.

Alleluia!

© Fr Michael Tate



PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- **19 APR — FAREWELL FOR BISHOP NELSON @10.30AM AT ALBERT LYNCH ROOM**
- 20 APR & 4 MAY — ALPHA AT ALBERT LYNCH ROOM, EVERY MONDAY @9AM-10.30AM
- 1 MAY — FIRST FRIDAY FRIENDS AT ALBERT LYNCH ROOM @11AM
- 2 MAY — BUSY BEE @8.30AM-11AM
- 3 MAY — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: RITA ILLICH & VALERIE LEE)
- 9 MAY — YOUTH MASS @6PM

Congratulations to the newly ordained Bishop Nelson!

FIRST FRIDAY FRIENDS

The next First Friday Friends function on **1 May 2026** will be a normal gathering @11am in the Albert Lynch room.

All are welcome to attend and if you are staying for lunch please bring along a savoury plate to share. Any queries just give Maureen a ring on 0413 831 357.

YOUTH CORNER

Youth Mass — 9 May 2026 @6pm

Albert Lynch Room Extension – Coming Soon!

In 2008, we honoured Fr Albert Lynch by naming our activity hall after him. This space has served as Mass overflow and hosted many parish activities, including Alpha, RCIA, Youth Groups, and Bible Study.

With our growing community, we're excited to announce an expansion of the Albert Lynch Room, with construction starting soon. Plans are on display in the foyer.

The project cost is $260,000, fully funded by the parish. We invite your support — every donation helps make this vision a reality. The church's bank account details are on the board.

Thank you for your generosity and to all who have donated so far.

Parish Council & Finance Committee

HOW ABOUT IT?? Applecross **VINNIES** is always on the lookout for new members who have a passion for helping others. Anyone from 18 upwards can become a member. Why not join us?! For a small input of time, the reward will be great. Whether you work full or part time, or not at all – we want you! Don't question if you have anything to offer – of course you have!! Ring Clare to discuss possibilities on 0406 973 595 – don't hesitate – just do it!

The Applecross conference of the St Vincent de Paul Society

THANK YOU!

Caritas Australia sincerely thanks you for your generous support of Project Compassion this Lent.

If you still have your Project Compassion box or donation envelope at home, please return it next week at Mass. Every contribution, no matter the size, helps to bring hope and opportunity to people experiencing poverty and injustice.

Please donate today.
You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.
Or online at: www.projectcompassion.org.au/donate
Or by calling: 1800 024 413
Thank you for standing with us,
as we *Unite Against Poverty this Lent.*

ONLY ONE ENVELOPE FOR THE SIX WEEK LENT PERIOD

PRAY FOR THE SICK

Please keep the following people in your prayers:

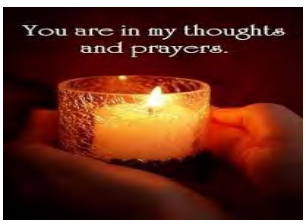
Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Lisa Bailey, Lenna Hosseini, Frank Ranieri, Judith Chan, Grisel Noronha and all others who are not included in this list. *Thank you.*

PLEASE PRAY FOR RECENTLY DECEASED:

Mary Crossley **(Funeral: Thursday, 30 April 2026; 2 pm),** Thomas Young, Cathy Stewart, Jean Catherine Cantwell

ANNIVERSARIES:

Margaret Firns, Katharina Clarke, Thomas O'Brien, Pope Francis, Jim Bailey, Mona Hodge, Maria Longo and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2026 Dates coming soon.

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: **safeguarding@perthcatholic.org.au** or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

ST CHARLES SEMINARY OPEN DAY

The St Charles Seminary invites men aged 18+ to explore the possibility of a vocation to the priesthood in a welcoming and prayerful environment. Experience seminary life, meet current seminarians and formators, and spend time in prayer and reflection while discerning God's call on **Sunday, 3 May 2026, (9.30am to 2.30pm) at St Charles Seminary, Guildford.**

The day includes Mass, brunch, Q&A, a guided seminary tour, and Holy Hour with Benediction. For more information and to register, see our parish's notice board.

PRAYER FOR THE DAY

Presence

Lord, help me to be fully alive to Your holy presence. Enfold me in Your love. Let my heart become one with Yours.

Freedom

Lord God, I thank you for the gift of freedom. Help me to use this gift with integrity. I am free to make choices. Help me to choose to follow You, to live in a Christian way by caring for others. Remind me to consider always those less fortunate than myself: the oppressed, the prisoner, those who are not free to worship in public. Guide me always to seek Your holy will in all the events of my life.

Consciousness

I remind myself that I am in the presence of the Lord. I will take refuge in His loving heart. He is my strength in times of weakness. He is my comforter in times of sorrow.

Inspiration

This account of a journey is beautiful and reassuring, for it describes how the outward journey and the interior one can assist each other in keeping our faith intact. The two disciples start their trek in very poor shape 'with their eyes downcast', and they are moving in the wrong direction – away from Jerusalem. Jesus enters unseen and unrecognised, as he so often does. With skill and tenderness, he cajoles them into telling their story. They didn't even have to find him – he found them.

Conversation

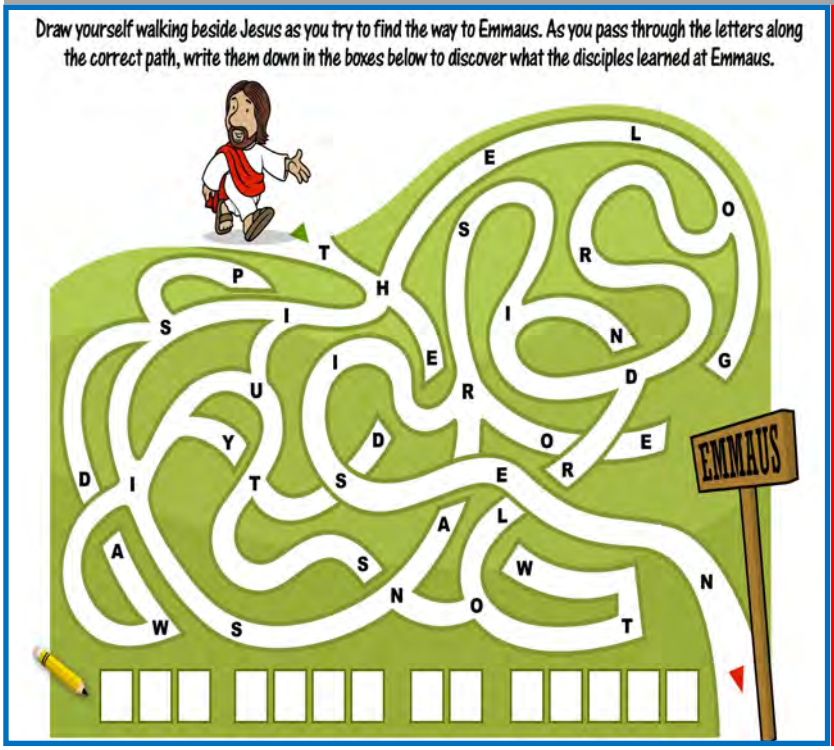
I begin to talk to Jesus about the piece of scripture I have just read. What part of it strikes a chord in me? Perhaps the words of a friend, or some story I have heard recently, or some experience, will slowly rise to the surface of my consciousness. If so, does this memory throw light on what the scripture passage may be trying to say to me?

Conclusion

I thank God for His gift of love as I go forth with joy and hope to serve His people.

Amen

CHILDREN'S CORNER



Jesus is always with us, even when we don't realize he is there. Where or when can we recognize Jesus in our everyday life?

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: 4th Sunday of Easter, Year A

1st: Acts 2: 14, 36-41 **Ps:** 22: 1-6

2nd: 1Pet 2: 20-25 **Gospel:** Jn 10: 1-10

READINGS FOR THE DAY

Entrance Antiphon *Cf. Ps 65:1-2*

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia.

First Reading *Acts 2:14, 22-33*

A reading from the Acts of the Apostles

It was impossible for him to be held by the power of Hades.

On the day of Pentecost, Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him: I saw the Lord before me always, for with him at my right hand nothing can shake me. So my heart was glad and my tongue cried out with joy: my body, too, will rest in the hope that you will not abandon my soul to Hades nor allow your holy one to experience corruption. You have made known the way of life to me, you will fill me with gladness through your presence.

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

Responsorial Psalm *Ps 15:1-2. 5. 7-11. R. v.11*

(R.) Lord, you will show us the path of life.

1. Preserve me, God, I take refuge in you.
   I say to the Lord: 'You are my God.
   O Lord, it is you who are my portion and cup;
   it is you yourself who are my prize.' (R.)
2. I will bless the Lord who gives me counsel,
   who even at night directs my heart.
   I keep the Lord ever in my sight:
   since he is at my right hand, I shall stand firm. (R.)
3. And so my heart rejoices, my soul is glad;
   even my body shall rest in safety.
   For you will not leave my soul among the dead,
   nor let your beloved know decay. (R.)
4. You will show me the path of life,
   the fullness of joy in your presence,
   at your right hand happiness for ever. (R.)

Second Reading *1 Pt 1:17-21*

A reading from the first letter of St Peter

The ransom that was paid to free you was the blood of the Lamb, Jesus Christ.

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

Gospel Acclamation *See Lk 24:32*

Alleluia, alleluia!
Lord Jesus, make your word plain to us:
make our hearts burn with love when you speak.
Alleluia!

Gospel *Lk 24:13-35*

A reading from the holy Gospel according to Luke

They recognised him at the breaking of the bread.

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

Communion Antiphon *Lk 24:35*

The disciples recognized the Lord Jesus
in the breaking of the bread, alleluia.

MINISTRY SCHEDULE — 25 & 26 APRIL 2026

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	MIKE TARANTO	STEVEN ROBERTSON	LUKE HANDCOCK	WILFRED DORAY
ALTAR SERVERS	REGINALDO CAMMARANO JORDAN TRUEMAN HAILEY CORREIA	IHINOSEN & ESEOSE ITOTOH	JOEY VILLEGAS XAVIER SIA JACKSON HANDCOCK	SACHA AUTON ADDISON & HARPER GRACE
COMMENTATORS	ELIAS SANTIMANO	JACQUIE HERON	TERRY BOLAND	MAUREEN BRIGHT
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEC	GERRY DOYLE	MARGARET SANDFORD	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	EILEEN SELAVARATNAM TONY RYAN	GAY PULKER MARIA ARANDA	MARINA CICCARELLI PAUL CICCARELLI	KELVIN GRACE KATRINA MCINNES
EMOHC	MILDRED REGO KELLY DWYER STEFANI CHEN YVONNE GARBIN	JUDY LEE BRYAN LILLIS ANGELA SCOTT	MELISSA TROLIO RUTH THORN LILI ORIFICI CARMEL RECHICHI	KEVIN AUTON OSBORNE D'SOUZA JOE CINANNI MAISIE CINANNI

ALTAR SOCIETY: HEATHER MCNAUGHT & AYLMYR SEQUEIRA

COUNTERS: JOE & MAISIE CINANNI, JOYCE D'CRUZ & GILLIAN COELHO

PILGRIM STATUE: CARMEL & TONI RECHICHI

CHILDREN'S LITURGY: —