

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 12 JANUARY 2025



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm (except school holidays)

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Carmel Tick

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## THE BAPTISM OF THE LORD, YEAR C

### GOSPEL REFLECTION BY Fr Michael Tate

#### Jesus' Baptism is Ours

What did it mean for Jesus to come up out of the waters of the Jordan to experience the special presence of the Holy Spirit as though it were a dove, gently hovering over him? As a Jew, he would have been reminded both of the Divine Wind hovering over the void-become-creation, and of the dove bearing an olive twig as God restored humanity's life on earth after the Flood. The Holy Spirit was empowering Him for a re-creative role on behalf of humanity.

His second experience was to sense God's delight and joy sounding, reverberating through every fibre of his body, every reach of his soul: 'You are my beloved Son, my favour rests on you.'

Any baby, any adolescent, any adult who is baptised shares in these wonderful experiences. The dynamic power of the Holy Spirit hovers over the person as a gentle presence, preparing the one baptised for a mission on behalf of humanity. And every baptised person senses, below the range of hearing, the echo of the same marvellous words: "You are my beloved son or daughter, my favour rests on you."

Is it any wonder that Our Lord adopted this water rite to incorporate his followers into such wonderful experiences as a power-full impetus to fulfil their mission to cooperate in God's saving plan for humanity?

We could take a moment to pray in gratitude for the parent/s or other person/s who brought us into this tradition stretching over almost two millennia. May they be filled with all that flows from their being beloved sons and daughters of God.

© Fr Michael Tate



I baptise you with water, but someone is coming.... he will baptise you with the Holy Spirit and fire.

Luke 3:16-17

**PREP COORDINATOR:** Maureen Bright  
Email: [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

**SACRAMENTAL COORDINATOR:** Rosa Ranieri  
Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**Pastoral Care:** Yunita Lay  
Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

**PARISH SAFEGUARDING OFFICERS:**

Marina Ciccarelli & Phil Trueman.

**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



## PARISH NOTICES

### EVENTS

- ◆ 11 JAN — YOUTH MASS @6PM
- ◆ 7 FEB — FIRST FRIDAY FRIENDS @11AM
- ◆ 8 FEB — YOUTH MASS @6PM
- ◆ 9 FEB — PARISH MORNING TEA AFTER 7.30AM MASS  
(ROSTER: ADELE PARSONS & MEGAN DOWLING)
- ◆ 23 FEB — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS

## Liturgy of the Word

The Liturgy of the Word primarily consists of readings from Scripture. On Sundays and solemnities, there are three readings. The first reading is from the Old Testament, and the second is from a New Testament letter. However, during the Easter season, the first reading comes from the Acts of the Apostles, which recounts the early days of the Church. The final reading is always from one of the four Gospels.

Through the Liturgy of the Word, the Church nourishes God's people with the Word of God (cf. *Constitution on the Sacred Liturgy*, no. 51). The Scriptures, inspired by the Holy Spirit, are God's message to humanity. In these readings, God speaks to us, leading us on the path to salvation.

The Responsorial Psalm, sung between the readings, invites us to reflect on the word of God.

The Gospel reading serves as the high point of the Liturgy of the Word. Since the Gospel recounts the life, ministry, and teachings of Christ, it is honored with special signs of reverence. The congregation stands as the Gospel is introduced with an acclamation of praise, typically "Alleluia!"—a Hebrew phrase meaning "Praise the Lord!" A deacon, or a priest if no deacon is present, proclaims the Gospel.

Following the Scripture readings, the celebrant preaches the homily. The homily draws from the Scripture or other liturgical texts, offering insights to inspire us to live more faithfully in accordance with Christ's call to holiness.

In many Masses, the Nicene Creed follows the homily. This fourth-century statement of faith may, in some cases, be replaced by the Apostles' Creed—the Church in Rome's ancient baptismal creed—or a renewal of baptismal promises based on the Apostles' Creed.

### PRAY FOR THE SICK

*Please keep the following people in your prayers:*

Myrtle Nimmo, Truus Botman, Helen Overman, Shalini Saldanha, Ng Choon Bee, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson, Harsono Setiawan, Norm Thomas, Steven Robertson and all others who are not included in this list. *Thank you.*



### YOUTH CORNER

Youth Mass — 11 January 2025 @6pm

### PARISH RELIGIOUS EDUCATION PROGRAMME (PREP)

Our parish runs an intensive after school Religious Education programme for children in Years 2 to 6 who are not attending Catholic schools. The programme **also** prepares children for the Sacraments of **First Reconciliation (Year 3), First Communion (Year 4) and Confirmation (Year 6)**. Students should attend at least one full year of instruction prior to the Sacrament year and complete the full year of instruction in the year they receive the Sacrament. Students who enrol late may not be able to receive the Sacrament that year.

Classes run each Wednesday during term starting at 4pm in the church. The programme will be starting on **Wednesday 12 February from 4pm-5pm**, everyone to meet in the foyer of the Church. You can download the enrolment form online at any time.

We are currently looking for **assistants/helpers to catechists** for the coming year starting in February. Commitment would be on a Wednesday afternoon from 4pm to 5pm and if you feel this is for you please contact Maureen Bright on 0413 831 357 or Stefani Chen at the parish office on 08 9364 1120. Please give some thought to this very rewarding service to the parish and our children.

### PARISH VISION/MISSION STATEMENT (2023-2028)

#### PARISH VISION:

"We, the parishioners of St Benedict's Applecross, are committed to live faithfully in the words and examples of Jesus Christ, to develop and foster at all times a vibrant and welcoming Christian community based on His life of love, compassion, hospitality and service."

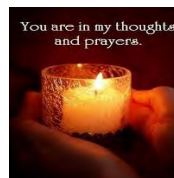
#### PARISH MISSION:

"We aim to inspire and nurture our parishioners and others of all ages and cultures to develop faith in Jesus Christ, cultivate strong Christian values and engage with the community actively and positively."

### PLEASE PRAY FOR RECENTLY DECEASED:

#### ANNIVERSARIES:

Ida Brophy, Antoinette Sader, Anne Karlsson, John Pickworth, Nancy Storer, Marion Van Kessel, Charles Randall, Alison Oakley and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



You are in my thoughts and prayers.

**22 Jan MIRACLE PRAYERS**

The next Miracle Prayers healing service will be held on **Wednesday 22 January @7.30pm, at St Anthony's Parish, Wanneroo**. Come along and hear Lisa Archer speak about "The Fear of the Lord." There will be an opportunity to receive prayer for healing and personal intentions from experienced prayer ministers, and the Sacrament of Reconciliation will also be available. **Further info;** visit [www.youtube.com/@miracleprayersperth](http://www.youtube.com/@miracleprayersperth) or 0404 028 298.

**ORGAN APPEAL DONATIONS - DIVINE MERCY CHURCH - LOWER CHITTERING**

The Divine Mercy Church, Lower Chittering are requesting donations for restoration and installation of an Historic Pipe Organ. All donations are tax-deductible. For more details and how to donate please go to [divinemercyshrine.com.au/donate/](http://divinemercyshrine.com.au/donate/). **Further info;** Fr Paul Fox 0427 085 093.

**29 Jan GALA FOR LIFE - FUNDRAISING FOR PREGNANCY ASSISTANCE - BUNBURY**

A fun and glamorous evening and fundraising for Pregnancy Assistance, sponsored by Mt Lawley Gold club and more. **Wednesday 29 January @6pm, Mt Lawley Gold club, 1 Walter Road, Inglewood**. Tickets on sale soon. **Further info;** Bridget 0408 496 610.

**SAFEGUARDING INDUCTION TRAINING for ALL Parishes and Church Workers paid or unpaid — LEVEL 1 (New requirements & Personal Declaration Form is to be completed)**

The Safeguarding Level 1 Induction is now available as a **Self-Paced Online Learning Module**. This format offers greater flexibility and an easier, user-friendly experience. To complete the Safeguarding Level 1 Induction, please follow these steps:

- Visit our [safeguarding.perthcatholic.org.au/training/](http://safeguarding.perthcatholic.org.au/training/) to check out the Induction.
  - Click on "Safeguarding Level 1 – Induction ONLINE Training".
  - Watch the Presentation Video.
  - Proceed to Step 2 to register personal details and complete the quiz.
- The Safeguarding Office will notify the Parish/Agency/Organisation of the attendance record.

**SAFEGUARDING LEVEL 1 INDUCTION TRAINING (in person)**

**2025 Dates coming soon. To register <https://safeguarding.perthcatholic.org.au/training/#induction>.**

**Further info:** [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**Thank you to all who have already completed the course and submitted their personal declaration forms to comply with the new Archdiocese Directives regarding Safeguarding.**

**Presence**

"But whenever you pray, go into your room and shut the door and pray to your Father who is in secret". (Matthew 6:6) God, You are my secret place, always dwelling within me, and I in You. May I put time aside each day to enter the inner room of my heart, in order to be with You.

**Freedom**

Many countries are at this moment suffering the agonies of war. I bow my head in thanksgiving for my freedom. I pray for all prisoners, captives and those suffering as a result of war.

**Consciousness**

God, may I rest in Your radiant presence, just as a flower basks in the light and warmth of the sun. Thank You for bringing light and warmth to my life through other people, through nature, and through Your Word.

**Inspiration**

John preached repentance and the washing away of sins through baptism in water. As God, Jesus did not need to be baptised, but in his human nature as representing all of humanity he is baptised and receives the Holy Spirit coming down like a dove upon him. He can be seen as the first of the new creation God is forming. 'If anyone is in Jesus Christ he/she is a new creation' (1 Corinthians 15:27). Let us pray for the renewal of the graces of our baptism, and to live the new life that Christ has won for us by his life, death and resurrection.

**Conversation**

Conversation requires talking and listening. As I talk to Jesus may I also learn to be still and listen. I picture the gentleness in His eyes and the smile full of love as He gazes on me. I can be totally honest with Jesus as I tell Him of my worries and my cares. I will open up my heart to Him as I tell Him of my fears and my doubts. I will ask Him to help me to place myself fully in His care, to abandon myself to Him, knowing that He always wants what is best for me.





**Conclusion**

I thank God for His gift of love as I go forth with joy and hope to serve His people.

**Amen**

CHILDREN'S CORNER

Draw a line to connect each symbol with its correct meaning.

	<b>Candle</b>	<b>Symbolizes the Holy Spirit</b>	<b>Dove</b> 
	<b>Water</b>	<b>Symbolizes life, cleansing and growth</b>	<b>White Gown</b> 
		<b>Symbolizes purity and freedom from sin</b>	
		<b>Symbolizes the emergence from darkness into the light</b>	

**Find Out** 

**When were you baptized?**

**Where were you baptized?**

**Who are your Godparents?**

**Church/School Parking – Reminder**

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church & the church's lawns.** Thank you.



**NEXT WEEK'S READINGS: 2nd Sunday in Ordinary Time, Yr C**

**1st:** Is 62:1-5

**Ps:** Ps 95: 1-3, 7-10

**2nd:** 1 Cor 12: 4-11

**Gospel:** Jn 2: 1-11





## READINGS FOR THE DAY

### Entrance Antiphon

After the Lord was baptized, the heavens were opened, and the Spirit descended upon him like a dove, and the voice of the Father thundered:  
This is my beloved Son, with whom I am well pleased.

### First Reading *Isaiah 40:1-5. 9-11*

A reading from the prophet Isaiah

*The glory of the Lord shall be revealed, and all people shall see it.*

'Console my people, console them' says your God. 'Speak to the heart of Jerusalem and call to her that her time of service is ended, that her sin is atoned for, that she has received from the hand of the Lord double punishment for all her crimes.'

A voice cries, 'Prepare in the wilderness a way for the Lord. Make a straight highway for our God across the desert. Let every valley be filled in, every mountain and hill be laid low, let every cliff become a plain, and the ridges a valley; then the glory of the Lord shall be revealed and all mankind shall see it; for the mouth of the Lord has spoken.'

Go up on a high mountain, joyful messenger to Zion. Shout with a loud voice, joyful messenger to Jerusalem. Shout without fear, say to the towns of Judah, 'Here is your God.'

Here is the Lord coming with power, his arm subduing all things to him. The prize of his victory is with him, his trophies all go before him. He is like a shepherd feeding his flock, gathering lambs in his arms, holding them against his breast and leading to their rest the mother ewes.

### Responsorial Psalm *Ps 103:1-2. 3-4. 24-25. 27-30. R. v.1*

*(R.) Oh, bless the Lord, my soul!*

1. Lord God, how great you are,  
clothed in majesty and glory,  
wrapped in light as in a robe!  
You stretch out the heavens like a tent. *(R.)*
2. Above the rains you build your dwelling.  
You make the clouds your chariot,  
you walk on the wings of the wind,  
you make the winds your messengers  
and flashing fire your servants. *(R.)*
3. How many are your works, O Lord!  
In wisdom you have made them all.  
The earth is full of your riches.  
There is the sea, vast and wide,  
with its moving swarms past counting,  
living things great and small. *(R.)*
4. All of these look to you  
to give them their food in due season.  
You give it, they gather it up:  
you open your hand, they have their fill. *(R.)*

5. You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. *(R.)*

### Second Reading *Titus 2:11-14; 3:4-7*

A reading from the letter of St Paul to Titus

God's grace has been revealed, and it has made salvation possible for the whole human race and taught us that what we have to do is to give up everything that does not lead to God, and all our worldly ambitions; we must be self-restrained and live good and religious lives here in this present world, while we are waiting in hope for the blessing which will come with the Appearing of the glory of our great God and saviour Christ Jesus. He sacrificed himself for us in order to set us free from all wickedness and to purify a people so that it could be his very own and would have no ambition except to do good.

When the kindness and love of God our saviour for mankind were revealed, it was not because he was concerned with any righteous actions we might have done ourselves; it was for no reason except his own compassion that he saved us, by means of the cleansing water of rebirth and by renewing us with the Holy Spirit which he has so generously poured over us through Jesus Christ our saviour. He did this so that we should be justified by his grace, to become heirs looking forward to inheriting eternal life.

### Gospel Acclamation *See Luke 3:16*

Alleluia, alleluia!

John said: He who is to come is mightier than I;  
he will baptise you with the Holy Spirit and with fire.  
Alleluia!

### Gospel *Luke 3:15-16. 21-22*

A reading from the holy Gospel according to Luke

*When Jesus had been baptised and had been praying, the heavens were opened and the Holy Spirit came upon him.*

A feeling of expectancy had grown among the people, who were beginning to think that John might be the Christ, so John declared before them all, 'I baptise you with water, but someone is coming, someone who is more powerful than I am, and I am not fit to undo the strap of his sandals; he will baptise you with the Holy Spirit and fire.'

Now when all the people had been baptised and while Jesus after his own baptism was at prayer, heaven opened and the Holy Spirit descended on him in bodily shape, like a dove. And a voice came from heaven, 'You are my Son, the Beloved; my favour rests on you.'

### Communion Antiphon *John 1:32,34*

Behold the One of whom John said:

I have seen and testified that this is the Son of God.

## MINISTRY SCHEDULE — 18 & 19 JANUARY 2025

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	BRYAN MEYERKORT	ROD DOWLING	TERRY MEO	PETER MOORE
ALTAR SERVERS	ETHAN GATCHALIAN JAKE & JOSHUA GOLDING	MATTEO REDOLATTI	REGINALDO CAMMARANO CHARMAINE VOGLER JOEY VILLEGAS	KATHERINE WIBAWA VALERIE & RAPHAEL WIBAWANTA
COMMENTATORS	STEFANI CHEN	ALICE BATY	VERONICA AVERY	JILL NORTON
COLLECTORS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	JAMES GALVIN	ELIZABETH FEW	OSBORNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	GAY PULKER MONICA ANDERSON	DANIEL BARIN GERARD DE SOUZA	GLENDIA BEUKES ANDREA D'SOUZA
EMOHC	FRANCES MEYERKORT STEVEN CLAY GERRI CLAY YVONNE GARBIN	ANGELA SCOTT JACQUIE HERON <i>Volunteer Needed</i>	JUDY PHILLIPS TERESA LEECH MARINA CICCARELLI MELISSA TROLIO	COLLEEN MORRIS OSBORNE D'SOUZA JOE CINANNI MAISIE CINANNI
ALTAR SOCIETY: JUDY LEE			PILGRIM STATUE: MARGARET HANDYSIDE	
COUNTERS: JOE & MAISIE CINANNI, JOYCE D'CRUZ & GILLIAN COELHO			CHILDREN'S LITURGY: —	