WELCOME

ST BENEDICT'S CATHOLIC PARISH — 20 JULY 2025

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur: 9am-3pm)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Fr Nelson Po
E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

16TH SUNDAY IN ORDINARY TIME, YR C

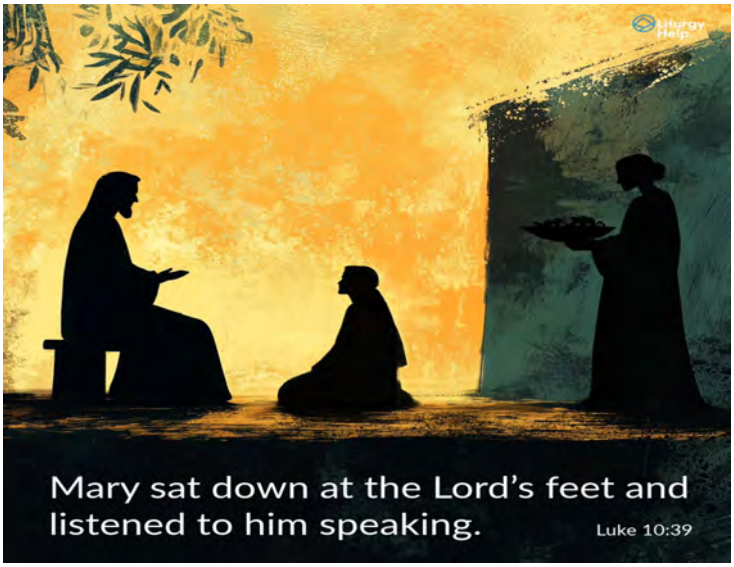
GOSPEL REFLECTION BY Dianne Bergant CSA

Today we see the people of God offering the hospitality rather than receiving it, first Abraham and then Martha. What lessons of discipleship can be learned from these readings?

First and foremost we see how important openness is, for in each case those to whom the hospitality was offered were divine visitors in human form. We can never be sure under what guise God will come to us. It could be the person on the street who asks for directions, or the one who comes to our place of work to engage the service that we provide. It may be the friend who comes to dinner or the co-worker who acts in a way we did not expect. God comes into our lives in unexpected ways and we must have an open attitude of hospitality if we are to receive the blessings that might come with such visits.

We know that we cannot lay aside the responsibilities of our lives in order to sit with Mary at the feet of Jesus. However, we cannot allow ourselves to be held captive by these responsibilities, regardless of how legitimate they may be. And so we continue to struggle; to carry the burdens that are ours for the sake of the people that we serve; to serve the people in our care realising that we will probably not be able to accomplish all of our tasks or at least as well as we would like. It is in this way that the reign of God struggles to be born.

© Dianne Bergant CSA



PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- 20 JUL — CRAFT GROUP'S MINI WINTER STALL (AFTER 7.30AM AND 9.30AM MASSES — CASH ONLY PLEASE)
- 26 JUL & 27 JUL — COMMITMENT MASS FOR CONFIRMATION: SAT @6PM & SUN @9.30AM
- 27JUL — PARISH MORNING TEA AFTER 9.30AM MASS (PLEASE BRING A PLATE)
- 31 JUL — ALPHA COURSE STARTS AT ALBERT LYNCH ROOM, THURSDAYS @6.30PM-8.30PM
- 1 AUG — FIRST FRIDAY FRIENDS @11AM-1PM AT ALBERT LYNCH ROOM
- 9 AUG — YOUTH MASS @6PM
- 10 AUG— PARISH MORNING TEA AFTER 7.30AM MASS (PLEASE BRING A PLATE)

CHURCH PARKING ON THE PAVING IN FRONT OF THE CHURCH

Please be aware that all parking in front of our church on the paving area is **now for the ACROD permit holders only, especially for weekend masses**. Please display your ACROD card.

For non ACROD permit holders, you may park on the street in front of our church for a closer distance to the church or at our normal church parking areas: in the corner of Ardross Street & Canning Highway and in the school parking area. *Thank you*.

ST BENEDICT'S CRAFT GROUP

Beanies and Blankets

Parishioners are invited to our mini winter fair.
There will be home-made jams, pickles and warm rugs to purchase along with a small range of other gifts.

All in aid of St Vincent de Paul Society – Applecross conference

Sunday 20 July 2025 @7.30am and 9.30am masses only.

CASH ONLY PLEASE

PLANNED GIVING (2ND COLLECTION):

Parish income for the year ended 30/06/25 was 105% of the budgeted income for the year. Well done.

Thank you for your generosity and commitment to the Parish. God bless.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Rev Fr Peter Meo, Lisa Bailey, Lenna Hosseini, Frank Ranieri and all others who are not included in this list. *Thank you.*

YOUTH CORNER

Youth Mass — 9 August @6pm

Alpha - a chance to explore life's BIG questions in a fun, safe welcoming space. At Alpha we share a meal, watch a short movie and chat about our faith. We encourage open and honest conversations, about what you think, feel and believe. You can expect to laugh, connect and journey together with others.

WHERE - St Benedict's Parish Applecross, 115 Ardross Street - Albert Lynch Room

WHEN - starting **Thursday 31/7/2025 @6.30-8.30pm**

TO REGISTER –

Call/text Steve or Jacquie OR add your name and phone number to sheet at back of church.
Contact **Steve 0412 207 750** or **Jacqui 0412 106 057** for more information **alpha.org.au**

CAN YOU HELP US? The Vinnies pantry stock is slowly being depleted due to the need of the many people we serve. If you are able to help by donating some non-perishable items such as the following, it would be very much appreciated: Tuna, rice, tea, coffee, tomato sauce, jam, vegemite, peanut butter, laundry powder or liquid, tinned ham, beef/chicken & vegetable soup, pasta and pasta sauces, tinned fruit and instant noodles.

Alternatively, we would appreciate donations by way of the poor box or the Tap N Go machine.

- The Applecross conference of the St Vincent de Paul Society

TALK ON THE HYPE OF FAST FASHION FRIDAY 1 AUGUST

Gemma Wooltorton and Rae Cook from ACRATH (Australian Catholic Religious Against Trafficking in Humans) will be presenting a talk on the hype of fast fashion at the First Friday Friends gathering on **Friday 1 August @11am**.

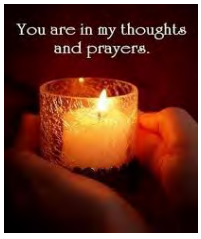
All are welcome to come along and if you are staying for lunch please bring a savoury plate to share.
Any queries ring Maureen on 0413 831 357.

PLEASE PRAY FOR THE RECENTLY DECEASED:

Noreen Rosario

ANNIVERSARIES:

Patrick Reale, Frederick Fazey, Francis O'Connor, Bill Gaynor, Peter Twine, Peg Brennan, Robin Sy Suan, and all deceased benefactors of the parish and all departed family and friends.
Thank you.



ARCHDIOCESAN NEWS

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

Saturday 26 July @10-11am — Our Lady of Grace, 3 Kitchener St, North Beach

Saturday 26 July @3-4pm — Holy Family Parish, 45 Thelma St, Como

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: **safeguarding@perthcatholic.org.au** or 08 9221 7762.

24 Jul NANO NAGLE - EXPLORING THE SENSES THROUGH THE PRISMA OF HOPE

Thursday 24 July 9.30am to 3pm. Morning Tea provided, bring own lunch. Presenter; Geraldine Taylor. Cost $40.

Further info; catherinewarner29@gmail.com.

2025 MARRIAGE DAY MASS

All couples celebrating a milestone anniversary — 20, 25, 30, 40, 50, 60, or even 70 years—are warmly invited, along with your families, to join us for this year's **Marriage Day Mass at St Mary's Cathedral, Perth**.

Date: Saturday 16 August

Time: 10am to 11am commencing with Mass, followed by Morning Tea in the Cathedral Parish Hall.

Come celebrate the gift of marriage with a special Mass, followed by a special morning tea. Each couple will receive a commemorative certificate to mark this special occasion.

Register at https://www.trybooking.com/DCFPY. Please note registrations close on 1 August. We look forward to celebrating with you!

PRAYER FOR THE DAY

Presence

To be present is to arrive as one is and open up to the other. At this instant, as I arrive here, God is present waiting for me. God always arrives before me, desiring to connect with me even more than my most intimate friend. I take a moment and greet my loving God.

Freedom

"I am free."
When I look at these words in writing,
they seem to create in me a feeling of awe.
Yes, a wonderful feeling of freedom.
Thank You, God.

Consciousness

We are all pilgrims on a journey to You, Lord.
May we contemplate Your time on earth,
and, with Your help, follow in Your footsteps.

Inspiration

In St John's Gospel we read that Jesus loved Martha and Mary and their brother Lazarus, and he was a familiar visitor to their home. Theirs was a home of faith, where they recognised Jesus as One sent by God, and they made him welcome. Martha helped with the material cup of tea, but Mary heard a different call as she sat at the Lord's feet and listened to him. In our own lives, we can follow the example of both sisters by being contemplatives in action.

Conversation

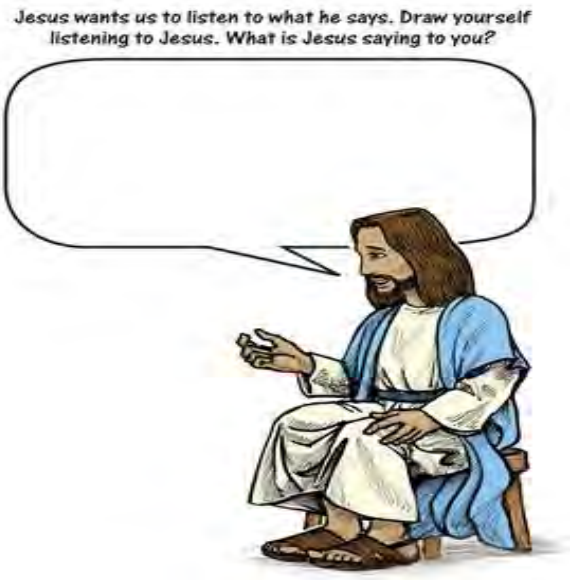
God came to bring life, both in Flesh and Word. What life-giving word have I received today? Or if nothing touched me, can I feel the life-giving presence of Jesus with me right now?

Conclusion

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Amen

CHILDREN'S



Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: 17th Sun in Ord Time, Year C

1st: Gen 18:20-32 **Ps:** 137:1-3, 6-8

2nd: Col 2:12-14 **Gospel:** Lk 11:1-13

READINGS FOR THE DAY

Entrance Antiphon *Psalm 53:6,8*

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

First Reading *Genesis 18:1-10*

A reading from the book of Genesis

Lord, do not bypass your servant.

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said, 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

Responsorial Psalm *Ps 14:2-5. R. v.1*

(R.) The just will live in the presence of the Lord.

1. Lord, who shall dwell on your holy mountain?
   He who walks without fault;
   he who acts with justice
   and speaks the truth from his heart;
   he who does not slander with his tongue. (R.)
2. He who does no wrong to his brother,
   who casts no slur on his neighbour,
   who holds the godless in disdain,
   but honours those who fear the Lord. (R.)
3. He who keeps his pledge, come what may;
   who takes no interest on a loan
   and accepts no bribes against the innocent.
   Such a man will stand firm for ever. (R.)

Second Reading *Colossians 1:24-28*

A reading from the letter of St Paul to the Colossians

The mystery hidden for centuries has now been revealed to his saints.

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church.
I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

Gospel Acclamation *See Luke 8:15*

Alleluia, alleluia!
Happy are they who have kept the word with a generous heart
and yield a harvest through perseverance.
Alleluia!

Gospel *Luke 10:38-42*

A reading from the holy Gospel according to Luke

Martha took up the duties in the house. Mary chose the better part.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

Communion Antiphon *Psalm 110:4-5*

The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.

MINISTRY SCHEDULE - 26 & 27 JULY 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	BRYAN MEYERKORT	BARRY FARRELL	LUKE HANDCOCK	ROB PAUL
ALTAR SERVERS	JORDAN TRUEMAN LEO & DOMENICO DE FELICE	TAYAHNA PRETORIUS IHINOSEN & ESEOSE ITOTOH	JACKSON HANDCOCK DANIEL & CHRISTIAN VINCI	SACHA AUTON NOEL & ELOUISE LIU
COMMENTATORS	MILDRED REGO	ADELE PARSONS	TERRY BOLAND	MAISIE CINANNI
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEK	GERRY DOYLE	MARGARET SANDFORD	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	LEO REGO ROSA WEST	FRANK GERICEVICH MEGAN OH	GERARD DE SOUZA CAROL CURNOW	JACKIE WONG MAUREEN BRIGHT
EMOHC	PHIL TRUEMAN STEFANI CHEN FRANCES MEYERKORT MEGAN DOWLING	TINA CAMMARANO ALICE BATY BRYAN LILLIS	MARGARET HANDYSIDE MARINA CICCARELLI MELISSA TROLIO RUTH THORN	MARIA HILL YULIANA VAN DER BURG KEVIN AUTON LINDA ROBERTSON

ALTAR SOCIETY: HEATHER MCNAUGHT & ALYMYR SEQUEIRA	**PILGRIM STATUE:** PAUL BELVISO
COUNTERS: MARGARET ALBUQUERQUE, YULIANA VAN DER BURG, ELIZABETH NORONHA & SUCHITA RATHAKRISHNAN	**CHILDREN'S LITURGY:** –