WELCOME

ST BENEDICT'S CATHOLIC PARISH — 22 JUNE 2025

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:
Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:
Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:
Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:
Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:
Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)
Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room **@10am, gathering @9.45am**

Baptisms: By appointment

Marriages: By appointment

Parish Office:
115 Ardross Street, Ardross WA 6153
PO Box 1831, Applecross WA 6953
Tel: 08 9364 1120
Website: www.stbenedicts.net.au
Office Hours: 10am—4pm (Tue-Fri)
Admin Officer: Stefani Chen
E (main): applecross@perthcatholic.org.au
Admin Assistant: Maribel Villegas (Thur: 9am-3pm)
E (office): office.applecross@perthcatholic.org.au
Parish Priest: Fr Nelson Po
E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:
Head Coordinator: Carmel Tick - 0488 100 928
New Parishioners: Ruth Thorn
Home Help: Carmel Tick
Handyman/Gardening: Louis Bove
Visiting: Meagan Xanthis
Transport: Carmel Tick
Emergency Meals: Meagan Xanthis

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

THE MOST HOLY BODY AND BLOOD OF CHRIST, YEAR C

GOSPEL REFLECTION BY Dianne Bergant CSA

This Feast combines the previous feasts of Corpus Christi and the Precious Blood of Christ. It reminds us that the body and blood of Christ were offered as a sacrifice for us, and every time we re-enact this sacrifice, we renew his sacrifice. The Body and Blood of Jesus is the interim meal for the Christian community. We are to feed on it until the Lord returns. We see again the already-but-not-yet character of Christian eschatology, for the Lord has already returned. That means that the Eucharist meal is a re-enactment of Christ's death, an anticipatory celebration of his coming, and a thanksgiving banquet with him present.

The multiplication of the loaves and the fishes prefigures the eschatological banquet of fulfilment. Its miraculous bounty assures us of the abundance of that future banquet.

Its miracle of multiplication prefigures the miracle of Jesus as he changed the bread and wine into his own body and blood. Jesus handed himself over as food and drink on the very night that he was handed over by others. The banquet that he prepared was a celebration of the new covenant; it was an eschatological banquet of thanksgiving. This feast invites us to enter through either the past, the present or the future, for each one will lead us to the mystery that we celebrate: the mystery of the sacrifice of Christ; the mystery of the sacred bread and wine of the future; the mystery of the eschatological banquet of the present.

© Dianne Bergant CSA

PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:
Marina Ciccarelli &
Phil Trueman.

Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- 25 JUN-2 JUL — CFE COURSE: AFTER LIFE: ESCHATON-OUR LIVING HOPE, WEDNESDAYS @7.30PM-8.30PM, AT ALBERT LYNCH ROOM
- 29 JUN — PARISH MORNING TEA AFTER 9.30AM MASS
- 4 JUL — FIRST FRIDAY FRIENDS @11AM
- 11 JUL — ST BENEDICT'S FEAST DAY MASS @7AM
- 12 JUL — YOUTH MASS @6PM, FOLLOWED BY INTERNATIONAL FOOD NIGHT TO CELEBRATE ST BENEDICT'S FEAST DAY (PLEASE BRING A PLATE)
- 13 JUL — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: ADELE PARSONS & MEGAN DOWLING)
- 26 JUL & 27 JUL — COMMITMENT MASS FOR CONFIRMATION: SAT @6PM & SUN @9.30AM

PLANNED GIVING 2025-2026 ENVELOPES NOW AVAILABLE

The weekly envelopes for **the next financial year 2025-2026** are out for collection in the foyer.
Please remember to collect your box with **your name** on it (box number may change). If your envelopes are not there, please advise the Parish office on 08 9364 1120.

Another way of supporting the Parish through Planned Giving Programme is through the direct debit system, either by Direct Debit or Credit Card. Forms are available on the tables at the entrance of the church or you may wish to contact the Parish office.

Tap & Go machines are also available for 1st & 2nd collections.

As we are coming to the end of the financial year, now is a good time to bring your promised planned giving commitment up to date.

The planned giving programme (Second Collection) is an important part of the Parish finances as it allows us to maintain the Church, Presbytery and Parish Administration Centre.

If you would like to join the Planned Giving Programme, please call the Parish Office on 08 9364 1120 or email applecross@perthcatholic.org.au.

Thank you for your generous commitment and continued support to the Parish.God bless.

PROJECT COMPASSION RECEIPTS 2025

Receipts are available for collection in a little box on one of the tables at the back of the church. For the credit card donations, Caritas Australia will issue the receipts directly to you. If your receipt is not there, please contact the Parish office on 08 9364 1120.

Our parish raised $12,707,60 (last year: $11,952.95). *Thank you.*

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Harsono Setiawan, Steven Robertson, Rev Fr Peter Meo, Lisa Bailey, Lenna Hosseini, Frank Ranieri and all others who are not included in this list. *Thank you.*

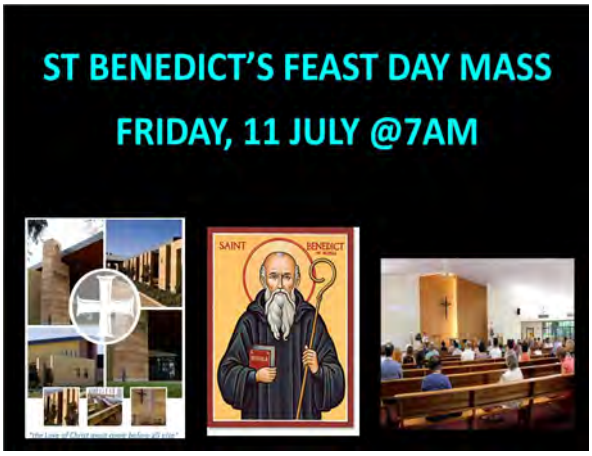
YOUTH CORNER

Youth Mass — 12 July @6pm

FIRST FRIDAY FRIENDS

The next First Friday Friends function on **4 July** will be a normal gathering @11am in the Albert Lynch room.

All are welcome to attend and if you are staying for lunch please bring along a savoury plate to share. Any queries just give Maureen a ring on 0413 831 357.



PLEASE PRAY FOR THE RECENTLY DECEASED:

Carol Jean Wilson, Truus Botman, Maria Loss.

ANNIVERSARIES:

John Daniel Smith, Agnes Robinson, Andrew McDonald, Sean Gorman, Robert Atkinson, Beryl Kerman, Alan Stephens, Phil Murray, Betty Young, Thomas Jones, Francis Hackett, Wencesla Tannady and all deceased benefactors of the parish and all departed family and friends. *Thank you.*

ARCHDIOCESAN NEWS

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as **a Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our **safeguarding.perthcatholic.org.au/training/** to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

Saturday 26 July @10-11am — Our Lady of Grace, 3 Kitchener St, North Beach

Saturday 26 July @3-4pm — Holy Family Parish, 45 Thelma St, Como

To register **https://safeguarding.perthcatholic.org.au/training/#induction**.

Further info: **safeguarding@perthcatholic.org.au** or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

PERMANENT PART TIME EMPLOYMENT OPPORTUNITY

PARISH SECRETARY — ATTADALE CATHOLIC PARISH

St Joseph Pignatelli parish is seeking a Parish Secretary to work alongside the Parish Priest and assist with administration duties for the Parish. The position is part-time, 20 hours per week (Tuesday - Friday). To express your interest, please put in the subject line of the email: Attadale Parish Express of Interest. Please email your CV & Cover letter to **parishsupport@perthcatholic.org.au**.

PRAYER FOR THE DAY

Presence

"The world is charged with the grandeur of God." (Gerard Manley Hopkins) I dwell for a moment on the presence of God around me, in every part of my body, and deep within my being.

Freedom

If God were trying to tell me something, would I know? If God were reassuring me or challenging me, would I notice? I ask for the grace to be free of my own preoccupations and open to what God may be saying to me.

Consciousness

Lord, please prepare the soil of my heart to receive the seed of Your Word. May it take root, grow and produce a bountiful harvest for Your glory and my good.

Inspiration

When Jesus feeds the five thousand in this remote place, we are reminded of how God fed his people with manna in the desert. This feast of Corpus Christi, also speaks to us of the much greater miracle of Jesus giving us his own body and blood for over two thousand years. St Ignatius urges us to 'always ponder with deep affection how the Lord wishes to give himself to us'.

A gift that is not received and welcomed loses its power to bring us closer to the giver. At the holy sacrifice of the Mass, do we receive our Lord with warmth and gratitude?

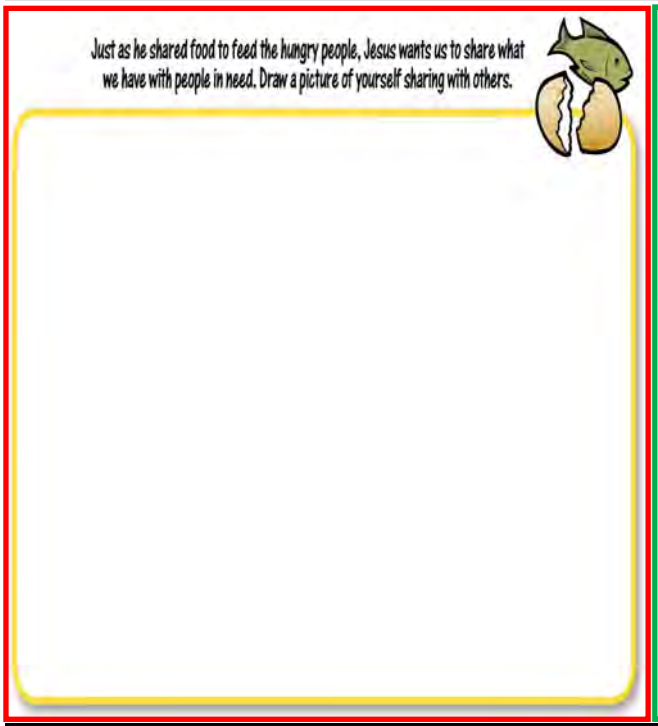
Conversation

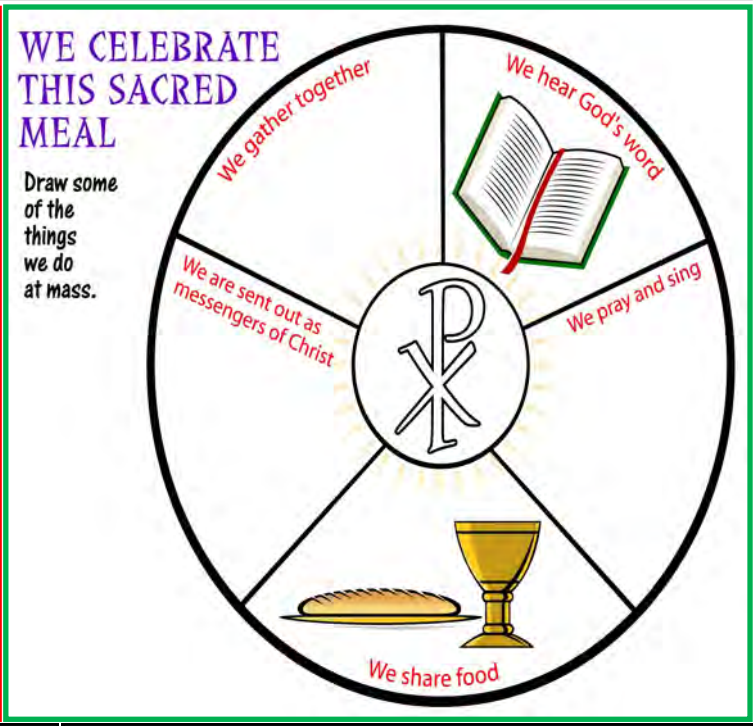
Jesus, You are always there waiting for me. Sometimes I get bogged down with the concerns of this life. Grant that I may be still more often, To know Your peace, Your calm.

Conclusion

I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text. ***Amen***

CHILDREN'S CORNER





Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** *Thank you.*

NEXT WEEK'S READINGS: Sts Peter & Paul, Apostles, Yr C

1st: Acts 12: 1-11 **Ps:** 33: 2-9

2nd: 2 Tim 4: 6-8, 17-18 **Gospel:** Mt 16: 13-19

READINGS FOR THE DAY

Entrance Antiphon *Cf Psalm 80:17*

He fed them with the finest wheat
and satisfied them with honey from the rock.

First Reading *Genesis 14:18-20*

A reading from the book of Genesis

Melchizedek brought bread and wine.

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

> 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

Responsorial Psalm *Ps 109:1-4. R. v.4*

(R.) You are a priest for ever,
in the line of Melchizedek.

1. The Lord's revelation to my Master:
'Sit on my right:
I will put your foes beneath your feet.' (R.)
2. The Lord will send from Zion
your sceptre of power:
rule in the midst of all your foes. (R.)
3. A prince from the day of your birth
on the holy mountains;
from the womb before the daybreak I begot you. (R.)
4. The Lord has sworn an oath he will not change.
'You are a priest for ever,
a priest like Melchizedek of old.' (R.)

Second Reading *1 Corinthians 11:23-26*

A reading from the first letter of St Paul to the Corinthians

Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

Gospel Acclamation *John 6:51-52*

Alleluia, alleluia!
I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.
Alleluia!

Gospel *Luke 9:11-17*

A reading from the holy Gospel according to Luke

They all ate and were filled.

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

Communion Antiphon *John 6:57*

Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.

MINISTRY SCHEDULE - 28 & 29 JUNE 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	MIKE TARANTO	MIKE KILROE	DENIS RIGG	KEN BOWNES
ALTAR SERVERS	ETHAN GATCHALIAN LEO & DOMENICO DE FELICE	MATTEO REDOLATTI IHINOSEN & ESEOSE ITOTOH	MATTHEW PRANATA REGINALDO CAMMARANO XAVIER SIA	TYLER MORRIS NOEL & ELOUISE LIU
COMMENTATORS	ELIAS SANTIMANO	JACQUIE HERON	MARGARET HANDYSIDE	JILL NORTON
COLLECTORS	LOUIS BOVE MATTHEW TLOCZEC	GERRY DOYLE	MARGARET SANDFORD BELLA PITT	JOE CINANNI MARIA NARDONE PAUL BELVISO
READERS	STEFANI CHEN ANTONIO VARNAKULASINGHAM	GAY PULKER LORNA D'SOUZA	MARINA CICCARELLI PAUL CICCARELLI	GLENDA BEUKES ANDREA D'SOUZA
EMOHC	CARLA CARDOSO MILDRED REGO PHIL TRUEMAN STEFANI CHEN	JUDY LEE BRYAN LILLIS ALICE BATY	LILI ORIFICI MOIRA BUNN TERET BROCKWAY CARMEL RECHICHI	YULIANA VAN DER BURG OSBOURNE D'SOUZA JOE CINANNI MAISIE CINANNI

ALTAR SOCIETY: HEATHER MCNAUGHT & AYLMYR SEQUEIRA

PILGRIM STATUE: ROBERT & JACQUIE HERON

COUNTERS: PIERRE SEQUEIRA, LILI ORIFICI, JENNY COWIE, LUCY & BRIAN LIU

CHILDREN'S LITURGY: –