

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 16 MARCH 2025



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): applecross@perthcatholic.org.au

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): office.applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Carmel Tick

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

FIRST SUNDAY OF LENT, YEAR C

GOSPEL REFLECTION BY Dianne Bergant CSA

The Second Sunday of Lent celebrates the epiphanies of God, the ways in which God's divine presence is revealed. The first divine epiphany is the manifestation of God as one who initiates a covenant, an intimate relationship with human beings. Not only does God initiate this agreement, but God also seals it with blood, making it official. Although we ritualise our relationship with God in a religious setting, the call to enter into the covenant can come in the ordinary events of life. The important thing to remember about this covenant is that God enters into our lives and initiates the relationship. No life is too simple; no life is too busy. Human history in all of its contours is the setting for the encounter with God.

The glory of God is revealed in the transfigured Jesus, the one who discussed his suffering and death with Moses and Elijah. Lent is a time for us to enter into this suffering, not merely through reflection, prayer and penance, but concretely, by sharing in the suffering of the body of Christ. We see this suffering all around us.

God is revealed through women and men who live lives of Christian commitment. In those whose integrity strengthens us, in those whose religious sentiments inspire us, in those whose endurance gives us confidence. God is revealed in those who get involved in bettering the lives of others. God is revealed in very ordinary ways, if we but open our eyes to see.

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Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli & Phil Trueman.

Email contact:

applecross.safeguarding@gmail.com



PARISH NOTICES

EVENTS

- ◆ 17 MAR TO 5 MAY — ALPHA COURSE AT ALBERT LYNCH ROOM, EVERY MONDAY @9AM-10.30AM
- ◆ 21 MAR — STATIONS OF THE CROSS @7PM
- ◆ 28 MAR — STATIONS OF THE CROSS @7PM
- ◆ 29 MAR — COMMUNITY MASS @6PM
- ◆ 30 MAR — PARISH MORNING TEA AFTER 9.30AM MASS



Jubilee 2025 INDULGENCE

The Indulgence, a priceless gift of divine mercy, is one of the special 'signs' of the Jubilee Year.

All the 'truly repentant' faithful, 'moved by a spirit of charity, who, purified through the Sacrament of Penance and refreshed by Holy Communion, will be able to receive the indulgence, with the remission and forgiveness of sins'.

In brief, the conditions for obtaining a Jubilee Indulgence are:

- Pilgrimage to any of the designated churches and shrines
- Sacrament of Penance (Reconciliation)
- Celebration of the Eucharist
- Profession of Faith
- Prayers for the intentions of the Holy Father.

For those unable to make a pilgrimage due to reasons of age, health, caregiving, or being confined to a cloister or a prison, the Vatican said they can obtain an indulgence, under the usual conditions, by reciting the Our Father, making a profession of faith and offering other prayers "in conformity with the objectives of the Holy Year" from their homes, hospitals, nursing homes, or prisons, while offering up their own suffering.

PROJECT COMPASSION 2025

There is only **ONE SINGLE ENVELOPE** for the **six week lent period for this year**. You may bring your envelopes or boxes during the lent period or at the end of the lent and put them in the collection basket. Thank you.



Project Compassion Sunday
15th and 16th of March 2025



Photo credit: Caritas Australia

Please donate today.

Toefuata'iga - (*Toy-foo-ah-tah-ing-ah*) a primary school student from Samoa faced severe water shortages at her school. Thanks to Caritas Australia and the generosity of supporters like you, her primary school now has a 10,000 L water tank. Teachers and students now have access to clean drinking water at their school and are able to focus on education.

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at: caritas.org.au/project-compassion

Or by calling: 1800 024 413

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson, Harsono Setiawan, Norm Thomas, Steven Robertson, Rev Fr Peter Mao, Lisa Bailey, Lenna Hosseini and all others who are not included in this list. *Thank you.*



YOUTH CORNER

Youth Mass — 12 April 2025 @6pm



Stations of the Cross
Fridays during Lent @ 7pm

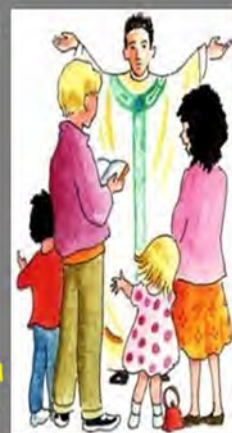


The Applecross conference of Vinnies is running very low on non-perishable foods. We would appreciate donations to be put in the box in the Church foyer. The latest Vinnies update is at the rear of the Church next to the parish bulletin.

COMMUNITY MASS
SATURDAY,
29 MARCH @6PM

COME ALONG AND ENJOY
PASTA & PIZZA EVENING
AFTER THE MASS.

PLEASE BRING YOUR
FAVOURITE PASTA OR PIZZA
TO SHARE WITH EVERYONE.



PARISH MORNING TEA
SUNDAY, 30 MARCH 2025
AFTER 9.30AM MASS
PLEASE BRING A PLATE



22 March - Joint 50th Year Reunion for BRIGIDINE (Floreath), MARIST (Churchlands) and SIENA (Doubleview)

Year 12 students from graduating year of 1975 (or previous students) for the above Catholic Colleges are warmly invited to attend a joint reunion on **Saturday 22 March 2025 from 2-5pm**. Further info:

Ros (rosbrodie58@gmail.com), John (jm@sujo.com.au) or Sue (suedix1958@gmail.com).

PLEASE PRAY FOR THE RECENTLY DECEASED:

Nerida Mutter, Valerie Walsh & Giuseppe Argese

ANNIVERSARIES:

John Ogilve, Victor Harris, Maria Sansalone, Jessie McCormack, Dorothy Quinn, Florence Marshall, Maurice Arnold, Giuseppe Caruso, Len Smith and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as a **Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our safeguarding.perthcatholic.org.au/training/ to check out the Induction.
 - Click on “Safeguarding Level 1 – Induction ONLINE Training”.
 - Watch the Presentation Video.
 - Proceed to Step 2 to register personal details and complete the quiz.
- The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2025 Dates coming soon. To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

The **ESPERE programme** offers those who wish to live more happily, an opportunity to open themselves to forgiveness and reconciliation in order to achieve the construction of better family and social relationships, promoting a culture of peace.

Where: St Joseph Pignatelli, 18 Galloway St, Attadale

Forgiveness:
6 Wednesday evenings @6.30pm-8.30pm, on March 5, 12, 19, 26, April 2, 9.

Optional after Easter: Reconciliation:
4 Wednesday evenings @6.30pm-8.30pm, on April 30, May 7, 14, 21.

Cost: \$60 or donation/Registration Weekend Masses 1 and 2 March or by phone or email below.

Further Information: Sr Frances Maguire rsj 0419 801 211 or francesmaguiresrsj@hotmail.com Srs of St Joseph of the Sacred Heart

Presence

God, You are nearer than I dare believe, closer than my own breath. I am blessed by Your Intimate Nearness, and I need not fear.

Freedom

“A thick and shapeless tree-trunk would never believe that it could become a statue, admired as a miracle of sculpture, and would never submit itself to the chisel of the sculptor, who sees by his genius what he can make of it.” (Saint Ignatius) I ask for the grace to let myself be shaped by my loving Creator.

Consciousness

Knowing that God loves me unconditionally, I look honestly over the last day, its events and my feelings. Do I have something to be grateful for? Then I give thanks. Is there something I am sorry for? Then I ask forgiveness.

Inspiration

St Luke tells us about Jesus at prayer more than any of the other evangelists. Here, these three apostles are given this extraordinary experience of Jesus transfigured to strengthen them in the face of his coming suffering and death. Years later St Peter recalls in a letter this experience on the mountain. It highlights for us how the divinity of Jesus was hidden in his humanity. We pray for a deeper understanding of the Incarnation.

In our praying, it is always the risen Lord we encounter, and we can truly say, ‘Lord, it is good for us to be here.’ Let us have the Father say to us, ‘This is my beloved Son, listen to him.’ And let us pray like Samuel, ‘Speak, Lord, your servant is listening.’

Conversation

“There is no condemnation for those in Christ Jesus”. (Romans 8:1). I turn to the One who loves me and knows me better than I can love or know myself. I ask Him for whatever it is I need right now.

Conclusion

I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text. **Amen**

CHILDREN’S CORNER

The Transfiguration

One day, Jesus took Peter, James and John to the top of a high mountain. They then witnessed Jesus talking with Moses and Elijah and heard the voice of God. Draw Jesus talking with Moses and Elijah.



TRANSFIGURATION

How many words can you make from the letters in the word TRANSFIGURATION?

| | |
|-------|-------|
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Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents’ lawns across the road from the church & the church’s lawns.** Thank you.



NEXT WEEK’S READINGS: Third Sunday of Lent, Year C

1st: Ex 3:1-8, 13-15

Ps: 102: 1-4, 6-8, 11

2nd: 1 Cor 10:1-6, 10-12

Gospel: Lk 13: 1-9



READINGS FOR THE DAY

Entrance Antiphon Cf Psalm 26:8-9

Of you my heart has spoken, Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.

First Reading Genesis 15:5-12. 17-18

A reading from the book of Genesis

God made a covenant with Abraham, his faithful servant.

Taking Abram outside the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants' he told him. Abram put his faith in the Lord, who counted this as making him justified.

'I am the Lord' he said to him 'who brought you out of Ur of the Chaldaeans to make you heir to this land.' 'My Lord, the Lord' Abram replied, 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off.

Now as the sun was setting Abram fell into a deep sleep, and terror seized him. When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms: 'To your descendants I give this land, from the wadi of Egypt to the Great River.'

Responsorial Psalm Ps 26:1. 7-9. 13-14. R. v.1

(R.) The Lord is my light and my salvation.

- The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life
before whom shall I shrink? (R.)
- O Lord, hear my voice when I call;
have mercy and answer.
Of you my heart has spoken:
'Seek his face.' (R.)
- It is your face, O Lord, that I seek,
hide not your face.
Dismiss not your servant in anger;
you have been my help. (R.)
- I am sure I shall see the Lord's goodness
in the land of the living.
Hope in him, hold firm and take heart.
Hope in the Lord! (R.)

Second Reading Philippians 3:17 – 4:1

A reading from the letter of St Paul to the Philippians

Christ will transfigure these bodies of ours into copies of his glorious body.

My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us. I have told you often, and I repeat it today with tears, there are many who are behaving as the enemies of the cross of Christ. They are destined to be lost. They make foods into their god and they are proudest of something they ought to think shameful; the things they think important are earthly things. For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

Gospel Acclamation Matthew 17:5

Glory and praise to you, Lord Jesus Christ!
From the shining cloud the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you, Lord Jesus Christ!

Gospel Luke 9:28-36

A reading from the holy Gospel according to Luke

As Jesus prayed, the aspect of his face was changed, and his clothing became brilliant as lightning.

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' – He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him.' And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

Communion Antiphon Matthew 17:5

This is my beloved Son, with whom I am well pleased;
listen to him.

MINISTRY SCHEDULE — 22 & 23 MARCH 2025

| | SAT 6PM | SUN 7.30AM | SUN 9.30AM | SUN 6PM |
|---|---|---|---|---|
| ACOLYTE | SIMON CARRICK | MATTHEW TLOCZEC | DOMINIC LONGO | PETER MOORE |
| ALTAR SERVERS | DANYCKA FERNANDES JOSHUA & ETHAN TSIA | JERARD, JONAH & JORDAN VINCENT | CHARMAINE VOGLER JOEY VILLEGAS CHRISTOPHER XANTHIS | TYLER MORRIS ADDISON & HARPER GRACE |
| COMMENTATORS | STEFANI CHEN | JACQUIE HERON | TERRY BOLAND | MAISIE CINANNI |
| COLLECTORS | STEPHEN DONOVAN STEFANI CHEN | ANTHONY LIM | ROGER BUNN LILI ORIFICI | JOE CINANNI MARIA NARDONE GRAHAM KNIGHT |
| READERS | AYLMYR SEQUEIRA GERRI CLAY | RITA ILICH MONICA ANDERSON | GERARD DE SOUZA ANUSHIA SUPPIAH | KELVIN GRACE MAUREEN BRIGHT |
| EMOHC | MEGAN DOWLING PHIL TRUEMAN MILDRED REGO MICHELLE CARRICK | ALICE BATY ANGELA SCOTT Volunteer needed | MOIRA BUNN RUTH THORN MARGARET HANDYSIDE CARMEL RECHICHI | KEVIN AUTON OSBORNE D'SOUZA JILL NORTON COLLEEN MORRIS |
| ALTAR SOCIETY: No Flowers due to Lent | | | PILGRIM STATUE: RUTH THORN | |
| COUNTERS: MARGARETH ALBUQUERQUE, YULIANA VAN DER BURG, ELIZABETH NORONHA & SUCHITA RATHAKRISHNAN | | | CHILDREN'S LITURGY: — | |