WELCOME

ST BENEDICT'S CATHOLIC PARISH — 12 MARCH 2023

"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am **(after the service, the church will be closed)**
Wed/Fri: 7am
Tues/Thurs: 9am
Sat: 7.30am & Vigil 6pm
Sun: 7.30am, 9.30am & 6pm

HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM

Reconciliation:

Sat: **4.30PM - 5.30PM**

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm
Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am
Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @1pm

Baptisms: BY APPOINTMENT ONLY

Marriages: BY APPOINTMENT ONLY

BENEDICTCARE COORDINATORS:
Margaret - 0417 933 270 (Meals)
Volunteer Needed for Visiting Coordinator
Margaret - 0417 933 270 (Transport)
Elizabeth - 9364 9386 (New Parishioners)
Jan - 9364 5147 (Garden/Home Help)

PARISH INCLUSIVITY COORDINATOR:
Bev Piche — 0467 054 168

PREP COORDINATOR: Maureen Bright
Email: applecrossrelgedu@gmail.com
SACRAMENTAL COORDINATOR: Rosa Ranieri
Email: stbenedicts.sacraments@gmail.com
ST BENEDICT'S YOUTH GROUP:
Daniel: 0466 575 037 Mark 0401 475 056

THIRD SUNDAY OF LENT, YR A

GOSPEL REFLECTION By Dianne Bergant CSA

All people thirst for meaning, but of what does that meaning consist? The people in the desert thirsted for water, but they misunderstood their thirst. The woman of Samaria thirsted. Her conversation with Jesus showed that she thirsted for understanding and insight as well as water. For what do we thirst in this world of such great excess and unmeasured need? Life has not become simpler with all of our advances. We still thirst for more – for the newest, the fastest and the best. How much is enough, and when do we cross the line into 'too much'?

The gospel readings for the scrutiny Sundays very clearly lay out the choices that are placed before the catechumens and the rest of the believing community as well. This Sunday it is between water that quenches thirst and water that does not. Jesus identifies himself as the source of water that guarantees eternal life. He places before the Samaritan woman a choice that requires a step of profound faith. She knows the thirst-quenching quality of the water from Jacob's well, but she is not acquainted with the water promised by this stranger who is also an enemy of her people. The choice is not an obvious one. A similar choice is placed before us. We know the demands of our culture and the circumstances of our lives. Are we able to acknowledge the sins of which we are guilty, recognise the grace that is being offered to us, and make the right choice?

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Pastoral Care: Yunita Lay
Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Karl Brown,
Marina Ciccarelli, and
Frances Meyerkort.

Email contact:
applecross.safeguarding@gmail.com

115 Ardross Street, Ardross WA 6153
Tel: 08 9364 1120
E (admin): applecross@perthcatholic.org.au
E (Fr Nelson): nelson.po@perthcatholic.org.au
Website: www.stbenedicts.net.au

PO Box 1831, Applecross WA 6953
Office Hours: 10am—4pm (Tue-Fri)
Parish Priest: Fr Nelson Po
Admin Officer: Stefani Chen
Resident Priest: Fr Joseph Laundy

PARISH NOTICES

EVENTS

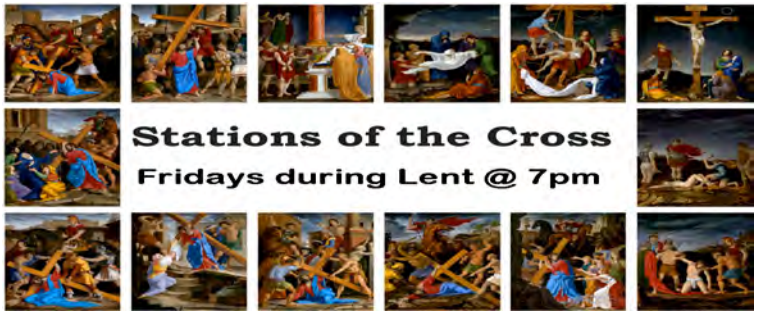
- 12 MARCH — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: VANESSA KILROE & CHRISTIE STIPINOVIC)
- 15 MARCH — UNDERSTANDING THE TRINITY (SECOND OF 4 SEMINARS)
- 16 MARCH — ALPHA COURSE @6.30PM
- 17 MARCH — STATIONS OF THE CROSS @7PM
- 22 MARCH — LENTEN RECONCILIATION (1ST RITE) @7PM
- 22 MARCH — UNDERSTANDING THE TRINITY @7.30PM (THIRD OF 4 SEMINARS)
- 23 MARCH — ALPHA COURSE @6.30PM
- 24 MARCH — STATIONS OF THE CROSS @7PM
- 26 MARCH—COOKIES, CUPPA & CHAT AFTER 9.30AM MASS

Adult Faith Formation Seminars

Understanding the Trinity

ON: Wednesdays, 15 – 29 March 2023
FROM: 7:30pm – 8:30pm
(4 sessions)
WITH: Mr Joe Tedesco
AT: Applecross Parish,
Canning Highway & Ardross Street, Applecross
SUGGESTED DONATION: $20

Though sometimes seen as a complex philosophical concept of God, the heart of understanding the Trinity lies in God's self-revelation in the person of Jesus Christ. This course will examine how we come to understand God as Trinitarian and what significance this holds for our contemporary faith. To gain a proper understanding of the Trinity, three stages will be followed: (1) Biblical foundations; (2) Development in the patristic period and medieval theology; and (3) Contemporary retrieval of the doctrine.



YOUTH CORNER

1. Youth Mass — **13 May** @6pm
2. Youth Events are scheduled on the 1st & 3rd Sundays of every month after the 6pm mass.

CAN YOU HELP?

The parish has responded very generously with food donations to **Vinnies**, and we are extremely grateful. Currently we have two special projects which are expected to run for two to three years until the people we are helping will be self-supporting and will no longer require assistance. The assistance we hope to give will change their lives profoundly. They are truly exceptional cases, and the recipients are local, devout and grateful. If I could tell you their stories you would be in tears.

If you are in a position to donate cash to help them, please feel free to go wild with **the Eftpos (Tap & Go) machine** in the Church foyer or into **the poor box**. If you would like a receipt for a tax deduction, please contact Clare on 0406 973 595 or email on applecross.president@svdpwa.org.au

Caritas AUSTRALIA

Project Compassion Sunday
11 & 12 March

PROJECT COMPASSION FOR ALL FUTURE GENERATIONS

Zimbabwe is experiencing an intense drought, exacerbated by climate change. With the support of Caritas Hwange, Priscilla learnt conservation farming skills to grow drought-resistant crops and started poultry farming to support her family during the current food crisis.

Please donate to Project Compassion 2023

Together, we can help vulnerable communities face their challenges today and build a better tomorrow ***For All Future Generations***.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Beryl Kerman, Truus Botman, Patrick Thomas, Ng Chai Hong, Beatrice Leong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Gerald Logan, Liesel Beukes, Helen Teo, James Kelly, Anne Kilroe and all others who are not included in this list. *Thank you.*

PLEASE PRAY FOR RECENTLY DECEASED:

Peter Roberts & Pamela Miller

ANNIVERSARIES:

Sybil Fernandez, Giuseppe Mattarocchia, John Ogilvie, Victor Harris, Jessie McCormack, Dorothy Quinn, and all deceased benefactors of the parish and all departed family and friends. *Thank You.*

ARCHDIOCESAN NEWS

15, 22 & 29 Mar LENTEN MORNING
Wednesday 8, 15, 22 & 29 March, Nano Nagle Centre, Reserve Street, Claremont 10am to 11.30am. Lenten Morning presented by Sr Shelley Barlow RNDM. *Further info*; visit www.nanonaglecentre.org.au.

SAFEGUARDING INDUCTION TRAINING – LEVEL 1
Friday 17 March, Online, 10am to 11am.
Wednesday 22 March, *TBC*, North of the River, 7pm to 8pm.
Tuesday 11 April, Online, 10am to 11am
Monday 17 April, Online, 2pm to 3pm
Thursday 27 April, Online, 7pm to 8pm
To register https://safeguarding.perthcatholic.org.au/training/. ***Further info;*** safeguarding@perthcatholic.org.au or 08 9221 7762.

18 Mar DAY OF THE UNBORN CHILD MASS
Bishop Donald Sproxton will celebrate the Feast of the Annunciation Mass on **Saturday 18 March 10am, at St Mary's Cathedral, Perth.** It is internationally recognised as the Day of the Unborn Child. It marks the day Our Lord Jesus Christ became a tiny unborn child in His mother's womb. It is a day of celebration and remembrance of the dignity of the unborn. We celebrate the Sacredness of all human life, and we pray for hope and healing for man and women who have lost a child through abortion, and we offer the assurance of God's infinite mercy. During the Mass those present can honour all those babies who are not with us but are loved and not forgotten by putting a flower in the baskets placed on the altar. Please stay for morning tea after Mass in the function room downstairs. ***Further info;*** Carmel or Lisette on 08 9328 2929.

18 Mar DAUGHTERS OF MARY – MOTHER AND DAUGHTER GROUP - SCHOENSTATT SHRINE
We invite you to join us for a monthly formation as we journey together as mothers and daughters in relationship with Mary towards Christ. With Mary as our mother and Educator we hope to be able to grow in her virtues to be daily followers of Christ. Daughters age group, 10-14. **Saturday 18 March 3pm to 4.30pm, Schoenstatt Shrine, 9 Talus Drive, Mount Richon.** (Optional school holiday activity). Afternoon tea will be provided. To register, Marissa Yang; peacefulspirit180@gmail.com, Mob. 0448 966 998; or Sr M Luka Junemann, srmluka@schoenstatt.org.au, Mob. 0439 537 843.

21 Mar - 23 Mar LENTEN RETREAT - UNPACKING LENT - WHERE TO FROM HERE?
Unpacking Lent, where to from Here, a mid-week evening retreat to prepare us for Easter. **Tuesday 21 March to Thursday 23 March, 7pm to 9pm, Sts John & Paul Parish, Willetton**, with Rev Fr Gregory Donovan. $30.00 per person includes light refreshments. For info or registration, email catholicfaithrenewal@gmail.com or phone Charles 0413 755 799.

PRAYER FOR THE DAY

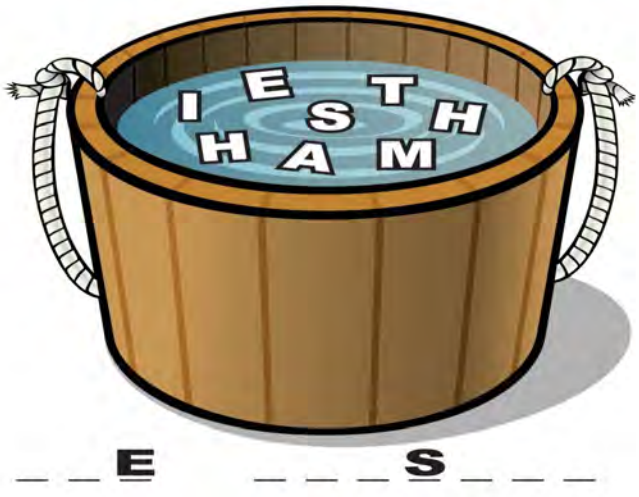
Presence
Dear Lord as I come to you today
Fill my heart and my whole being
with the wonder of Your presence.
Freedom
I ask for the grace to believe
in what I could be and do
if I only allowed God, my loving Creator,
to continue to create me, guide me and shape me.
Consciousness
How wonderful it is to be able
to enter into your presence Lord.
No matter what time it is.
No matter which land I am in.
I need only to speak your name.
Conversation
We don't always need to talk to communicate.
Can I imagine myself sitting quietly with Jesus?
Can I look silently at him and He at me?
How do I feel?
Conclusion
I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text.

For your own personal security, please ensure your belongings (wallets, purses, handbags etc.) are with you at all times. *Thank you.*

PILGRIMAGE TO ROME, ASSISI, SICILY
5 MAY TO 19 MAY 2023
Join Monsignor Michael Keating to Rome, Assisi, Sicily. Travelling on Emirates, Perth – Dubai – Rome. Full itinerary is available from Anawim Journeys, 28 Ferguson St, Mayland WA 6051.
Tel: 08 6118 7313.
Email: info@anawimjourneys.com.
More details are on our Notice Board.

CHILDREN'S CORNER

Unscramble the letters in the bucket to reveal who the Samaritan woman discovered Jesus to really be.



The Samaritan woman led many people to believe in Jesus. How can we share our faith with others?

Church/School Parking – Reminder
Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawn across the church.** *Thank you.*

NEXT WEEK'S READINGS: 4th Sunday of Lent, Year A
1st: 1 Sam 16:1, 6-7, 10-13 **Ps:** 22
2nd: Eph 5:8-14 **Gospel:** Jn 9:1-41

READINGS FOR THE DAY

Entrance Antiphon *Cf. Ps 24:15-16*

My eyes are always on the Lord,
for he rescues my feet from the snare.
Turn to me and have mercy on me,
for I am alone and poor.

First Reading *Ex 17:3-7*

A reading from the book of Exodus

Give us water to drink.

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' The Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

Responsorial Psalm *Ps 94:1-2. 6-9. R. v.8*

(R.) If today you hear his voice, harden not your hearts.

1. Come, ring out our joy to the Lord;
   hail the rock who saves us.
   Let us come before him, giving thanks,
   with songs let us hail the Lord. (R.)
2. Come in; let us bow and bend low;
   let us kneel before the God who made us
   for he is our God and we
   the people who belong to his pasture,
   the flock that is led by his hand. (R.)
3. O that today you would listen to his voice!
   'Harden not your hearts as at Meribah,
   as on that day at Massah in the desert
   when your fathers put me to the test;
   when they tried me, though they saw my work.' (R.)

Second Reading *Rom 5:1-2. 5-8*

A reading from the letter of St Paul to the Romans

The love of God has been poured into our hearts by the Holy Spirit which has been given to us.

Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Gospel Acclamation *See Jn 4:42. 15*

Glory to you, Word of God, Lord Jesus Christ!
Lord, you are truly the Saviour of the world;
give me living water, that I may never thirst again.
Glory to you, Word of God, Lord Jesus Christ!

Gospel *Jn 4:5-15. 19-26. 39-42* ***(Shorter Form)***

A reading from the holy Gospel according to John

The water that I shall give will turn into a spring of eternal life.

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.'

'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied: 'Whoever drinks this water will get thirsty again: but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.'

'Sir,' said the woman, 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water. I see you are a prophet, sir. Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said: 'Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know; for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshipper the Father wants. God is spirit, and those who worship must worship in spirit and truth.'

The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.'

Many Samaritans of that town had believed in him on the strength of the woman's testimony, so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

Communion Antiphon *Jn 4:13-14*

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

MINISTRY SCHEDULE — 18 & 19MARCH 2023

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	BRYAN MEYERKORT	ROD DOWLING	PRAVIN PAUL	MARK WELSH
ALTAR SERVERS	JAKE & JOSHUA GOLDING DANIEL SETIAWAN	TOM, OLIVIA & JOEL DOWLING	LETICIA AVERY CHRISTOPHER XANTHIS JOEY VILLEGAS	MICHAEL & STEFAN ELHAJ KATHERINE WIBAWA
COMMENTATORS	ELAINE DIAS	MEGAN OH	MARGARET HANDYSIDE	BEV PICHE
COLLECTORS	TONY GARBIN LOUIS BOVE	FRANK GERICEVICH	MARGARET SANDFORD	CHRIS JOSEPH MARIA NARDONE
READERS	MEAGAN MCNAUGHT MILDRED REGO	ALICE BATY SALLY HOBDAY	MARINA CICCARELLI PAUL CICCARELLI	JILL NORTON JACKIE WONG
EMOHC	FRANCES MEYERKORT AYLMYR SEQUEIRA	TINA CAMMARANO	CARMEL RECHICHI MELISSA TROLIO	NATALIE ELHAJ STEVEN CLEMENTS

ALTAR SOCIETY: VERONICA SOEGANDHI	**PILGRIM STATUE :** SUSI SUSANTO
COUNTERS: JOE & MAISIE CINANNI, JOYCE D'CRUZ & GILLIAN COELHO	**CHILDREN'S LITURGY:** —