WELCOME

ST BENEDICT'S CATHOLIC PARISH — 29 MARCH 2026

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm **(except school holidays)**

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur: 9am-3pm)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Fr Nelson Po
E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

PALM SUNDAY OF THE PASSION OF THE LORD, YEAR A

GOSPEL REFLECTION BY Fr Michael Tate

Lowly Prince of Peace

Jesus entered Jerusalem, not as a warrior in the tradition of King David as many had hoped for, but riding simply on a donkey. The disciples and the crowd applauded him, but they proved fickle in their support.

On the other hand, Jesus remained steadfast in his commitment to non-violent revolutionary change of the religious and political systems so as to establish the reign of God. Why did he renounce marshalling human and angelic warriors to further his cause? First, Jesus embodied God-for-us, and God does not want the destruction of those he has created out of love. Second, Jesus had a premonition that an armed revolt would lead to the destruction of Jerusalem and the dispersal of the Jewish people (as occurred in 70AD).

Third, another Gospel (Luke) recounts that as Jesus laboured up Mount Calvary he turned to some wailing women and said, 'Daughters of Jerusalem, do not weep for me, weep rather for yourselves and for your children.' He knew that they suffer grievously in armed uprising. This is seen in barbaric reality in our own time with women being tortured and raped in campaigns of terror, trafficked into sexual slavery, suffering the loss of sons, husband and lovers.

We could take a moment to pray that the Church of the 21st century, successor of the pacifist Church of the first three centuries, may enter on a new period of reflection on these issues, grappling with the desire to protect the innocent, yet always challenged by the man on a donkey, Divine Prince of Peace.

© Fr Michael Tate

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SACRAMENTAL COORDINATOR: Rosa Ranieri
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Pastoral Care: Yunita Lay
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PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- 29 MAR — PARISH MORNING TEA AFTER 9.30AM MASS (PLEASE BRING A PLATE)
- 30 MAR, 6, 13 & 20 APR, 4 MAY — ALPHA AT ALBERT LYNCH ROOM, EVERY MONDAY @9AM-10.30AM
- **2-5 APRIL — HOLY WEEK TIME TABLE (SEE BELOW)**
- 12 APR — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: LINDA ROBERTSON &MARY ALVARO)

HOLY WEEK (EASTER) TIMETABLE 2026:

Holy Thursday 2 April: Mass @7pm

Good Friday 3 April:
Stations of the Cross @10.30am
Passion of the Lord @3pm

Easter Vigil 4 April: Mass @7pm
(Followed by Adoration until 10.30pm)

Easter Sunday 5 April:
Masses @7.30am, @9.30am & @6pm

Easter Monday 6 April:
Communion Service **@7am** (**no Mass**)

NEW COLLETION BAGS
We now have 20 brand new collection bags with a stick at both ends, 10 **RED** ones for the **FIRST** collection and 10 **BLUE** ones for the **SECOND** collection. The new bags will be put at the end of the designated pews by the collectors at the start of the mass, the same as the previous collection baskets.
At the offering time, the bags will be passed on as usual. The collectors then will collect them. They will not pour the money but will fold each of the bags and put into the big baskets, designated for either first or second collection. *Thank you.*

YOUTH CORNER

Youth Mass — 11 April 2026 @6pm

Good Friday:

Stations of the Cross — 3 April @10.30am

HOLY WEEK AND THE EASTER TRIDUUM

Palm Sunday is Lent's sixth and last Sunday and the beginning of Holy Week, it commemorates the entrance of Christ into Jerusalem. The liturgical colour for Palm Sunday is Red

The Easter Triduum is the highlight of the church's liturgical year, from Holy Thursday to the Easter Vigil. Although we see three separate days and separate liturgies, they are one liturgy with many parts.

The liturgies that make up the Triduum are:
Mass of the Lord's Supper (Holy Thursday)
Good Friday of the Lord's Passion (Good Friday)
Mass of the Resurrection of the Lord (Easter Vigil)

We invite you to join us in this most holy time of the year by attending each liturgy and wearing the liturgical colour:

Mass of the Lord's Supper: **White or Yellow**
Good Friday of the Lord's Passion: **Red**
Mass of the Resurrection of the Lord: **White, Yellow or Gold**

HOW ABOUT IT?? Applecross **VINNIES** is always on the lookout for new members who have a passion for helping others. Anyone from 18 upwards can become a member.
Why not join us?! For a small input of time, the reward will be great. Whether you work full or part time, or not at all – we want you! Don't question if you have anything to offer – of course you have!! Ring Clare to discuss possibilities on 0406 973 595 – don't hesitate – just do it! The Applecross conference of the St Vincent de Paul Society

Palm Sunday: 28-29 March 2026

As Project Compassion 2026 comes to a close, we thank you for your generous support throughout Lent. This year, we shared the stories of four inspiring people whose lives are being uplifted through your compassion.

Your support is helping them overcome challenges and build stronger futures. There is still time to donate! Together, we can continue nurturing hope and empowering communities facing poverty and injustice.

Caritas AUSTRALIA | PROJECT COMPASSION

Please donate today.
You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.
Or online at: www.projectcompassion.org.au/donate
Or by calling: 1800 024 413
Thank you for standing with us,
as we *Unite Against Poverty this Lent.*

UNITE AGAINST POVERTY this Lent

ONLY ONE ENVELOPE FOR THE SIX WEEK LENT PERIOD

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Lisa Bailey, Lenna Hosseini, Frank Ranieri, Judith Chan, Grisel Noronha and all others who are not included in this list. *Thank you.*

PLEASE PRAY FOR RECENTLY DECEASED: -

ANNIVERSARIES:

Manuel Serralha, Antonio Orifici, Shelia Becker, Blossom Ang, John Court, Richard Hudson, Mary De Cruz, Lou Giglia, Gerald Logan, Rosemary Searson, Nick Mansour, Grazina Puglisi, Yvonne O'Leary, Michael Gardner, and all deceased benefactors of the parish and all departed family and friends.

Thank you.

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2026 Dates coming soon.

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: **safeguarding@perthcatholic.org.au** or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

PLAN YOUR PILGRIMAGE TODAY

Catholic parishes, parishioners and communities across Western Australia are invited to participate in **The Pilgrimage of the Migrant Jubilee Cross** ahead of its arrival in Perth. Deeply symbolic and sacred, the Migrant Jubilee Cross will be in the Archdiocese between **Saturday 18 April and Sunday 3 May**, providing a unique opportunity for spontaneous pilgrimage. Following its time in the Archdiocese, the cross will travel to the Bunbury, Geraldton and Broome Dioceses.

For further information, see St Benedict's notice board**.**

PRAYER FOR THE DAY

Presence

I pause for a moment, aware that God is here.
I think of how everything around me, the air I breathe, my whole body, is tingling with the presence of God.

Freedom

Heavenly Father, make me conscious of whatever burden I am carrying today and give me the grace to place it at the foot of Your Cross and so enter freely into this time of prayer.

Consciousness

Dear Lord, by spending time with You, may I become more like You, so that others will see Christ in me and come to know Your love.

Inspiration

We are now moving into Holy Week. The mood changes, and a solemnness descends. What thoughts and feelings arise as you read details of the passion? You might find similarities to the suffering in your own life. Maybe you were wrongly accused, perhaps people were unsupportive when you needed to be backed up, or you went along with the crowd and now feel guilty because you didn't speak out? You might talk to God about the thoughts that arise in you. You may wish to pray for the healing of hurts or feel called to remain silent and stay with what is in your heart.

Conversation

The gift of speech is a wonderful gift.
May I use this gift with kindness.
May I be slow to utter harsh words,
hurtful words, and words spoken in anger.

Conclusion

Filled with the loving presence of God,
I ask Him to bless me and guide my steps
as I go to do His work in my daily life.

Amen

CHILDREN'S CORNER

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: Easter Sunday, Year A

1st: Acts 10:34, 37-43 **Ps:** 117:1-2, 16-17,22-23
2nd: Col 3:1-4 **Gospel:** Jn 20:1-9

READINGS FOR THE DAY

Entrance Antiphon *Cf John 12: 1, 12-13; Ps 23: 9-10*

Six days before the Passover,
when the Lord came into the city of Jerusalem,
the children ran to meet him;
in their hands they carried palm branches
and with a loud voice cried out:

* Hosanna in the highest!
Blessed are you, who have come in your abundant mercy!
O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!
Who is this king of glory?
He, the Lord of hosts, he is the king of glory.

* Hosanna in the highest!
Blessed are you, who have come in your abundant mercy!

First Reading *Isaiah 50:4-7*

A reading from the prophet Isaiah

I did not cover my face against insult and I know I will not be ashamed.

The Lord has given me
a disciple's tongue.
So that I may know how to reply to the wearied
he provides me with speech.
Each morning he wakes me to hear,
to listen like a disciple.
The Lord has opened my ear.
For my part, I made no resistance,
neither did I turn away.
I offered my back to those who struck me,
my cheeks to those who tore at my beard;
I did not cover my face
against insult and spittle.
The Lord comes to my help,
so that I am untouched by the insults.
So, too, I set my face like flint;
I know I shall not be shamed.

Responsorial Psalm *Ps 21:8-9. 17-20. 23-24. R. v.2*

(R.) My God, my God, why have you abandoned me?

1. All who see me deride me.
They curl their lips, they toss their heads.
'He trusted in the Lord, let him save him;
let him release him if this is his friend.' (R.)
2. Many dogs have surrounded me,
a band of the wicked beset me.
They tear holes in my hands and my feet.
I can count every one of my bones. (R.)
3. They divide my clothing among them.
They cast lots for my robe.
O Lord, do not leave me alone,
my strength, make haste to help me! (R.)
4. I will tell of your name to my brethren
and praise you where they are assembled.
'You who fear the Lord give him praise;
all sons of Jacob, give him glory.
Revere him, Israel's sons.' (R.)

Second Reading *Philippians 2:6-11*

A reading from the letter of St Paul to the Philippians

He humbled himself to become like us and God raised him on high.

His state was divine, yet Christ Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are, and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

Gospel Acclamation *Philippians 2:8-9*

Praise to you, Lord Jesus Christ, king of endless glory!
Christ became obedient for us even to death dying on the cross. Therefore God raised him on high and gave him a name above all other names.
Praise to you, Lord Jesus Christ, king of endless glory!

Gospel *Mt 26:14 – 27:66*

The Passion of our Lord Jesus Christ according to Matthew.

Communion Antiphon *Mt 26:42*

Father, if this chalice cannot pass without my drinking it, your will be done.

MINISTRY SCHEDULE - 2,3,4 &5 APRIL 2025 (THERE ARE BLANK SPOTS TO FILL IN)

	HOLY THURSDAY	GOOD FRIDAY	EASTER VIGIL	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	ADRI SUDJANA STEVEN ROBERTSON	LUKE HANDCOCK MARK WELSH	BRYAN MEYERKORT TERRY MEO	ROD DOWLING	DOMINIC LONGO	PETER MOORE
ALTAR SERVERS	Altar Servers have been notified	Altar Servers have been notified	Altar Servers have been notified	Altar Servers have been notified	Altar Servers have been notified	Altar Servers have been notified
COMMENTATOR	ELAINE DIAS	N/A	?	STEFANI CHEN	M HANDYSIDE	?
USHERS/ COLLECTORS	N/A	? ? ? ? ? ?	? ? ? ?	? ? ? ?	? ? ? ? ? ?	? ? ? ? ?
READERS	NICOLE PARKER ROSA WEST	NICOLE PARKER ANDREA D'SOUZA **PASSION:** NA: RITA ILLICH CD: LEO REGO	1. ROSA WEST 2. PAUL VINCI 3. MARIA ARANDA 4. MILDRED REGO	GAY PULKER MARK DE CRUZ	A D'SOUZA P MENEZES	? ?
EMOHC	M HANDYSIDE O D'SOUZA M REGO N KANG	O D'SOUZA A SEQUEIRA E SELVARATNAM L ROBERTSON E DIAS	STEFANI CHEN TERESA LEECH YVONNE GARBIN NICOLAS KANG	K DWYER A SCOTT M ANDERSON	C RECHICHI O D'SOUZA M HANDYSIDE M TROLIO ? ?	? ? ? ?

ALTAR SOCIETY: VERONICA SOEGANDHI & ANGELA NANKIVELL (ALTAR REPOSE)	**PILGRIM STATUE:** MARIBEL & HENRY VILLEGAS
COUNTERS: M ALBUQUERQUE, Y VAN DER BURG, E NORONHA & S RATHAKRISHNAN	**CHILDREN'S LITURGY:** –