

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 2 FEBRUARY 2025



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): applecross@perthcatholic.org.au

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): office.applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Carmel Tick

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

THE PRESENTATION OF THE LORD, YEAR C

GOSPEL REFLECTION BY Fr Michael Tate

The Word of God for young and old

In a time (in the Western world at least) when there seems to be a growing gap between the old and the young, it is good to reflect on this Gospel incident.

A young woman, still in her teens, a newly-wed cradling her newborn son in her arms, places that baby in the arms of a very old stranger who embraces her child with all the fervour of a *now* fulfilled hope.

Is this the model for overcoming the distance between young and old in our culture? Can the young, like Mary, listen to the wisdom of tradition from an elder? Can the old like Simeon still be open to a moment of serendipity mediated by the young?

The answer is: 'Yes, when young and old come together around Jesus.' As Pope Francis remarks of this encounter: 'Jesus is at the centre.' (*Homily 2 Feb 2018*)

At whatever age we find ourselves, Mary is only too willing to place Jesus in *our* arms to fulfil our hopes and our yearnings.

Perhaps we could pause for a moment to accept the gift of Jesus placed in our arms and hearts so that we can say with Simeon:

'Now, Master, you can let your servant go in peace...'

@ Fr Michael Tate



PREP COORDINATOR: Maureen Bright
Email: office.applecross@perthcatholic.org.au

SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli & Phil Trueman.

Email contact:

applecross.safeguarding@gmail.com



PARISH NOTICES

EVENTS

- ◆ 7 FEB — FIRST FRIDAY FRIENDS @11AM
- ◆ 8 FEB — YOUTH MASS @6PM
- ◆ 9 FEB — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: ADELE PARSONS & MEGAN DOWLING)
- ◆ 23 FEB — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 4 MAR — ANOINTING MASS @9AM

Concluding Rites

If needed, announcements are made before the celebrant blesses the gathered assembly. Sometimes the blessing is brief, on special occasions it may be more elaborate. Regardless of its length, the blessing always ends with the words, "in the name of the Father, and of the Son, and of the Holy Spirit." Our blessing is rooted in the triune God and symbolized by the sign of the cross.

Following the blessing, the deacon (if in attendance) dismisses the congregation. This dismissal is the very essence of the liturgy's name. The term "Mass" is derived from the Latin word "Missa," which was once used in the phrase "Ite, missa est," meaning "Go, you are sent." The word "Missa" stems from "missio," the origin of the English word "mission." Thus, the liturgy doesn't simply conclude; it sends the participants forth to share the blessings and fruits of the Eucharist with the world.

Our Lady of Sorrows Prayer Group will re-commence on Thursday 6th February. All are invited to attend and bring a friend if you wish. We meet in the **Albert Lynch Room at 1pm and finish at 2.30pm with a cuppa**, just in time for you to meet your children at the end of the school day. Father Nelson will bless our Candle at the beginning of the First Prayer Group and this year we will be focusing on being Salt and Light in our Community, Lectio and the Jubilee Year.

Do think about joining our group as it is a beautiful way to grow your Faith Life and make wonderful friends - we have been growing together since 1988 and have bloomed exactly where we are planted and we have a lot of wisdom we would love to share. Contact Judy Phillips for further information: 08 9364 9249 or 0420 246 741.

The first **Alpha** course for 2025 will start on **Monday, 24 February 2025 at 9am to 10.30am at Fr Albert Lynch Room in St Benedict Church.**

We invite you to explore ever more deeply, **'Is There More To Life than This?'**

If you wish to participate in this course, please add your name to the sheets at the back of the church.

Open to all including parishioners and parents of the school.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson, Harsono Setiawan, Norm Thomas, Steven Robertson, Rev Fr Peter Mao, Lisa Bailey and all others who are not included in this list. *Thank you.*



YOUTH CORNER

Youth Mass — 8 February 2025 @6pm

PARISH RELIGIOUS EDUCATION PROGRAMME

Our parish runs an intensive after school Parish Religious Education programme (**PREP**) for children in Years 2 to 6 who are not attending Catholic schools.

The programme **also** prepares children for the Sacraments of **First Reconciliation (Year 3), First Communion (Year 4) and Confirmation (Year 6)**. Students should attend at least one full year of instruction prior to the Sacrament year and complete the full year of instruction in the year they receive the Sacrament. Students who enrol late may not be able to receive the Sacrament that year.

Classes run each Wednesday during term starting at 4pm in the church. The programme will be starting on **Wednesday 12 February from 4pm-5pm**, everyone to meet in the foyer of the Church. You can download the enrolment form online at any time.

We are currently looking for **assistants/helpers to catechists** for the coming year starting in February. Commitment would be on a Wednesday afternoon from 4pm to 5pm and if you feel this is for you, please contact Maureen Bright on 0413 831 357 or Stefani Chen at the parish office on 08 9364 1120. Please give some thought to this very rewarding service to the parish and our children.



FIRST FRIDAY FRIENDS

The next First Friday Friends function on **7 February** will be a normal gathering @11am in the Albert Lynch room.

All are welcome to attend and if you are staying for lunch please bring along a savoury plate to share. Any queries just give Maureen a ring on 0413 831 357.

PARISH MORNING TEA INVITATION



SUNDAY, 9 FEBRUARY 2025 AFTER 7.30AM MASS

ROSTER: ADELE PARSONS & MEGAN DOWLING

COOKIES, CUPPA & CHAT SUNDAY, 23 FEBRUARY 2025 AFTER 9.30AM MASS



PLEASE PRAY FOR RECENTLY DECEASED:

Kevin Phillips

ANNIVERSARIES:

Patricia Arnold, Daniel Alvaro, Barbara Potter and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



19 Feb CATHOLIC EDUCATION WA - CATECHIST TRAINING 2025

The Initial Formation Course, Part 1 provides Provisional Accreditation for Catechists teaching the Parish Religious Education Program (PREP) in parishes of the Archdiocese of Perth. This seven-week course, commencing in February, offers participants personal faith development and pedagogical skills for working with and teaching children. Content covered includes the mandated Archdiocesan curriculum and sacrament preparation. To register and further info; email Catechist Service, catechist@cewa.edu.au or 08 9380 1624.

26 Feb THE PRAYER OF LIBERATION AND INTERCESSORY MINISTRY - HEALING HOLY MASS

Wednesday 26 February 6.30pm to 9pm, Immaculate Heart of Mary Parish, 104 Scarborough Beach Road, Scarborough. Confession, Adoration Rosary and Healing Holy Mass celebrated by Fr Christian Irdi. Further info; visit: www.prayerlim.org or John Mutoya 0404 194 788.

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as a **Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our safeguarding.perthcatholic.org.au/training/ to check out the Induction.
- Click on "Safeguarding Level 1 – Induction ONLINE Training".
- Watch the Presentation Video.
- Proceed to Step 2 to register personal details and complete the quiz. The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2025 Dates coming soon. To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

Presence

As I sit here, the beating of my heart, the ebb and flow of my breathing, the movements of my mind, are all signs of God's ongoing creation of me. I pause for a moment, and become aware of this presence of God within me.

Freedom

I try to let go of any prejudices and narrow-mindedness that may be clouding my vision at this present moment.

I hand them over to God's merciful care, so I can pray in freedom, truth and clarity.

Consciousness

There is a time and place for everything, as the saying goes.

Lord, grant that I may always desire to spend time in Your presence, to hear Your call.

Inspiration

Simeon, enlightened by the Holy Spirit, recognises Jesus as the Messiah. He prophesies that he will be opposed. No human life is without its difficulties. To be true followers of Jesus we must take up our cross daily.

Mary's own sword of sorrow will take her to the foot of the cross to be present at her Son's execution. Her yes to God at the Annunciation included all that would happen in her life. We pray to accept all the events of our own lives and to see and accept them from the hands of God.

Conversation

Dear Lord, help me each day to seek Your presence more and more. Fill my heart with love for You.

Conclusion

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end.

Amen

CHILDREN'S CORNER

Lord, I am your servant

The Presentation of the Lord

Mary and Joseph had to travel from Nazareth to Jerusalem to take baby Jesus to the temple. Help them find their way.

What are some of the things families do after they have a baby?

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** Thank you.



NEXT WEEK'S READINGS: Fifth Sunday in Ord Time, Yr C

1st: Is 6:1-8

P: 137:1-5, 7-8

2nd: 1 Cor 15:1-11

Gospel: Lk 5:1-11



READINGS FOR THE DAY

Entrance Antiphon Cf *Psalm 47:10-11*

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

First Reading *Malachi 3:1-4*

A reading from the prophet Malachi

The Lord whom you seek will come to his temple.

The Lord God says this: Look, I am going to send my messenger to prepare a way before me. And the Lord you are seeking will suddenly enter his temple; and the angel of the covenant whom you are longing for, yes, he is coming, says the Lord of hosts. Who will be able to resist the day of his coming? Who will remain standing when he appears? For he is like the refiner's fire and the fuller's alkali. He will take his seat as refiner and purifier; he will purify the sons of Levi and refine them like gold and silver, and then they will make the offering to the Lord as it should be made. The offering of Judah and Jerusalem will then be welcomed by the Lord as in former days, as in the years of old.

Responsorial Psalm *Ps 23:7-10. R. v.10*

(R.) Who is this king of glory? It is the Lord!

1. O gates, lift up your heads;
grow higher, ancient doors.
Let him enter, the king of glory! (R.)
2. Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war. (R.)
3. O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory! (R.)
4. Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory. (R.)

Second Reading *Hebrews 2:14-18*

A reading from the letter to the Hebrews

He had to be made like us in all things.

Since all the children share the same blood and flesh, Jesus too shared equally in it, so that by his death he could take away all the power of the devil, who had power over death, and set free all those who had been held in slavery all their lives by the fear of death. For it was not the angels that he took to himself; he took to himself descent from Abraham. It was essential that he should in this way become completely like his brothers so that he could be a compassionate and trustworthy high priest of God's religion, able to atone for human sins. That is, because he has himself been through

temptation he is able to help others who are tempted.

Gospel Acclamation *Luke 2:32*

Alleluia, alleluia!
This is the light of revelation to the nations,
and the glory of your people Israel.
Alleluia!

Gospel *Luke 2:22-40*

A reading from the holy Gospel according to Luke

My eyes have seen your saving power.

When the day came for them to be purified as laid down by the Law of Moses, the parents of Jesus took him up to Jerusalem to present him to the Lord – observing what stands written in the Law of the Lord: Every first-born male must be consecrated to the Lord – and also to offer in sacrifice, in accordance with what is said in the Law of the Lord, a pair of turtle-doves or two young pigeons. Now in Jerusalem there was a man named Simeon. He was an upright and devout man; he looked forward to Israel's comforting and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death until he had set eyes on the Christ of the Lord. Prompted by the Spirit he came to the Temple; and when the parents brought in the child Jesus to do for him what the Law required, he took him into his arms and blessed God, and he said:

'Now, Master, you can let your servant go in peace, just as you promised; because my eyes have seen the salvation which you have prepared for all the nations to see, a light to enlighten the pagans and the glory of your people Israel.'

As the child's father and mother stood there wondering at the things that were being said about him, Simeon blessed them and said to Mary his mother, 'You see this child: he is destined for the fall and for the rising of many in Israel, destined to be a sign that is rejected – and a sword will pierce your own soul too – so that the secret thoughts of many may be laid bare.'

There was a prophetess also, Anna the daughter of Phanuel, of the tribe of Asher. She was well on in years. Her days of girlhood over, she had been married for seven years before becoming a widow. She was now eighty-four years old and never left the Temple, serving God night and day with fasting and prayer. She came by just at that moment and began to praise God; and she spoke of the child to all who looked forward to the deliverance of Jerusalem.

When they had done everything the Law of the Lord required, they went back to Galilee, to their own town of Nazareth. Meanwhile the child grew to maturity, and he was filled with wisdom; and God's favour was with him.

Communion Antiphon *Luke 2:30-31*

My eyes have seen your salvation,
which you prepared in the sight of all the peoples.

MINISTRY SCHEDULE — 8 & 9 FEBRUARY 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	SIMON CARRICK	STEVEN ROBERTSON	DENIS RIGG	MARK WELSH
ALTAR SERVERS	ETHAN TSIA JAKE & JOSHUA GOLDING	OLIVIA & JOEL DOWLING	JERARD, JONAH & JORDAN VINCENT	KATHERINE WIBAWA OLIVER & JACOB WONG
COMMENTATORS	YOUTH MASS	LORNA D'SOUZA	PAUL CICCARELLI	KATRINA MCINNIS
COLLECTORS	YOUTH MASS	ADRIAN DARGIE	TERRY BOLAND ROGER BUNN	JOE CINANNI PAUL BELVISO GRAHAM KNIGHT
READERS	YOUTH MASS	ANGELA SCOTT ALICE BATY	PATRICIA ROBERTSON NICOLE PARKER	JACKIE WONG KELVIN GRACE
EMOHC	YOUTH MASS	JACQUIE HERON MONICA ANDERSON <i>Volunteer needed</i>	RUTH THORN JUDY PHILLIPS MARGARET SANDFORD LILI ORIFICI	JOE CINANNI MAISIE CINANI MARIA HILL YULIANA VAN DER BURG
ALTAR SOCIETY: JENNIFER DI GIOVANNI			PILGRIM STATUE: MARIBEL & HENRY VILLEGAS	
COUNTERS: MARGARETH ALBUQUERQUE, YULIANA VAN DER BURG, ELIZABETH NORONHA & SUCHITA RATHAKRISHNAN			CHILDREN'S LITURGY: —	