

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 9 MARCH 2025



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): applecross@perthcatholic.org.au

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): office.applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Carmel Tick

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

FIRST SUNDAY OF LENT, YEAR C

GOSPEL REFLECTION BY Greg Sunter

The wilderness, or desert, is used repeatedly throughout the Bible as a place of special encounter with God and preparation for a new direction or a new ministry. The 40 days that Jesus spent in the wilderness immediately followed his baptism in the Jordan where his status as the beloved of God was confirmed. He is led by the Spirit to go out into the wilderness for a period of fasting, prayer and preparation before entering into his public ministry. In fact, the event that immediately follows this passage is the episode in Nazareth where Jesus reads from the scroll of Isaiah and declares the intent of his ministry. It is presented as if, having spent his time in preparation and overcoming the temptations before him, Jesus strode out of the wilderness and laid out what he had decided.

The episode of the temptations is a clear indicator of the humanity of Jesus – he experienced doubt, uncertainty and fear just as we do. If the gospel intended to emphasise the divinity of Jesus, none of these temptations would have been an issue. We are told that Jesus was indeed tempted, not just pestered by the devil. The opportunities laid before Jesus were actually tempting to him. They challenged his resolve. They made Jesus question the sort of Messiah that he was to be: the all-conquering, powerful Messiah that the people expected; or the servant to the poor who will be tortured and put to death. Jesus is tempted to use his power to make his task easier or to display his authority to others. Had he chosen to do this, surely it would have been easier to get people's attention – and that was the temptation: to take the easier path or stick to the more subtle, more personal, more difficult path.

The three temptations Jesus faces all focus upon the nature of his mission and ministry. The first temptation is to miraculously feed himself – is his ministry to be about himself or others? The second is to take power and authority over all the world – to fulfil the human expectations of what a Messiah ought to be or fulfil God's plan of service, rather than domination? The third temptation is about grandstanding – to make a spectacular declaration of his arrival or to minister to the lowly and reveal himself in that way?

© Greg Sunter



Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days.
Luke 4:1

PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli & Phil Trueman.



Email contact:
applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- ◆ 8 MAR — YOUTH MASS @6PM
- ◆ 9 MAR — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: VANESSA KILROE & CHRISTIE STIPINOVIC)
- ◆ 10 MAR TO 5 MAY — ALPHA COURSE AT FR ALBERT LYNCH ROOM, EVERY MONDAY @9AM-10.30AM
- ◆ 14 MAR — STATIONS OF THE CROSS @7PM



**Jubilee 2025
Pilgrims of Hope
Hope does not disappoint**

Everyone knows what it is to hope. In the heart of each person, hope dwells as the desire and expectation of good things to come, despite our not knowing what the future will bring.

In our journey towards the Jubilee, let us return to Scripture and realise that it speaks to us in these words: "May we who have taken refuge in him be strongly encouraged to seize the hope set before us. We have this hope, a sure and steadfast anchor of the soul, a hope that enters the inner shrine behind the curtain, where Jesus, a forerunner on our behalf, has entered" (Heb 6:18-20).

Those words are a forceful encouragement for us never to lose the hope we have been given, to hold fast to that hope and to find in God our refuge and our strength.

May the light of Christian hope illuminate every man and woman as a message of God's love and may the Church be a faithful witness to this message in every part of the world.

May the Jubilee be a moment of genuine, personal encounter with Lord Jesus, the "door".

PROJECT COMPASSION 2025

There is only **ONE SINGLE ENVELOPE** for the six week lent period for this year. You may bring your envelopes or boxes during the lent period or at the end of the lent and put them in the collection basket. Thank you.



Project Compassion Sunday
8th and 9th of March 2025

Please donate today.

Project Compassion 2025 shares three stories from around the world. We'll meet **Toefuata'iga** - (*Toy-foo-ah-tah-ing-ah*) from Samoa, **Lam** from Vietnam and **Irene** from the Democratic Republic of the Congo (DRC).

Each of this year's stories reflects diverse challenges, yet they are united by the shared determination to overcome adversity and create better futures for themselves and their communities.

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at: caritas.org.au/project-compassion

Or by calling: 1800 024 413

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson, Harsono Setiawan, Norm Thomas, Steven Robertson, Rev Fr Peter Mao, Lisa Bailey and all others who are not included in this list. *Thank you.*



YOUTH CORNER

Youth Mass — 8 March 2025 @6pm

PARISH MORNING TEA INVITATION



**SUNDAY,
9 MARCH 2025
AFTER 7.30AM MASS**

**ROSTER:
VANESSA KILROE &
CHRISTIE STIPINOVIC**

The Applecross conference of Vinnies is running very low on non-perishable foods. We would appreciate donations to be put in the box in the Church foyer. The latest Vinnies update is at the rear of the Church next to the parish bulletin.



**Stations of the Cross
Fridays during Lent @ 7pm**

SACRAMENT PROGRAMME 2025

If you wish your child to receive the Sacraments of Reconciliation, Eucharist and Confirmation this year, the enrolment forms are now available on the parish website. Please read the important information for parents and download the relevant form and return to the parish office. Payment is via direct debit, details are all on the enrolment form. Applications for all Sacraments **close on Friday, 14 March 2025.**

The Sacrament Programme is parish-based, family-focused and school-supported and the Sacrament team looks forward to working with and welcoming new families to the program.

For further information contact Rosa Ranieri, Sacrament Co-ordinator at

stbenedicts.sacraments@gmail.com

22 March - Joint 50th Year Reunion for BRIGIDINE (Floreat), MARIST (Churchlands) and SIENA (Doubleview).

Year 12 students from graduating year of 1975 (or previous students) for the above Catholic Colleges are warmly invited to attend a joint reunion on **Saturday 22 March 2025 from 2-5pm.** Further info:

Ros (rosbrodie58@gmail.com), John (jm@sujo.com.au) or Sue (suedix1958@gmail.com).

PLEASE PRAY FOR THE RECENTLY DECEASED:

Valerie Walsh - Funeral: Wednesday 12/3/25 @2pm
Nerida Mutter, Giuseppe Argese

ANNIVERSARIES:

Sybil Fernandez, Giuseppe Mattarocchia and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as a **Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our safeguarding.perthcatholic.org.au/training/ to check out the Induction.
- Click on “Safeguarding Level 1 – Induction ONLINE Training”.
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz.

The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2025 Dates coming soon. To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

The **ESPERE programme** offers those who wish to live more happily, an opportunity to open themselves to forgiveness and reconciliation in order to achieve the construction of better family and social relationships, promoting a culture of peace.

Where: St Joseph Pignatelli, 18 Galloway St, Attadale

Forgiveness:

6 Wednesday evenings @6.30pm-8.30pm, on March 5, 12, 19, 26, April 2, 9.

Optional after Easter: Reconciliation:

4 Wednesday evenings @6.30pm-8.30pm, on April 30, May 7, 14, 21.

Cost: \$60 or donation/Registration Weekend Masses 1 and 2 March or by phone or email below.

Further Information: Sr Frances Maguire rsj 0419 801 211 or francesmaguiresrsj@hotmail.com Srs of St Joseph of the Sacred Heart

Presence

I pause for a moment and reflect on God’s life-giving presence in every part of my body, in everything around me, in the whole of my life.

Freedom

“Leave me here freely all alone, in cell where never sunlight shone. Should no one ever speak to me, this golden silence makes me free.” Part of a poem written by a prisoner at Dachau concentration camp.

Consciousness

Holy Spirit, fall afresh on me during this time of prayer. Through You, may I come to know that I am a beloved child of God.

Inspiration

After his baptism, Jesus, filled with the Holy Spirit, is led into a place of solitude for his final preparation for his mission. We read that Jesus invited his apostles to come apart into a quiet place, which was to be with himself. It is helpful for us regularly to go aside from the busyness of life into a quiet place for reflection and prayer.

Temptation is always a question of self-identity. We are defined by what we do rather than what we say. As followers of Christ, we try to live by a certain moral code but there are certain things we still fail to do. Let us pray for the grace to seek and to always do the will of God for us.

Conversation

Friends don’t keep secrets from one another. As I pray, can I look at Jesus as my friend and share my innermost thoughts with Him, trusting that He understands?

Conclusion

I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text.

Amen

CHILDREN’S CORNER

Help Jesus find the right path through the desert and into Galilee. Be wary of temptation along the way!

During the season of Lent, we prepare for Holy week and Easter by focusing on our faith and love for God. Write down some ways you can do this.

Read a passage from Luke’s Gospel every night before I go to bed.

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents’ lawns across the road from the church & the church’s lawns.** Thank you.



NEXT WEEK’S READINGS: Second Sunday of Lent, Yr C

1st: Gen 15: 5-12, 17-18

Ps: 26: 1, 7-9, 13-14

2nd: Phil 3:17– 4:1

Gospel: Lk 9: 28-36



READINGS FOR THE DAY

Entrance Antiphon *Cf Psalm 90:15-16*

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

First Reading *Deuteronomy 26:4-10*

A reading from the book of Deuteronomy

The confession of faith of the elect.

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

Responsorial Psalm *Ps 90:1-2. 10-15. R. v.15*

(R.) Be with me, Lord, when I am in trouble.

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' (R.)
2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. (R.)
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. (R.)
4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory. (R.)

Second Reading *Romans 10:8-13*

A reading from the letter of St Paul to the Romans

The confession of faith of the believers in Christ.

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

Gospel Acclamation *Matthew 4:4*

Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!

Gospel *Luke 4:1-13*

A reading from the holy Gospel according to Luke

Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

Communion Antiphon *Matthew 4:4*

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

MINISTRY SCHEDULE — 15 & 16 MARCH 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	PIERRE SEQUEIRA	STEVEN ROBERTSON	DENIS RIGG	KEN BOWNES
ALTAR SERVERS	DANYCKA FERNANDES DARSHYN & DHIVYEN MANNAR	IHINOLEN & ESEOSE ITOTOH	XAVIER SIA GRACE STEWART LETICIA AVERY	KATHERINE WIBAWA OLIVER & JACOB WONG
COMMENTATORS	ELIAS SANTIMANO	SALLY HOBDAV	VERONICA AVERY	KATRINA MCINNES
COLLECTORS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	JAMES GALVIN	ELIZABETH FEW	OSBORNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	STEFANI CHEN YVONNE GARBIN	ALICE BATY LORNA D'SOUZA	MOIRA BUNN TERESA LEECH	JACKIE WONG ANDREA D'SOUZA
EMOHC	AYLMYR SEQUIERA FRANCES MEYERKORT STEVEN CLAY GERRI CLAY	JACQUIE HERON BRYAN LILLIS Volunteer needed	MARINA CICCARELLI MELISSA TROLIO MARGARET SANDFORD LILI ORIFICI	JOE CINANNI MAISIE CINANNI MARIA HILL YULIANA VAN DER BURG
ALTAR SOCIETY: No Flowers due to Lent			PILGRIM STATUE: BRYAN & FRANCES MEYERKORT	
COUNTERS: MEGAN DOWLING, LYNLEY BIANCUZZO, ANTONELLA HENDERSON & CHRISTIE STIPINOVIC			CHILDREN'S LITURGY: —	