WELCOME

ST BENEDICT'S CATHOLIC PARISH — 7 SEPTEMBER 2025

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur: 9am-3pm)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Fr Nelson Po
E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

23RD SUNDAY IN ORDINARY TIME, YR C

GOSPEL REFLECTION BY Greg Sunter

'Hate' is an emotive and extremely harsh word in our society. In its gospel context, the word is not used as an opposite of 'love' but as an indication of deserving of less significance than another thing. So the teaching about hating father, mother, etc can be read as saying that being a disciple of Jesus must take precedence over everything else, even family. In 1st Century culture, family was foremost above everything else; it was the very fibre that held society together. Jesus is saying that discipleship must be put above even that which is most important and most intrinsic to life in this world. That is why he goes on to tell the two stories about the need to count the cost before undertaking an important venture. He makes clear to his listeners that discipleship is more important than anything else and that there are huge costs associated with taking it on. A believer has to literally 'count the cost' of what it will mean to place discipleship above family, friendships, career, politics and even life itself. Jesus makes no apologies for the fact that what he is asking is incredibly demanding.

Our 'possessions' are all those things – material, emotional, and psychological – that we cling to and that we think give us our identity and status. Jesus called for a radical reinterpretation of status and position. He tells his listeners that they cannot truly be disciples if they continue to cling to those things that are considered important in this world. They have to surrender the things that bind them to this world's ideas of status and position before they can fully embrace the kingdom view of the world. As Jesus said, you have to really count the cost!

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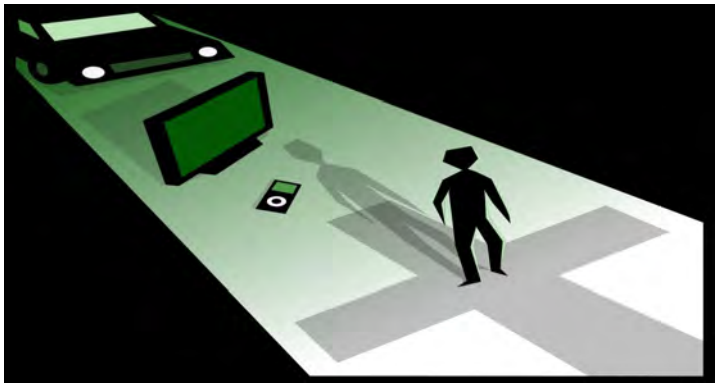


PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- SEP: 11, 18 & 25 & OCT: 2 & 9 — ALPHA COURSE AT ALBERT LYNCH ROOM, THURSDAYS @6.30PM-8.30PM
- 13 SEP — DAY FOR GIRLS @9AM-3PM AT ALBERT LYNCH ROOM
- **13 SEP — COMMUNITY MASS @6PM FOLLOWED BY SUPPER**
- 14 SEP — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: VANESSA KILROE & CHRISTIE STIPINOVIC)
- **14 SEP — DIPS & DRINKS AFTER 6PM MASS**
- 17 SEP — JUBILEE 2025: PILGRIM OF HOPE @7PM AT ALBERT LYNCH ROOM
- **20 SEP — BUSY BEE @8AM-11AM (POSTPONED FROM 6 SEP)**

YOUTH CORNER

Youth Mass — 20 September

CALLING ON ALL STAR BAKERS!!

The Applecross conference of the St Vincent de Paul Society is holding a cake stall after the 7.30am & 9am Masses on Sunday 21 September 2025.

If you would like to donate a cake, slices, etc., please contact Clare on 0406 973 595 or send an email to applecross.er@svdpwa.org.au

A QUARTERLY REPORT is at the rear of the church next to the newsletter. Please feel free to collect one and see what Vinnies has been doing in our region.

catholic mission

THANK YOU for your prayers and generous response to this year's Catholic Mission Appeal. Your donations will support our missionaries in Zambia to help vulnerable women overcome poverty and to give birth safely.

If you have missed the opportunity to support this important missionary work, please go online to https://www.catholicmission.org.au/mission to make a donation.

Should you be keen to support the work of Catholic Mission through a bequest, or as a volunteer, or in other ways, please email Francis Leong at fleong@catholicmission.org.au to explore the possibilities.

If you would like to contribute to the supper, please bring something that complements the theme of PIZZA & PASTA.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Lisa Bailey, Lenna Hosseini, Frank Ranieri, Judith Chan, Grisel Noronha and all others who are not included in this list.

PLEASE PRAY FOR THE RECENTLY DECEASED:

Helen O'Leary

ANNIVERSARIES:

Alec Lynch, Giuseppe Zoccoli, Patrice Wringe, Roberto Lo Presti, Bill Botman, Ernest Court, Winnie D'Mello, Michael Gavin, Cyril De Cruz, Laurie Townsend and all deceased benefactors of the parish and all departed family and friends. *Thank you.*

ARCHDIOCESAN NEWS

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

To be advised

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

Days for Girls will be holding a sewing day at St Benedicts Church, in the Albert Lynch Room, on Saturday 13 September, 9am to 3pm.

Please join us in making reusable sanitary kits for girls & women who are experiencing period poverty, here at home as well as third world countries.

Our beautiful kits can help girls and women not miss out on school, work or to simply allow them to go about their usual business like every woman deserves.

Please bring sewing machines, overlockers etc. Plenty of work for non-sewers.

If staying for lunch, please bring a share plate. Tea & coffee provided. For more information, please contact Veronica Howman 0409 292 371.

PRAYER FOR THE DAY

Presence

Dear Lord, You have called me by my name.
You have carved me in the palm of Your hand.
May I grow in trust and never give in to despair.

Freedom

"Leave me here freely all alone, in cell where never sunlight shone. Should no one ever speak to me, this golden silence makes me free." Part of a poem written by a prisoner at Dachau concentration camp.

Consciousness

Knowing that God loves me unconditionally,
I can afford to be honest about how I am.
How has the last day been, and how do I feel now?
I share my feelings openly with the Lord.

Inspiration

Clearly, the words ' hate father and mother, etc.' are not to be taken literally. It is a Semitic way of making a strong point. Discipleship does, of course, cost everything. 'The one who loses his life for my sake will find it.' God must always come first in our lives. This is our 'yes' to God in the commitment of faith. The reward is eternal life. We pray for the grace of perseverance.

Conversation

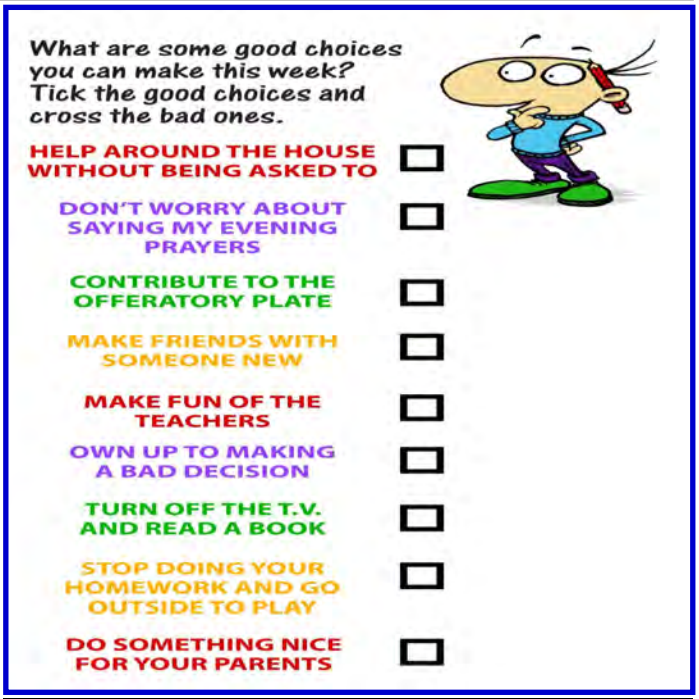
I sit quietly with my God who knows my every thought, every need and every desire, and I allow Him to minister to me in this moment. I receive whatever nourishment I need for the journey.

Conclusion

Glory be to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now and ever shall be,
world without end.

Amen

CHILDREN'S



Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: The Exaltation of the Holy Cross, Year C

1st: Num 21: 4-9
2nd: Phil 2: 6-11
Ps: 77: 1-2, 34-38
Gospel: Jn 3: 13-17

READINGS FOR THE DAY

Entrance Antiphon *Psalm 118:137, 124*

You are just, O Lord, and your judgement is right;
treat your servant in accord with your merciful love.

First Reading *Wisdom 9:13-18*

A reading from the book of Wisdom

Who can comprehend the will of God?

What man can know the intentions of God?
Who can divine the will of the Lord?
The reasonings of mortals are unsure
and our intentions unstable;
for a perishable body presses down the soul,
and this tent of clay weighs down the teeming mind.
It is hard enough for us to work out what is on earth,
laborious to know what lies within our reach;
who, then, can discover what is in the heavens?
As for your intention, who could have learnt it,
had you not granted Wisdom
and sent your holy spirit from above?
Thus have the paths of those on earth been straightened
and men been taught what pleases you,
and saved, by Wisdom.

Responsorial Psalm *Ps 89:3-6. 12-14. 17. R. v.1*

(R.) In every age, O Lord, you have been our refuge.

1. You turn men back into dust
and say: 'Go back, sons of men.'
To your eyes a thousand years
are like yesterday, come and gone,
no more than a watch in the night. (R.)
2. You sweep men away like a dream,
like grass which springs up in the morning.
In the morning it springs up and flowers:
by evening it withers and fades. (R.)
3. Make us know the shortness of our life
that we may gain wisdom of heart.
Lord, relent! Is your anger for ever?
Show pity to your servants. (R.)
4. In the morning, fill us with your love;
we shall exult and rejoice all our days.
Let the favour of the Lord be upon us:
give success to the work of our hands. (R.)

Second Reading *Philemon 12-17:Phlm 9-10, 12-17*

A reading from the letter of St Paul to Philemon

Receive him, not as a slave anymore, but as a very dear brother.

This is Paul writing, an old man now and, what is more, still a prisoner of Christ Jesus. I am appealing to you for a child of mine, whose father I became while wearing these chains: I mean Onesimus. I am sending him back to you, and with him – I could say – a part of my own self. I should have liked to keep him with me; he could have been a substitute for you, to help me while I am in the chains that the Good News has brought me. However, I did not want to do anything without your consent; it would have been forcing your act of kindness, which should be spontaneous. I know you have been deprived of Onesimus for a time, but it was only so that you could have him back for ever, not as a slave any more, but something much better than a slave, a dear brother; especially dear to me, but how much more to you, as a blood-brother as well as a brother in the Lord. So if all that we have in common means anything to you, welcome him as you would me.

Gospel Acclamation *Psalm 118:135*

Alleluia, alleluia!
Let your face shine on your servant,
and teach me your laws.
Alleluia!

Gospel *Luke 14:25-33*

A reading from the holy Gospel according to Luke

All who do not renounce their possessions cannot be my disciples.

Great crowds accompanied Jesus on his way and he turned and spoke to them. 'If any man comes to me without hating his father, mother, wife, children, brothers, sisters, yes and his own life too, he cannot be my disciple. Anyone who does not carry his cross and come after me cannot be my disciple.

'And indeed, which of you here, intending to build a tower, would not first sit down and work out the cost to see if he had enough to complete it? Otherwise, if he laid the foundation and then found himself unable to finish the work, the onlookers would all start making fun of him and saying, "Here is a man who started to build and was unable to finish." Or again, what king marching to war against another king would not first sit down and consider whether with ten thousand men he could stand up to the other who advanced against him with twenty thousand? If not, then while the other king was still a long way off, he would send envoys to sue for peace. So in the same way, none of you can be my disciple unless he gives up all his possessions.'

Communion Antiphon *Cf Psalm 41:2-3*

Like the deer that yearns for running streams,
so my soul is yearning for you, my God;
my soul is thirsting for God, the living God.

MINISTRY SCHEDULE - 13 & 14 SEPTEMBER 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	SIMON CARRICK	STEVEN ROBERTSON	DOMINIC LONGO	ROB PAUL
ALTAR SERVERS	JORDAN TRUEMAN JOSHUA & ETHAN TSIA	MATTEO REDOLATTI GRACE STEWART LEWI HERON	JERARD, JONAH & JORDAN VINCENT	SOFIE GABRIEL VALERIE & RAPHAEL WIBAWANTA
COMMENTATORS	ELAINE DIAS	ADELE PARSONS	PATRICK LEECH	MAUREEN BRIGHT
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEC	ANTHONY LIM	ROGER BUNN LILI ORIFICI	OSBOURNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	MILDRED REGO ROSA WEST	LORNA D'SOUZA ALICE BATY	MARINA CICCARELLI PAUL CICCARELLI	MAISIE CINANNI ANDREA D'SOUZA
EMOHC	CARLA CARDOSO STEFANI CHEN YVONNE GARBIN EILEEN SELVARATNAM	TINA CAMMARANO BRYAN LILLIS JUDY LEE	JUDY PHILLIPS MARGARET SANDFORD CARMEL RECHICHI TERESA LEECH	OSBORNE D'SOUZA DONNA ARTINGSTALL MARIA HILL YULIANA VAN DER BURG

ALTAR SOCIETY: MILDRED REGO & MARY FERNANDES	**PILGRIM STATUE:** MARIBEL & HENRY VILLEGAS
COUNTERS: HELEN OAKLEY, CONNIE & LOUIS BOVE, JESSIE TAN, ANNE BANKS & JENNIFER DI GIOVANNI	**CHILDREN'S LITURGY:** –