

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 19 JANUARY 2025



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): applecross@perthcatholic.org.au

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): office.applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Carmel Tick

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

2ND SUNDAY IN ORDINARY TIME, YEAR C

GOSPEL REFLECTION BY Nick Brodie

Discretion, Pope Francis says, is a theme which runs through this Sunday's Gospel. It is a recurring motif in the story of the wedding at Cana.

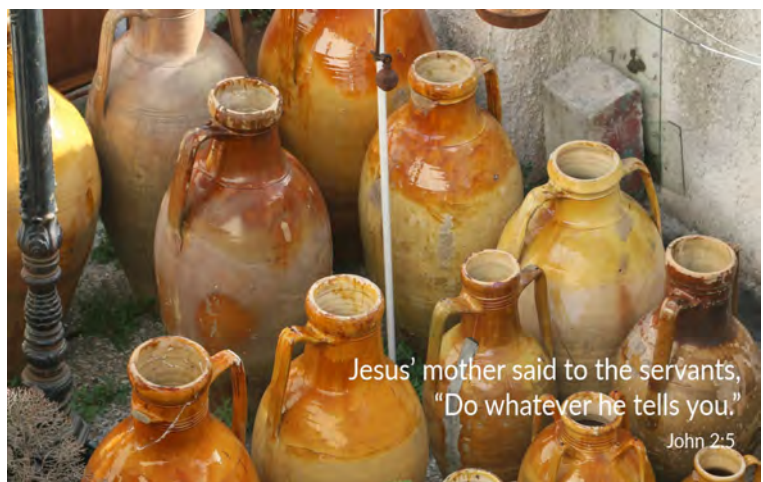
'Everything took place with discretion,' the Pope stresses, beginning with Mary's low-key turn to Jesus for help. 'It is Our Lady who became aware of the problem,' the Pope points out, 'and discreetly brought it to Jesus' attention.' Then Jesus himself, as the Pope puts it, 'intervened without fanfare, almost without being noticed.'

In highlighting these discreet actions, the Pope wants us to appreciate that the miracle took place 'behind the scenes' in a most unexpected corner of the wedding feast. Jesus was not making some flamboyant gesture designed to attract attention and adulation.

'This,' the Pope explains, 'is how God acts: with closeness and with discretion... This is how Jesus is – he helps us, serves us in hiddenness.'

Which means that we too should be open to serving the world with discretion and hiddenness. Like Jesus, we would do well to start evangelising the world with what the Pope characterised as 'a domestic gesture' that meets a real need. We might not turn water into wine, but we can surely do something to make our world a little bit brighter.

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Jesus' mother said to the servants,
"Do whatever he tells you."

John 2:5

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SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli & Phil Trueman.

Email contact:

applecross.safeguarding@gmail.com



PARISH NOTICES

EVENTS

- ◆ 7 FEB — FIRST FRIDAY FRIENDS @11AM
- ◆ 8 FEB — YOUTH MASS @6PM
- ◆ 9 FEB — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: ADELE PARSONS & MEGAN DOWLING)
- ◆ 23 FEB — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS

Liturgy of the Eucharist (Part A)

The Liturgy of the Eucharist begins with the preparation of the gifts and the altar. As the altar is prepared by the ministers, representatives of the congregation present the bread and wine, which will become the Body and Blood of Christ. The celebrant blesses and praises God for these offerings, placing them on the altar. Alongside the bread and wine, monetary gifts for the Church and aid to the poor may also be offered.

Once the gifts and altar are ready, the Eucharistic Prayer commences. This prayer of thanksgiving is the core of the Liturgy of the Eucharist. Here, the celebrant, acting in the person of Christ as the head of the Church, gathers the bread, wine, and the substance of our lives, uniting them with Christ's perfect sacrifice and offering them to the Father.

The prayer begins with a brief dialogue and the Preface. The Preface recounts God's marvelous deeds throughout history and in our lives, offering thanks for His blessings. It concludes with the *Sanctus*, a hymn in which the assembly joins the angels in praising God, echoing the words of Isaiah 6:3.

The next section of the Eucharistic Prayer is the *epiclesis*. During this moment, the priest invokes the Holy Spirit, asking that the bread and wine become the Body and Blood of Christ. This same Spirit transforms those gathered, fostering unity with one another, with the Church, and with Christ.

The prayer proceeds to the institution narrative and consecration. This recalls Jesus' actions at the Last Supper, when He blessed bread and wine, offering them to His disciples as His Body and Blood. In the Eucharistic celebration, through the priest's words and the Holy Spirit's action, the bread and wine are again transformed into the Body and Blood of Christ.

Following this is the *anamnesis*, a proclamation of remembrance. The assembly recalls Christ's saving death and resurrection, affirming the mystery of faith. The celebrant continues to recount God's saving work in Christ.

Next is the *offering*. The priest unites the offering of the Mass with Jesus' perfect sacrifice on the cross. He presents this offering to God the Father in thanksgiving for His gifts, especially the gift of salvation. The priest also prays for the Holy Spirit to transform the faithful, that they may become a living offering to God as they partake in the Body and Blood of Christ.

This is followed by the *intercessions*, where prayers are offered for the living and the dead, for Church leaders, and for the faithful, trusting in God's loving care.

The Eucharistic Prayer concludes with the Final Doxology. The celebrant offers the prayer through, in, and with Christ, in union with the Holy Spirit, to God the Father. The assembly responds with the *Great Amen*, a joyful declaration of faith and participation in this sacred act of praise.

YOUTH CORNER

Youth Mass — 8 February 2025 @6pm

PARISH RELIGIOUS EDUCATION PROGRAMME (PREP)

Our parish runs an intensive after school Religious Education programme for children in Years 2 to 6 who are not attending Catholic schools. The programme **also** prepares children for the Sacraments of **First Reconciliation (Year 3), First Communion (Year 4) and Confirmation (Year 6)**. Students should attend at least one full year of instruction prior to the Sacrament year and complete the full year of instruction in the year they receive the Sacrament. Students who enrol late may not be able to receive the Sacrament that year.

Classes run each Wednesday during term starting at 4pm in the church. The programme will be starting on **Wednesday 12 February from 4pm-5pm**, everyone to meet in the foyer of the Church. You can download the enrolment form online at any time.

We are currently looking for **assistants/helpers to catechists** for the coming year starting in February. Commitment would be on a Wednesday afternoon from 4pm to 5pm and if you feel this is for you, please contact Maureen Bright on 0413 831 357 or Stefani Chen at the parish office on 08 9364 1120. Please give some thought to this very rewarding service to the parish and our children.

St Benedict's Website (Please check it out)

We upload our weekly bulletin on Saturday and Rosters a few days before the quarter starts.

Baptism, Sacraments and Parish Religious Education Programme (PREP) forms are also at our website.

PLANNED GIVING (2ND COLLECTION):

Parish income for the 6 months ended 31/12/24 was 105% of the budgeted income for the same period and 56% of the annual budgeted income. Thank you for your generosity and commitment to the Parish.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson, Harsono Setiawan, Norm Thomas, Steven Robertson and all others who are not included in this list. *Thank you.*



PLEASE PRAY FOR RECENTLY DECEASED:

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ANNIVERSARIES:

Julie Walton, Ann Williams, Corrado Di Giovanni, Frances Ryan, Margaret Cashmore, Candida Crispino-Nardone, Betty Smith and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



22 Jan MIRACLE PRAYERS

The next Miracle Prayers healing service will be held on **Wednesday 22 January @7.30pm, at St Anthony's Parish, Wanneroo**. Come along and hear Lisa Archer speak about "The Fear of the Lord." There will be an opportunity to receive prayer for healing and personal intentions from experienced prayer ministers, and the Sacrament of Reconciliation will also be available. **Further info;** visit www.youtube.com/miracleprayersperth or 0404 028 298.

ORGAN APPEAL DONATIONS - DIVINE MERCY CHURCH - LOWER CHITTERING

The Divine Mercy Church, Lower Chittering are requesting donations for restoration and installation of an Historic Pipe Organ. All donations are tax-deductible. For more details and how to donate please go to divinemercyshrine.com.au/donate/. **Further info;** Fr Paul Fox 0427 085 093.

29 Jan GALA FOR LIFE - FUNDRAISING FOR PREGNANCY ASSISTANCE - BUNBURY

A fun and glamorous evening and fundraising for Pregnancy Assistance, sponsored by Mt Lawley Gold club and more. **Wednesday 29 January @6pm, Mt Lawley Gold club, 1 Walter Road, Inglewood**. Tickets on sale soon. **Further info;** Bridget 0408 496 610.

SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)

The Safeguarding Level 1 Induction is now available as a **Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our safeguarding.perthcatholic.org.au/training/ to check out the Induction.
 - Click on "Safeguarding Level 1 – Induction ONLINE Training".
 - Watch the Presentation Video.
 - Proceed to Step 2 to register personal details and complete the quiz.
- The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)

2025 Dates coming soon. To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.

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Presence

Dear Lord, as I come to You today, fill my heart and my whole being with the wonder of Your presence.

Freedom

By God's grace I was born to live in freedom, free to enjoy the pleasures He created for me. Dear Lord, grant that I may live as You intended, with complete confidence in Your loving care.

Consciousness

Knowing that God loves me unconditionally, I look honestly over the last day, its events and my feelings.

Do I have something to be grateful for?

Then I give thanks.

Is there something I am sorry for?

Then I ask forgiveness.

Inspiration

In our Christian lives there are times for joyful celebration and being in the company of friends. The presence of Jesus and his Mother was truly a blessing for this young couple as they began married life. May we invite the Lord into all the events of our lives.

Mary the Mother of Jesus has been given to us as our mother too, and she takes her role seriously, as we know from her apparitions to us over the centuries. Here we see her compassion for this young couple and her complete trust in her Son. She will be no different with us and will always bring us closer to her Son. Let us speak to her now or prayerfully repeat the words of the Memorare.

Conversation

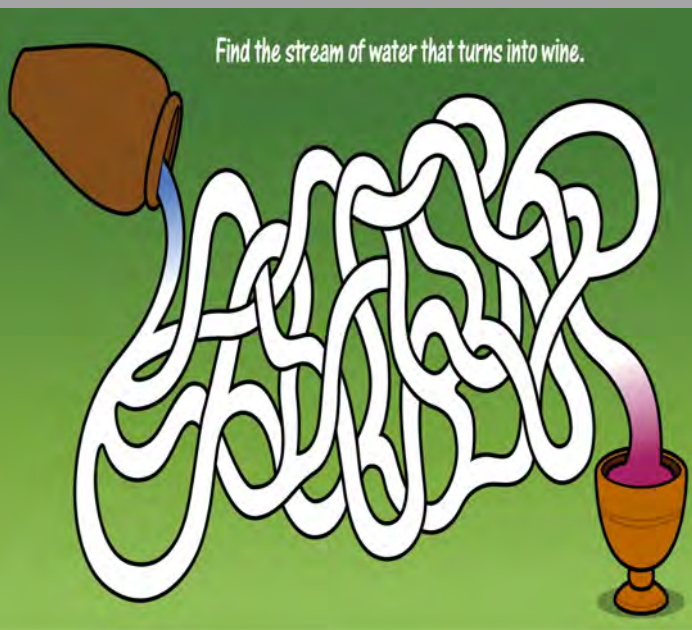
Your own words, Lord, taught me how to pray. The beautiful "Our Father" contains all I would wish to say.

Conclusion

I thank God for His gift of love as I go forth with joy and hope to serve His people.

Amen

CHILDREN'S CORNER



After the wedding at Cana, Jesus performed many more miracles. Draw Jesus performing three other miracles.

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** Thank you.



NEXT WEEK'S READINGS: 3rd Sunday in Ordinary Time, Yr C

1st: Neh 8:2-6, 8-10

Ps: 18:8-10, 15

2nd: 1 Cor 12:12-30

Gospel: Lk 1:1-4, 4:14-21



READINGS FOR THE DAY

Entrance Antiphon *Psalm 65:4*

All the earth shall bow down before you, O God,
and shall sing to you,
shall sing to your name, O Most High!

First Reading *Isaiah 62:1-5*

A reading from the prophet Isaiah

As the bridegroom rejoices in his bride, so will your God rejoice in you.

About Zion I will not be silent,
about Jerusalem I will not grow weary,
until her integrity shines out like the dawn
and her salvation flames like a torch.

The nations then will see your integrity,
all the kings your glory,
and you will be called by a new name,
one which the mouth of the Lord will confer.
You are to be a crown of splendour in the hand of the Lord,
a princely diadem in the hand of your God;
no longer are you to be named 'Forsaken',
nor your land 'Abandoned',
but you shall be called 'My Delight'
and your land 'The Wedded';
for the Lord takes delight in you
and your land will have its wedding.
Like a young man marrying a virgin,
so will the one who built you wed you,
and as the bridegroom rejoices in his bride,
so will your God rejoice in you.

Responsorial Psalm *Ps 95:1-3, 7-10. R. v.3*

(R.) Proclaim his marvellous deeds to all the nations.

1. O sing a new song to the Lord,
sing to the Lord all the earth.
O sing to the Lord, bless his name. (R.)
2. Proclaim his help day by day,
tell among the nations his glory
and his wonders among all the peoples. (R.)
3. Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name. (R.)
4. Worship the Lord in his temple.
O earth, tremble before him.
Proclaim to the nations: 'God is king.'
He will judge the peoples in fairness. (R.)

Second Reading *1 Corinthians 12:4-11*

A reading from the first letter of St Paul to the Corinthians

One and the same spirit distributes different gifts as he chooses.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. One may have the gift of preaching with wisdom given him by the Spirit; another may have the gift of preaching instruction given him by the same Spirit; and another the gift of faith given by the same Spirit; another again the gift of healing, through this one Spirit; one, the power of miracles; another, prophecy; another the gift of recognising spirits; another the gift of tongues and another the ability to interpret them. All these are the work of one and the same Spirit, who distributes different gifts to different people just as he chooses.

Gospel Acclamation *See 2 Thessalonians 2:14*

Alleluia, alleluia!
God has called us with the gospel
to share in the glory of our Lord Jesus Christ.
Alleluia!

Gospel *John 2:1-11*

A reading from the holy Gospel according to John

The first of the signs given by Jesus was at Cana in Galilee.

There was a wedding at Cana in Galilee. The mother of Jesus was there, and Jesus and his disciples had also been invited. When they ran out of wine, since the wine provided for the wedding was all finished, the mother of Jesus said to him, 'They have no wine.' Jesus said, 'Woman, why turn to me? My hour has not come yet.' His mother said to the servants, 'Do whatever he tells you.' There were six stone water jars standing there, meant for the ablutions that are customary among the Jews; each could hold twenty or thirty gallons. Jesus said to the servants, 'Fill the jars with water,' and they filled them to the brim. 'Draw some out now' he told them, 'and take it to the steward.' They did this; the steward tasted the water, and it had turned into wine. Having no idea where it came from – only the servants who had drawn the water knew – the steward called the bridegroom and said, 'People generally serve the best wine first, and keep the cheaper sort till the guests have had plenty to drink, but you have kept the best wine till now.'

This was the first of the signs given by Jesus: it was given at Cana in Galilee. He let his glory be seen, and his disciples believed in him.

Communion Antiphon *Cf Psalm 22:5*

You have prepared a table before me,
and how precious is the chalice that quenches my thirst.

MINISTRY SCHEDULE — 25 & 26 JANUARY 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	MIKE TARANTO	BARRY FARRELL	PRAVIN PAUL SUPPIAH	ROB PAUL
ALTAR SERVERS	DANYCKA FERNANDES LEO & DOMENICO DE FELICE	JERARD, JONAH & JORDAN VINCENT	LETICIA AVERY DANIEL & CHRISTIAN VINCI	SACHA AUTON NOEL & ELOUISE LIU
COMMENTATORS	MIDRED REGO	SALLY HOBDAY	TERRY BOLAND	MAISIE CINANNI
COLLECTORS	STEFANI CHEN STEPHEN DONOVAN	ANTHONY LIM	ROGER BUNN LILI ORIFICI	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	LEO REGO YVONNE GARBIN	FRANK GERICEVICH ADELE PARSONS	GERARD DE SOUZA PAULO SEARSON	MAUREEN BRIGHT KELVIN GRACE
EMOHC	STEFANI CHEN MEGAN DOWLING KELLY DWYER MICHELLE CARRICK	MONICA ANDERSON BRYAN LILLIS <i>Volunteer needed</i>	MARGARET SANDFORD LILI ORIFICI MOIRA BUNN RUTH THORN	JILL NORTON YULIANA VAN DER BURG KEVIN AUTON DONNA ARTINGSTALL
ALTAR SOCIETY: MILDRED REGO & MARY FERNANDES			PILGRIM STATUE: ANNE ANDRIANI	
COUNTERS: BARRY FARRELL, KEVIN WRINGE, & HELEN VESTER			CHILDREN'S LITURGY: —	