WELCOME

ST BENEDICT'S CATHOLIC PARISH — 14 SEPTEMBER 2025

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur: 9am-3pm)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Fr Nelson Po
E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

THE EXALTATION OF THE HOLY CROSS, YR C

GOSPEL REFLECTION BY Dianne Bergant CSA

Today we concentrate on the power of the cross in our lives. It is the ultimate demonstration of the nature of God. Christ gave of himself even to death on the cross. This is characteristic, not only of the man Jesus, but of the Godhead. Creation is the first example of divine emptying; redemption is the ultimate example. Unlike Good Friday when we stand before the stark cross and mourn the death of our innocent messiah, today we stand before the glorious cross and praise God for God's incomprehensible goodness toward us. God's graciousness is poured out indiscriminately, prodigally as only profound love can be given. Such is the nature of our God, and the cross is the symbol of this nature.

Jesus compares the pole in the wilderness on which was fixed the serpent to the cross which becomes the source of our healing. It was through the cross that Jesus conquered sin and death and won for us access to God. It is through the cross that we die to sin and rise to new life in Christ. As painful as life's crosses may be, they serve to transform us. It can be our hope in the midst of pain and suffering and brokenness, because it promises to carry us into new life.

Through the goodness of God, which has been poured out for us, we have been granted eternal life. It is incomprehensible to think that death is the way to life, but that is the message of this feast. The cross, which is a sign of shame and misery, is now a symbol of glory and exaltation.

© ***Dianne Bergant CSA***

PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- 13 SEP — COMMUNITY MASS @6PM FOLLOWED BY SUPPER
- 14 SEP — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: VANESSA KILROE & CHRISTIE STIPINOVIC)
- 14 SEP — DIPS & DRINKS AFTER 6PM MASS
- 17 SEP — JUBILEE 2025: PILGRIM OF HOPE WITH MELISSA TROLIO @7PM AT ALBERT LYNCH ROOM
- SEP: 18 & 25 & OCT: 2 & 9 — ALPHA COURSE AT ALBERT LYNCH ROOM, THURSDAYS @6.30PM-8.30PM
- **20 SEP — BUSY BEE @8AM-11AM (POSTPONED FROM 6/9/25**
- **20 SEP — YOUTH MASS @6PM**
- 20 SEP — RAFFLE TICKETS SALE BY ST VINCENT DE PAUL SOCIETY (SVDP)
- 21 SEP — CAKE STALL BY ST VINCENT DE PAUL SOCIETY
- 28 SEP — PARISH MORNING TEA AFTER 9.30AM MASS HOSTED BY THE CATENIANS

ST BENEDICT'S PARISH

Do you want to explore a deeper understanding of the Jubilee Year?

JUBILEE 2025 — PILGRIMS OF HOPE

JUBILEE 2025: PILGRIMS OF HOPE

Join guest speaker **Melissa Trolio** as she explores the significance of the **2025 Jubilee Year** and the hope it brings to communities worldwide. Her presentation will explore:

- *The origins of the Jubilee Year and its importance in both Scripture and Catholic Tradition.*
- *The origins of Christian pilgrimage and the role of pilgrimage today.*
- *Scriptural teaching on the concept of hope.*
- *How to interpret the signs of hope offered by Pope Francis.*

WEDNESDAY 17 SEPTEMBER, 7.00-8.00PM
ST BENEDICT'S PARISH

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Lisa Bailey, Lenna Hosseini, Frank Ranieri, Judith Chan, Grisel Noronha and all others who are not included in this list.

In Need of Your Prayers

YOUTH CORNER

Youth Mass — 20 September @6pm

Today we are gathered on Safeguarding Sunday, a day when we pause to focus on our responsibility to protect and care for those who are vulnerable. In the Bible, we find a clear and strong message about justice, compassion, and speaking up for those who cannot speak for themselves. We are called to be a safe, welcoming and hope-filled church.

In our everyday lives, let's be mindful of those around us who are vulnerable or marginalised. Who are the "silent" ones in our society, the ones without a voice? Today, God may be calling you to stand up for them. Whether it's through prayer, support, or direct action, we are invited to participate in God's work of justice.

CALLING ON ALL STAR BAKERS!!

The Applecross conference of the St Vincent de Paul Society is holding a cake stall after the 7.30am & 9am Masses on Sunday 21 September 2025.

If you would like to donate a cake, slices, etc., please contact Clare on 0406 973 595 or send an email to applecross.er@svdpwa.org.au

A QUARTERLY REPORT is at the rear of the church next to the newsletter. Please feel free to collect one and see what Vinnies has been doing in our region.

PARISH BUSY BEE

gardening & window cleaning

SATURDAY, 20 SEPTEMBER @8AM—11AM

PLEASE COME ALONG AND HELP

PLEASE PRAY FOR THE RECENTLY DECEASED:

Frances Sporer:
Funeral: Friday, 19 September 2025 @9.30am
Helen O'Leary:
Funeral: Wednesday, 1 October 2025 @10.30am

ANNIVERSARIES:

Phillip Dally, Estelle Lombardo, Adele Sangster, Jake Heron, Anna Reale, Elizabeth Townsend, Bryan Stokes, Aloysius D'Rosario, Roger Murphy, Norah Hanrahan, John Wilson, Stephen Court, Violet Hender, Antonio Lua She, Richard Reid, and all deceased benefactors of the parish and all departed family and friends. *Thank you.*

ARCHDIOCESAN NEWS

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

To be advised

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

18 Sep PILGRIMS HOPE: GLOW IN THE DARKNESS

"The spiritual quest is a journey without distance. You travel from where you are right now to where you have always been." (Anthony de Mello 2012 Heart of the Enlightened: A Book of Story Meditations p 178). Reality or Illusion. How awake and self-aware are we on our pilgrim journey? In this session employing De Mello's writings, we explore the freedom of coming home and the reality of the most radiant light that shines in the darkness. **Thursday 18 September 9.30am to 3pm.** Presenter: Geraldine Taylor. Cost: $40. Morning tea provided, bring own lunch. ***For registration and further information;*** https://www.nanonaglecentre.org.au/ or Sr Catherine Warner, 08 9385 0684.

PRAYER FOR THE DAY

Presence

Lord, help me to be fully alive to Your holy presence. Enfold me in Your love. Let my heart become one with Yours.

Freedom

Lord, I let go of the worries, resentments and fears that I can sometimes hold on to so tightly.
Let me open my hands and my heart to receive freely all the gifts that I need at this time.

Consciousness

Where do I sense hope, encouragement, and growth areas in my life? By looking back over the last few months, I may be able to see which activities and occasions have produced rich fruit. If I do notice such areas, I will determine to give those areas both time and space in the future.

Inspiration

God, the Creator of everything, loves all that he has made, and he wants all of us to be saved. After we had thrown God's plan for our happiness into disarray, the Trinity came up with a new plan, which was to save us through the life, death and resurrection of Jesus Christ. If God has given us his own beloved Son, then there is nothing he would ever refuse us that we need for our happiness. Let us turn to him with great trust and gratitude.

Conversation

I settle myself once again after hearing the Word of God. What would I like to take with me into my day? What do I want to remember from today's reading or prayer time?

Conclusion

Filled with the loving presence of God,
I ask Him to bless me and guide my steps
as I go to do His work in my daily life. ***Amen***

CHILDREN'S CORNER

COMPLETE THE TEXT MAZE

"God did not send the Son to condemn the world, but in order that the world might be saved through him."

START G O H H I M FINISH
L D H H E E
Y D U G U O
D I R O H R
N N H D T H
D F Y M O T T E E T B T H W
S E H E B S Y V A S E S G I
O L T D N E L D M I H W I S
N L O N D E R W O R L D M O
T O C O N D O E G O K R B T
F S E X E E S H T E Q U E F
N M I R T T
T E C A A C
H W R T H R
E W U R X U
L O K E D A
L R L D R L
D U R S O F
B U T I N T
L D B Y R G

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: 25th Sunday in Ordinary Time, Year C

1st: Amos 8: 4-7
2nd: 1 Tim 2: 1-8
Ps: 112: 1-2, 4-8
Gospel: Lk 16: 1-13

READINGS FOR THE DAY

Entrance Antiphon *Cf Galatians 6:14*

We should glory in the Cross of our Lord Jesus Christ,
in whom is our salvation, life and resurrection,
through whom we are saved and delivered.

First Reading *Numbers 21:4-9*

A reading from the book of Numbers

When those that were afflicted looked upon it, they were healed.

On the way through the wilderness, the Israelites lost patience. They spoke against God and against Moses, 'Why did you bring us out of Egypt to die in this wilderness? For there is neither bread nor water here; we are sick of this unsatisfying food.'

At this God sent fiery serpents among the people; their bite brought death to many in Israel. The people came and said to Moses, 'We have sinned by speaking against the Lord and against you. Intercede for us with the Lord to save us from these serpents.' Moses interceded for the people, and the Lord answered him, 'Make a fiery serpent and put it on a standard. If anyone is bitten and looks at it, he shall live.' So Moses fashioned a bronze serpent which he put on a standard, and if anyone was bitten by a serpent, he looked at the bronze serpent and lived.

Responsorial Psalm *Ps 77:1-2. 34-38. R. v.7*

(R.) Do not forget the works of the Lord!

1. Give heed, my people, to my teaching;
   turn your ear to the words of my mouth.
   I will open my mouth in a parable
   and reveal hidden lessons of the past. (R.)
2. When he slew them then they would seek him,
   return and seek him in earnest.
   They would remember that God was their rock,
   God the Most High their redeemer. (R.)
3. But the words they spoke were mere flattery;
   they lied to him with their lips.
   For their hearts were not truly with him;
   they were not faithful to his covenant. (R.)
4. Yet he who is full of compassion
   forgave their sin and spared them.
   So often he held back his anger
   when he might have stirred up his rage. (R.)

Second Reading *Philippians 2:6-11*

A reading from the letter of St Paul to the Philippians

He humbled himself, therefore God had exalted him.

The state of Jesus was divine,
yet he did not cling
to his equality with God
but emptied himself
to assume the condition of a slave,
and became as men are;
and being as all men are,
he was humbler yet,
even to accepting death,
death on a cross.
But God raised him high
and gave him the name
which is above all other names
so that all beings
in the heavens, on earth and in the underworld,
should bend the knee at the name of Jesus
and that every tongue should acclaim
Jesus Christ as Lord,
to the glory of God the Father.

Gospel Acclamation

Alleluia, alleluia!
We adore you, O Christ, and we praise you,
because by your cross you have redeemed the world.
Alleluia!

Gospel *John 3:13-17*

A reading from the holy Gospel according to John

The Son of Man must be lifted up.

Jesus said to Nicodemus:

'No one has gone up to heaven
except the one who came down from heaven,
the Son of Man who is in heaven;
and the Son of Man must be lifted up
as Moses lifted up the serpent in the desert,
so that everyone who believes may have eternal life
in him.
Yes, God loved the world so much
that he gave his only Son,
so that everyone who believes in him may not be lost
but may have eternal life.
For God sent his Son into the world
not to condemn the world,
but so that through him the world might be saved.'

Communion Antiphon *John 12:32*

When I am lifted up from the earth,
I will draw everyone to myself, says the Lord.

MINISTRY SCHEDULE - 20 & 21 SEPTEMBER 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	MIKE TARANTO	MATTHEW TLOCZEC	TERRY MEO	PETER MOORE
ALTAR SERVERS	HAILEY CORREIA DARSHYN & DHIVYEN MANNAR	JERARD, JONAH & JORDAN VINCENT	LETICIA AVERY CHARMAINE VOGLER CHRISTOPHER XANTHIS	KATHERINE WIBAWA OLIVER & JACOB WONG
COMMENTATORS	YOUTH MASS	ALICE BATY	TERRY BOLAND	MAISIE CINANNI
COLLECTORS	YOUTH MASS	GERRY DOYLE	MARGARET SANDFORD	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	YOUTH MASS	MONICA ANDERSON RITA ILICH	GERARD DE SOUZA ANUSHIA SUPPIAH	JACKIE WONG MAUREEN BRIGHT
EMOHC	YOUTH MASS	JACQUI HERON MONICA ANDERSON BRYAN LILLIS	MARGARET HANDYSIDE MARINA CICCARELLI MELISSA TROLIO RUTH THORN	KEVIN AUTON DONNA ARTINGSTALL JILL NORTON LINDA ROBERTSON

ALTAR SOCIETY: ANGELA NANKIVELL, COLLEEN VALLINI & FRANCESCA VALLINI	**PILGRIM STATUE:** IONE & DESMOND COORAY
COUNTERS: PIERRE SEQUEIRA, LILI ORIFICI, JENNY COWIE, LUCY & BRIAN LIU	**CHILDREN'S LITURGY:** —