

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 9 FEBRUARY 2025



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Carmel Tick

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## FIFTH SUNDAY IN ORDINARY TIME, YEAR C

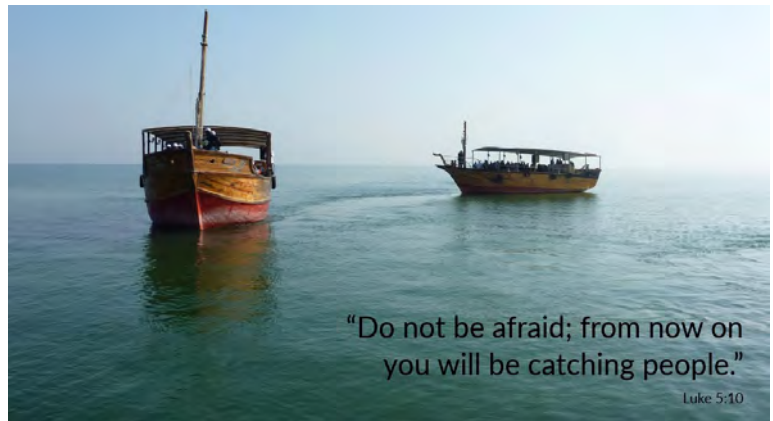
### GOSPEL REFLECTION BY Dianne Bergant CSA

Today we consider the call to continue the mission of Jesus by engaging in some form of ministry. The first and the last readings are call narratives; the epistle contains a statement of the faith that undergirds our response to our call; the psalm response celebrates the gracious goodness of God that makes all this possible.

Our call is more than a summons to faith; it is a call to ministry. Isaiah is called in order to be sent; the fishermen are called in order to gather others to Jesus. So, it is with us. We are called to be sent out to the world. This call comes to us in the ordinariness of life. It will usually come to us as we wash our nets or our dishes, as we teach or raise children, as we prepare a brief for trial or examine a patient, as we repair cars or work at the computer. The call of God comes to us in the ordinariness of life.

We are called to proclaim the message of the resurrection by any and every means possible. Some, like Isaiah and the disciples of Jesus, will witness in open and dramatic ways. They will teach and preach; they will nurse the sick and care for the elderly. Others will witness in less conspicuous ways. They will insist on fair practices in their own workplaces; they will weed out expressions of prejudice and violence so that a new and just world can be fashioned for themselves and for their children. Called in the ordinariness of their lives, they will witness to the death and resurrection in that very ordinariness, thus transforming everything into extraordinariness.

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**PREP COORDINATOR:** Maureen Bright  
Email: [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

**SACRAMENTAL COORDINATOR:** Rosa Ranieri  
Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**Pastoral Care:** Yunita Lay  
Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

**PARISH SAFEGUARDING OFFICERS:**

Marina Ciccarelli & Phil Trueman.

**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



## PARISH NOTICES

### EVENTS

- ◆ 8 FEB — YOUTH MASS @6PM
- ◆ 9 FEB — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: ADELE PARSONS & MEGAN DOWLING)
- ◆ 23 FEB — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 24 FEB TO 5 MAY — ALPHA STARTS AT FR ALBERT LYNCH ROOM, EVERY MONDAY @9AM-10.30AM
- ◆ 4 MAR — ANOINTING MASS @9AM

### YOUTH CORNER

Youth Mass — 8 February 2025 @6pm

### PARISH MORNING TEA INVITATION



**SUNDAY,  
9 FEBRUARY 2025  
AFTER 7.30AM MASS**

**ROSTER:  
ADELE PARSONS &  
MEGAN DOWLING**

## Jubilee 2025

### “Pilgrims of hope”

Let us all enter the Year of Jubilee with a spirit of hope and a renewed understanding that “Hope does not disappoint us, because God’s love has been poured into the hearts through the Holy Spirit.” (Romans 5:5)



May the Jubilee be a moment of genuine personal encounter with the Lord Jesus, the “door” (cf. Jn10:79) of our salvation, whom the Church is charged to proclaim always, everywhere and to all as “our hope” (1 Tim 1:1).

The first **Alpha** course for 2025 will start on **Monday, 24 February 2025 at 9am to 10.30am at Fr Albert Lynch Room in St Benedict Church.**

We invite you to explore ever more deeply, ‘**Is There More To Life than This?**’

If you wish to participate in this course, please add your name to the sheets at the back of the church.

Open to all including parishioners and parents of the school.

### SACRAMENT PROGRAMME 2025

If you wish your child to receive the Sacraments of Reconciliation, Eucharist and Confirmation this year, the enrolment forms are now available on the parish website. Please read the important information for parents and download the relevant form and return to the parish office. Payment is via direct debit, details are all on the enrolment form. Applications for all Sacraments **close on Friday, 14 March 2025.**

The Sacrament Programme is Parish based, family focused and school supported and the Sacrament team looks forward to working with and welcoming new families to the program.

For further information contact Rosa Ranieri, Sacrament Co-ordinator at [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

### PARISH RELIGIOUS EDUCATION PROGRAMME

Our parish runs an intensive after school Parish Religious Education programme (**PREP**) for children in Years 2 to 6 who are not attending Catholic schools.

The programme **also** prepares children for the Sacraments of **First Reconciliation (Year 3), First Communion (Year 4) and Confirmation (Year 6)**. Students should attend at least one full year of instruction prior to the Sacrament year and complete the full year of instruction in the year they receive the Sacrament. Students who enrol late may not be able to receive the Sacrament that year.

Classes run each Wednesday during term starting at 4pm in the church. The programme will be starting on **Wednesday 12 February from 4pm to 5pm**, everyone to meet in the foyer of the Church. You can download the enrolment form online at any time.

We are currently looking for **assistants/helpers to catechists** for the coming year starting in February. Commitment would be on a Wednesday afternoon from 4pm to 5pm and if you feel this is for you, please contact Maureen Bright on 0413 831 357 or Stefani Chen at the parish office on 08 9364 1120. Please give some thought to this very rewarding service to the parish and our children.

### COOKIES, CUPPA & CHAT SUNDAY, 23 FEBRUARY 2025 AFTER 9.30AM MASS



The St Benedict's Craft Group has now resumed for the year. We meet each Wednesday morning at 9.15 am in the Father Albert Lynch room.

Come along, share what you are up to, or even just stay for a cuppa and a chat. All welcome.

### PRAY FOR THE SICK

*Please keep the following people in your prayers:*

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson, Harsono Setiawan, Norm Thomas, Steven Robertson, Rev Fr Peter Mao, Lisa Bailey and all others who are not included in this list. *Thank you.*



### PLEASE PRAY FOR RECENTLY DECEASED:

Kevin Phillips

#### ANNIVERSARIES:

Manuel Jardim, Peter Roberts, Peg Officer, Joyce Wong, Patricia Gramigna, Brian Bradley, Charlie Egleston, David Phillips, Patricia Andrew and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



**19 Feb CATHOLIC EDUCATION WA - CATECHIST TRAINING 2025**

The Initial Formation Course, Part 1 provides Provisional Accreditation for Catechists teaching the Parish Religious Education Program (PREP) in parishes of the Archdiocese of Perth. This seven-week course, commencing in February, offers participants personal faith development and pedagogical skills for working with and teaching children. Content covered includes the mandated Archdiocesan curriculum and sacrament preparation. To register and further info; email Catechist Service, [catechist@cewa.edu.au](mailto:catechist@cewa.edu.au) or 08 9380 1624.

**26 Feb THE PRAYER OF LIBERATION AND INTERCESSORY MINISTRY - HEALING HOLY MASS**

**Wednesday 26 February 6.30pm to 9pm, Immaculate Heart of Mary Parish, 104 Scarborough Beach Road, Scarborough. Confession, Adoration Rosary and Healing Holy Mass celebrated by Fr Christian Irdi. Further info; visit: [www.prayerlim.org](http://www.prayerlim.org) or John Mutoya 0404 194 788.**

**SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)**

The Safeguarding Level 1 Induction is now available as a **Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our [safeguarding.perthcatholic.org.au/training/](http://safeguarding.perthcatholic.org.au/training/) to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz. The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

**SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)**

**2025 Dates coming soon. To register <https://safeguarding.perthcatholic.org.au/training/#induction>.**

**Further info: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.**

**Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.**

**Presence**

"I stand at the door and knock," says the Lord. (Revelation 3:20). What a wonderful privilege that the Lord of all creation desires to come to me. I welcome His presence.

**Freedom**

Lord, grant me the grace to be free from the excesses of this life. Let me not get caught up with the desire for wealth. Keep my heart and mind free to love and serve You.

**Consciousness**

Lord, grant that I may always desire to spend time in Your presence. May I not forget Your goodness to me. Guide me to share Your blessings with others.

**Inspiration**

Peter and his companions had fished all night but had caught nothing. Tired and discouraged, they could have asked, 'What's the point?' But because Jesus had asked them to throw out the nets again, they obeyed him and had huge success. If at first we don't succeed, try and try again. Being a Christian is about trying to be a Christian. For us, praying is always about trying to pray. We must never give it up. Jesus has told us in the story of the vine and the branches, 'Without me, you can do nothing.' Together with him, we can achieve whatever is asked of us in life. Let us pray for a deeper trust in him.

**Conversation**

Conversation requires talking and listening. As I talk to Jesus may I also learn to be still and listen. I picture the gentleness in His eyes and the smile full of love as He gazes on me. I can be totally honest with Jesus as I tell Him of my worries and my cares. I will open up my heart to Him as I tell Him of my fears and my doubts. I will ask Him to help me to place myself fully in His care, to abandon myself to Him, knowing that He always wants what is best for me.

**Conclusion**

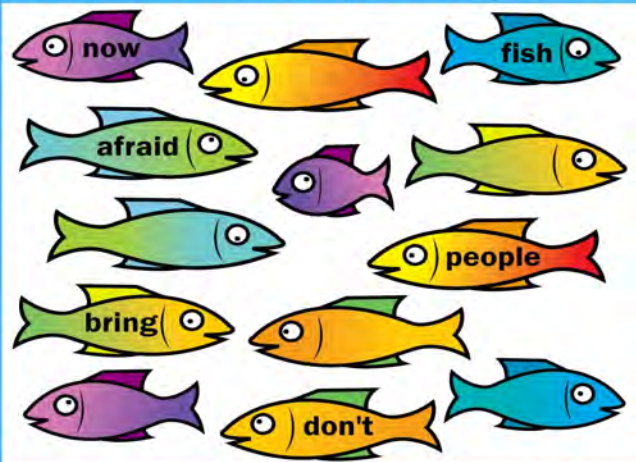
I thank God for His gift of love as I go forth with joy and hope to serve His people. **Amen**

CHILDREN'S CORNER

Peter had almost given up on catching fish when Jesus told them to let down their nets one more time. Fill the nets with fish!



Use the words in the fish to complete the sentence below....



\_\_\_ be \_\_\_! From \_\_\_ on you will \_\_\_ in \_\_\_ instead of \_\_\_.

**Church/School Parking – Reminder**

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** Thank you.



**NEXT WEEK'S READINGS: Sixth Sunday in Ord Time, Yr C**

**1st:** Jer 17:5-8

**Ps:** 1:1-4

**2nd:** 1 Cor 15:12, 16-20

**Gospel:** Lk 6:17, 20-26



READINGS FOR THE DAY

**Entrance Antiphon** *Psalm 94:6-7*

O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.

**First Reading** *Isaiah 6:1-8*

A reading from the prophet Isaiah

*Here am I! Send me.*

In the year of King Uzziah's death I saw the Lord seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings.

And they cried out to one another in this way,

'Holy, holy, holy is the Lord of hosts.  
His glory fills the whole earth.'

The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said:

'What a wretched state I am in! I am lost,  
for I am a man of unclean lips  
and I live among a people of unclean lips,  
and my eyes have looked at the King, the Lord of hosts.'

Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said:

'See now, this has touched your lips,  
your sin is taken away,  
your iniquity is purged.'

Then I heard the voice of the Lord saying:

'Whom shall I send? Who will be our messenger?'

I answered, 'Here I am, send me.'

**Responsorial Psalm** *Ps 137:1-5. 7-8. R. v.1*

*(R.)* In the sight of the angels I will sing your praises, Lord.

1. I thank you, Lord, with all my heart,  
you have heard the words of my mouth.  
Before the angels I will bless you.  
I will adore before your holy temple. *(R.)*
2. I thank you for your faithfulness and love  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul. *(R.)*
3. All earth's kings shall thank you  
when they hear the words of your mouth.  
They shall sing of the Lord's ways;  
'How great is the glory of the Lord!' *(R.)*
4. You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hands. *(R.)*

**Second Reading (Shorter Form)** *1 Corinthians 15:3-8, 11*

A reading from the first letter of St Paul to the Corinthians

*I preach what they preach, and this is what you believe.*

In the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures; that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it. But what matters is that I preach what they preach, and this is what you all believed.

**Gospel Acclamation** *Matthew 4:19*

Alleluia, alleluia!

Come follow me, says the Lord,  
and I will make you fishers of my people.

Alleluia!

**Gospel** *Luke 5:1-11*

A reading from the holy Gospel according to Luke

*They left everything and followed him.*

Jesus was standing one day by the lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats – it was Simon's – and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat.

When he had finished speaking he said to Simon, 'Put out into deep water and pay out your nets for a catch.' 'Master,' Simon replied 'we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.' And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees of Jesus saying, 'Leave me Lord; I am a sinful man.' For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon's partners. But Jesus said to Simon, 'Do not be afraid; from now on it is men you will catch.' Then, bringing their boats back to land, they left everything and followed him.

**Communion Antiphon** *Cf Psalm 106:8-9*

Let them thank the Lord for his mercy,  
his wonders for the children of men,  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.

MINISTRY SCHEDULE — 15 & 16 FEBRUARY 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	ADRI SUDJANA	MATTHEW TLOCZEK	DOMINIC LONGO	KEN BOWNES
ALTAR SERVERS	ETHAN GATCHALIAN JAKE & JOSHUA GOLDING	GRACE STEWART IHINOLEN & ESEOSE ITOTOH	XAVIER SIA CHARMAINE VOGLER LETICIA AVERY	HAILEY CORREIA VALERIE & RAPHAEL WIBAWANTA
COMMENTATORS	MILDRED REGO	ALICE BATY	VERONICA AVERY	MAUREEN BRIGHT
COLLECTORS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	JAMES GALVIN	ELIZABETH FEW	OSBORNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	YVONNE GARBIN AYLMYR SEQUEIRA	FRANK GERICEVICH MONICA ANDERSON	MARINA CICCARELLI PAUL CICCARELLI	MAISIE CINANNI GLENDA BEUKES
EMOHC	MILDRED REGO STEVEN CLAY GERRI CLAY PHIL TRUEMAN	TINA CAMMARANO ANGELA SCOTT <b>Volunteer needed</b>	MOIRA BUNN RUTH THORN MARGARET HANDYSIDE CARMEL RECHICHI	KEVIN AUTON OSBORNE D'SOUZA JILL NORTON DONNA ARTINGSTALL
ALTAR SOCIETY: ANGELA NANKIVELL, COLLEEN VALLINI & FRANCESCA VALLINI			PILGRIM STATUE: IONE & DESMOND COORAY	
COUNTERS: HELEN OAKLEY, JESSIE TAN, ANNE BANKS, BERNADETTE O'BRIEN, JENNIFER DI GIOVANNI & CONNIE BOVE			CHILDREN'S LITURGY: —	