WELCOME

ST BENEDICT'S CATHOLIC PARISH — 25 JANUARY 2026

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm **(except school holidays)**

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur: 9am-3pm)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Fr Nelson Po
E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

3RD SUNDAY IN ORDINARY TIME, YEAR A

GOSPEL REFLECTION BY Fr Michael Tate

The Voice of Jesus

Two sets of two brothers were running successful family businesses. But once Jesus passed by and *called* them, the Gospel says, at *once* they left their boats and followed him. I think because, hearing his voice, they realised that Jesus was the true vocalist of God.

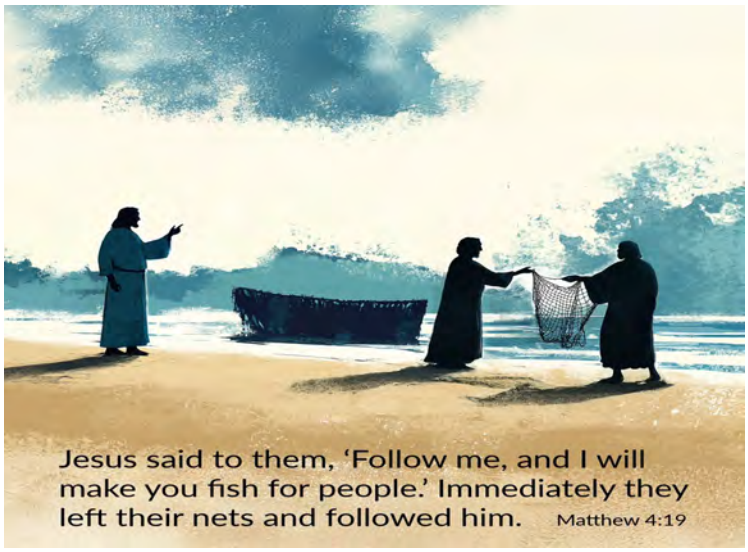
Irish author and mystic, John O'Donohue, once wrote, 'Something in us senses and knows how perfectly the contours of the soul fit the divine embrace.'

Maybe Simon Peter, Andrew, James and John sensed that, in this Jesus, there was a Soul whose contours perfectly fitted the divine embrace. They were prepared to risk everything for the chance to have *their* souls contoured along the same lines.

The call: 'Follow me …', was not to an isolated individual promising to save his soul, but to two brothers and then another two brothers. Immediately, a community was being formed and its task was to bring others into that Jesus-following community.

We could pause for a moment to hear the brothers beckoning us to follow the call of that voice sounded by Our Lord Jesus Christ.

© Fr Michael Tate



PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- **26 JAN — AUSTRALIA DAY MASS @7AM**
- 6 FEB — FIRST FRIDAY FRIENDS @11AM
- 7 FEB — YOUTH MASS @6PM
- 7 FEB — SYNODALITY SESSION @9.15AM-12.30PM AT ALBERT LYNCH ROOM or A REPEAT SESSION ON 11 FEB (SEE NOTICE ON THIS PAGE)
- 8 FEB — PARISH MORNING TEA AFTER 7.30AM MASS, ROSTER: ADELE PARSONS & MEGAN DOWLING (PLEASE BRING A PLATE TO SHARE)

Albert Lynch Room Extension – Coming Soon!

In 2008, we honoured Fr Albert Lynch by naming our activity hall after him. This space has served as Mass overflow and hosted many parish activities, including Alpha, RCIA, Youth Groups, and Bible Study.

With our growing community, we're excited to announce an 80% expansion of the Albert Lynch Room, with construction starting January 2026. Plans are on display in the foyer.

The project cost is $260,000, fully funded by the parish. We invite your support — every donation helps make this vision a reality. The church's bank account details are on the board.

Thank you for your generosity!

Parish Council & Finance Committee

Be inspired… start 2026 with a deep dive into what REALLY matters!

***ALPHA**: Come and explore more deeply 'Is there more to life than this?'.*

Alpha is a warm, welcoming space that is safe, where people come to explore life, faith and meaning.

At Alpha, we grab a cuppa, watch a powerful video series each week, and explore/share our faith. We encourage open, honest conversations about what you think, feel and believe. You can expect to grow, laugh, connect and journey together with others.

***WHERE**: St Benedicts's Parish, Applecross. At Albert Lynch Room, 115 Ardross Street, Ardross.*

WHEN**: starting **Monday 9/2/2026 from 9am-10.30am

***REGISTER**: call/text Nicole or Dom or add your name and phone number to the registration sheet at the back of church.*

*Contact **Nicole 0429 859 308** or **Dom 0404 803 408***

St Benedict's Craft Group recommences on **Wednesday, 11 February at 9.15 am**. The meeting will be held in the Albert Lynch Room Boardroom. New faces very welcome.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Lisa Bailey, Lenna Hosseini, Frank Ranieri, Judith Chan, Grisel Noronha and all others who are not included in this list. *Thank you.*

YOUTH CORNER

Youth Mass — 7 February 2026 @6pm

PARISH RELIGIOUS EDUCATION PROGRAMME (PREP)

Our parish runs an intensive after school Religious Education programme for children in Years 2 to 6 who are not attending Catholic schools. The programme **also** prepares children for the Sacraments of **First Reconciliation (Year 3), First Communion (Year 4) and Confirmation (Year 6)**.

Students should attend at least one full year of instruction prior to the Sacrament year and complete the full year of instruction in the year they receive the Sacrament. Students who enrol late may not be able to receive the Sacrament that year.

Classes run each Wednesday during term starting at 4pm in the church. The programme will be starting on **Wednesday 11 February 2026 from 4pm-5pm**, everyone to meet in the foyer of the Church. You can download the enrolment form online at any time.

We are currently looking for **assistants/helpers to catechists** for the coming year starting in February. Commitment would be on a Wednesday afternoon from 4pm to 5pm and if you feel this is for you, please contact Maureen Bright on 0413 831 357 or call the parish office on 08 9364 1120. Please give some thought to this very rewarding service to the parish and our children.

SYNODALITY

WALKING TOGETHER AS 'CHURCH' – AN EXPERIENCE OF SYNODALITY

You are warmly invited to a session of reflection, deep listening and sharing on our experience of and desires for Church.

Saturday, 7 February 2026: 9.15am–12.30pm
OR (a repeat session)
Wednesday, 11 February 2026: 6.45pm–9pm

Venue: Albert Lynch Room, St Benedict's Church, Ardross

RSVP: ignatianspiritualitywa@gmail.com by 4 Feb

Cost: Free. Donation appreciated.

Enquiries: visit *Ignatian Spirituality Workshops – Ignatian Spirituality of Western Australia* or contact *Chris Gardner on 0429 995 591 or Kevin Wringe on 0407 511 104*

SYNODALITY in simple terms is a path of **spiritual renewal** (conversion) that enable the Church to be more **participatory** and **missionary** so that it can work with every man and woman, radiating the light of Christ (no. 28 Final Document).

PLANNED GIVING (2ND COLLECTION)

Parish income for the 6 months ended 31/12/25 was 104% of the budgeted income for the same period and 56% of the annual budgeted income.
Thank you for your generosity and commitment to the Parish.

PLEASE PRAY FOR RECENTLY DECEASED:

David James Clement

ANNIVERSARIES:

Betty Smith, Michael Mastaglia, Siew Sim Tan, Glen Wood, and all deceased benefactors of the parish and all departed family and friends. *Thank you.*

ARCHDIOCESAN NEWS

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2026 Dates coming soon.

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: **safeguarding@perthcatholic.org.au** or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

CATECHIST TRAINING 2026 - COMMENCING FEBRUARY

The Initial Formation Course: Part 1 provides the essential foundations to grow in faith, confidence and practical skills for sharing the Gospel with children. This seven-week course commences in February 2026 and will equip you for this vital ministry, providing Provisional Accreditation for Catechists teaching the Parish Religious Education Program in parishes of the Perth Archdiocese. Content includes use of Gathered in my Name, the Archdiocesan teaching program for parish religious education. Please contact catechist@cewa.edu.au or phone 9380 1624 for more information.

PRAYER FOR THE DAY

Presence

I pause for a moment and think of the love and the grace that God showers on me,
creating me in His image and likeness,
making me His temple….

Freedom

Lord, grant me the grace to be free from the excesses of this life. Let me not get caught up with the desire for wealth. Keep my heart and mind free to love and serve You.

Consciousness

Heavenly Father, may I grow in virtue as I take time out of my day to listen to You and spend time with You. May Your goodness overflow into my life, and from my life into the lives of all those I meet.

Inspiration

Dark clouds have begun to gather over Jesus. His cousin and forerunner had been removed from the scene by the local authorities and his own activity was likely to put his early followers – such as Peter and John and their brothers – in jeopardy. Those early ones were very ordinary people who were called to an extraordinary mission. Such a calling might well involve them taking risks. It may well mean something of a similar risk for us.

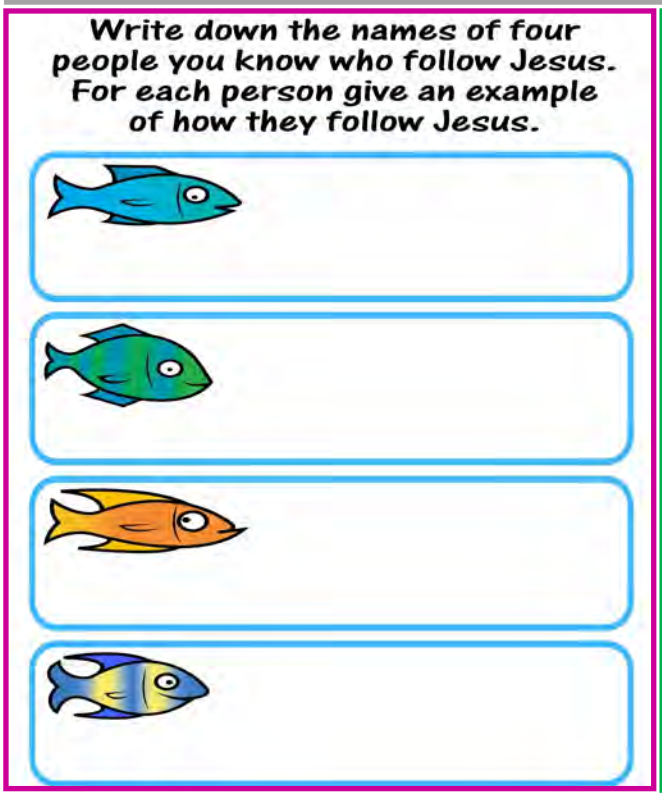
Conversation

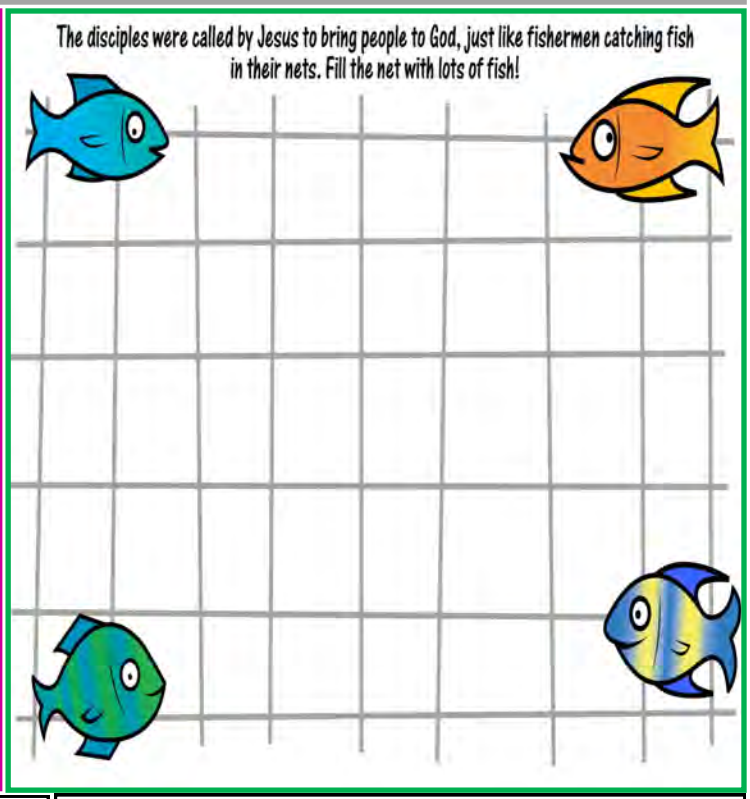
May Your Holy Spirit guide me
in all my dealings with others.
May I use the gift of speech with kindness.

Conclusion

I thank God for His gift of love
as I go forth with joy and hope
to serve His people.

CHILDREN'S CORNER





Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: 4th Sunday in Ordinary Time, Yr A

1st: Zeph 2: 3, 3: 12-13 **Ps:** 145: 7-10

2nd: 1 Cor 1: 26-31 **Gospel:** Mt 5: 1-12

READINGS FOR THE DAY

Entrance Antiphon *Cf Psalm 95:1,6*

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty and splendour,
strength and honour in his holy place.

First Reading *Isaiah 8:23 – 9:3*

A reading from the prophet Isaiah

In the Galilean country, the people have seen a great light.

In days past the Lord humbled the land of Zebulun and the land of Naphtali, but in days to come he will confer glory on the Way of the Sea on the far side of Jordan, province of the nations.

The people that walked in darkness
has seen a great light;
on those who live in a land of deep shadow
a light has shone.
You have made their gladness greater,
you have made their joy increase,
they rejoice in your presence
as men rejoice at harvest time,
as men are happy when they are dividing the spoils.

For the yoke that was weighing on him,
the bar across his shoulders,
the rod of his oppressor,
these you break as on the day of Midian.

Responsorial Psalm *Ps 26:1. 4. 13-14. R. v.1*

(R.) The Lord is my light and my salvation.

1. The Lord is my light and my help;
   whom shall I fear?
   The Lord is the stronghold of my life;
   Before whom shall I shrink? (R.)
2. There is one thing I ask of the Lord,
   for this I long,
   to live in the house of the Lord,
   all the days of my life,
   to savour the sweetness of the Lord,
   to behold his temple. (R.)
3. I am sure I shall see the Lord's goodness
   in the land of the living.
   Hope in him, hold firm and take heart.
   Hope in the Lord! (R.)

Second Reading *1 Corinthians 1:10-13, 17*

A reading from the first letter of St Paul to the Corinthians

I appeal to you, my brothers and sisters, make up the differences between you.

I appeal to you, brothers, for the sake of our Lord Jesus Christ, to make up the differences between you, and instead of disagreeing among yourselves, to be united again in your belief and practice. From what Chloe's people have been telling me, my dear brothers, it is clear that there are serious differences among you. What I mean are all these slogans that you have, like: 'I am for Paul', 'I am for Apollos', 'I am for Cephas', 'I am for Christ'. Has Christ been parcelled out? Was it Paul that was crucified for you? Were you baptised in the name of Paul?

For Christ did not send me to baptise, but to preach the Good News, and not to preach that in the terms of philosophy in which the crucifixion of Christ cannot be expressed.

Gospel Acclamation *Matthew 4:23*

Alleluia, alleluia!
Jesus preached the Good News of the kingdom
and healed all who were sick.
Alleluia!

Gospel *Matthew 4:12-23*

A reading from the holy Gospel according to Matthew

He went to Capernaum, that the prophecy of Isaiah be fulfilled.

Hearing that John had been arrested Jesus went back to Galilee, and leaving Nazareth he went and settled in Capernaum, a lakeside town on the borders of Zebulun and Naphtali. In this way the prophecy of Isaiah was to be fulfilled:

> Land of Zebulun! Land of Naphtali! Way of the sea on the far side of Jordan, Galilee of the nations! The people that lived in darkness has seen a great light; on those who dwell in the land and shadow of death a light has dawned.

From that moment Jesus began his preaching with the message, 'Repent, for the kingdom of heaven is close at hand.' As he was walking by the Sea of Galilee he saw two brothers, Simon, who was called Peter, and his brother Andrew; they were making a cast in the lake with their net, for they were fishermen. And he said to them, 'Follow me and I will make you fishers of men.' And they left their nets at once and followed him.

Going on from there he saw another pair of brothers, James son of Zebedee and his brother John; they were in their boat with their father Zebedee, mending their nets, and he called them. At once, leaving the boat and their father, they followed him.

He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people.

Communion Antiphon *Cf Psalm 33:6*

Look toward the Lord and be radiant;
let your faces not be abashed.

MINISTRY SCHEDULE — 31 JANUARY & 1 FEBRUARY 2026

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	BRYAN MEYERKORT	MATTHEW TLOCZEC	PRAVIN PAUL SUPPIAH	PETER MOORE
ALTAR SERVERS	REGINALDO CAMMARANO DOMENICO, LEONARDO & ALESSANDRO DE FELICE	JERARD, JONAH & JORDAN VINCENT	GRACE STEWART CHRISTOPHER XANTHIS MATTEO REDOLATTI	NOEL, ELOUISE & FELIX LIU
COMMENTATORS	MILDRED REGO	ALICE BATY	PAUL CICCARELLI	MAISIE CINANNI
COLLECTORS	STEFANI CHEN STEPHEN DONOVAN	JAMES GALVIN	PATRICK LEECH	JOE CINANNI MARIA NARDONE PAUL BELVISO
READERS	ANTONIO VARNAKULASINGHAM GERRI CLAY	RITA ILICH MARIA ARANDA	GERARD DE SOUZA PAUL SEARSON	MAUREEN BRIGHT ANDREA D'SOUZA
EMOHC	FRANCES MEYERKORT ROSA WEST KELLY DWYER YVONNE GARBIN	JUDY LEE ANGELA SCOTT JACQUIE HERON	MARINA CICCARELLI MELISSA TROLIO JUDY PHILLIPS TERESA LEECH	MARIA HILL JILL NORTON COLLEEN MORRIS DONNA ARTINGSTALL

ALTAR SOCIETY: HEATHER MCNAUGHT & AYLMYR SEQUEIRA	**PILGRIM STATUE:** BRYAN & FRANCES MEYERKORT
COUNTERS: JOE & MAISIE CINANNI, JOYCE D'CRUZ & GILLIAN COELHO	**CHILDREN'S LITURGY:** —